

2022-2023 OFFICIAL TOURIST GUIDE

Lanaudière

bonjour
québec

 Lanaudière
GET CLOSER

Québec 



CHÂTEAU
JOLIETTE
HÔTEL | CONGRÈS | MARIAGES



4 Star Hotel | Gastronomy | Meetings | Congress | Weddings

450, St-Thomas Street | Joliette (Qc) | J6E 3R1 | 1 800 361-0572

chateaujoliette.com   

ORIGINE
artisans hôteliers

Hydro Québec

presents

FESTIVAL DE lanaudière

in collaboration with

LA
PRESSE



FEEL THE CLASSICAL BEAT

June 30
August 7, 2022
lanaudiere.org

 PlacedesArts.com

Québec 

Canada 

Joliette 

Desjardins 

YAMAHA 

Ratelle 

 POWER
CORPORATION
DU CANADA

Musée d'art de Joliette

Masterpieces of art history
Bold contemporary art exhibitions
Cultural activities for everyone
Creative reading area for families



museejoliette.org

Culture
et Communications
Québec

Canada



Fondation J.A. DeSève

Desjardins
Caisse de Joliette et
du Centre de Lanaudière

Canada Council
for the Arts
Conseil des arts
du Canada

FONDATION DU
MUSÉE D'ART DE JOLIETTE

MUSÉE D'ART
DE JOLIETTE



Discover the activities of
tourismesaint-donat.com

A photograph showing two people kayaking on a river. The person in the foreground is wearing a red jacket and a yellow life vest, paddling a yellow kayak. The person in the background is wearing a green jacket and a red life vest, paddling a green kayak. The river is surrounded by lush green vegetation and trees under a clear blue sky.

SAINT-DONAT

PARC NATUREL HABITÉ

A photograph of a person skiing down a snowy slope. The skier is wearing a bright orange jacket and blue pants, and is captured in a dynamic pose with snow spraying around them. In the background, another person in a blue jacket is visible, and the scene is set in a snowy forest with bare trees under a clear blue sky.

An exceptional
cultural offering



E
ESPACE
CULTUREL
DE REPENTIGNY



A culinary destination with trendy boutiques

f @ [espaceculturel.repentigny.ca](https://www.espaceculturel.repentigny.ca)



DÉCOUVRIR
LES MOULINS
Terrebonne • Mascouche

DISCOVER OUR OUTDOOR TRAILS!

BIKE / HIKING

MOUNTAIN BIKE / FATBIKE

DOG WALKING TRAILS (ON A LEASH)

WINTER SPORTS



TransTerrebonne and parc
écologique de la Coulée

Parc métropolitain du
Domaine-Seigneurial-de-Mascouche

Parc du Grand-Coteau, Mascouche

Côte Boisée and Parc de la Rivière de Terrebonne
Groupe Plein Air Terrebonne

Véloroute Les Moulins Terrebonne | Mascouche
5 circuits to discover



MRC
LES MOULINS
Terrebonne • Mascouche

terrebonnemascouche.com/outdoors

MAP AVAILABLE
ON ONDAGO!

Lanaudière on the Web



In addition to this guide, **Tourisme Lanaudière offers various Web platforms and tools to help you plan your visit to our beautiful region.**

Lanaudière

Don't miss out on the very best of Lanaudière! Explore the region and discover what each sector has to offer year-round. The great outdoors, relaxation, accommodations, gastronomy, festivals and other events... your visit starts here.

lanaudiere.ca

Façon Lanaudière

Lanaudière is a great place to get down to business. From weddings and conventions to team-building activities, business tourism is in full swing in our region. Let us help you plan your events, big or small.

faconlanaudiere.ca

Goûtez Lanaudière!

To fully explore the richness of Lanaudière's vast fertile land, visit the "Goûtez Lanaudière" platform. You'll find certified products and retailers, agritourism circuits and restaurants featuring local flavours and ingredients.

goutezlanaudiere.ca

Facebook

Visit our Facebook page to learn more about Lanaudière's many attractions. Exclusive suggestions await you.

[@tourismelanaudiere](https://www.facebook.com/tourismelanaudiere)

#Instagram

Discover the region through the eyes of locals and visitors by following us on Instagram. Share your stories using #lanaudiere and join the movement!

[@tourismelanaudiere](https://www.instagram.com/tourismelanaudiere)



| | | | |
|----------|------------|--------------|---|
| 1 | 11 | -> | Profile of the Region |
| | 13 | | Lanaudière Overview |
| | 16 | | Must-see Attractions |
| | 20 | | Sectors |
| | 36 | | Routes |
| 2 | 41 | -> | Travel by Experience |
| | 42 | | Live the St. Lawrence River |
| | 44 | | Local Flavours |
| | 58 | | Great Outdoors |
| | 72 | | Vibrant Cities and Festivities |
| | 82 | | Culture and Living History |
| | 90 | | Winter Fun |
| | 98 | | Indoor and family activities, spas and health centres |
| 3 | 103 | -> | Accommodations and Places to Eat |
| 4 | 125 | -> | General Information |
| | 126 | | Useful Information |
| | 130 | | Travelling in Québec |
| 5 | 133 | -> | Index |
| 6 | 138 | -> | Maps and Pictograms |



Use the regional map located in the section at the end of the guide to find your way around easily.

📷 SODECT/Simon Laroche, Tourisme Lanaudière/
Simon Laroche, Auberge Lac Taureau

📷 **Cover:** Sept-Chutes regional park
Simon Laroche, Tourisme Lanaudière

Contents





© Tourisme Lanaudière/Simon Laroche

13 -> **Lanaudière
Overview**

16 -> **Must-see
Attractions**

20 -> **Sectors**

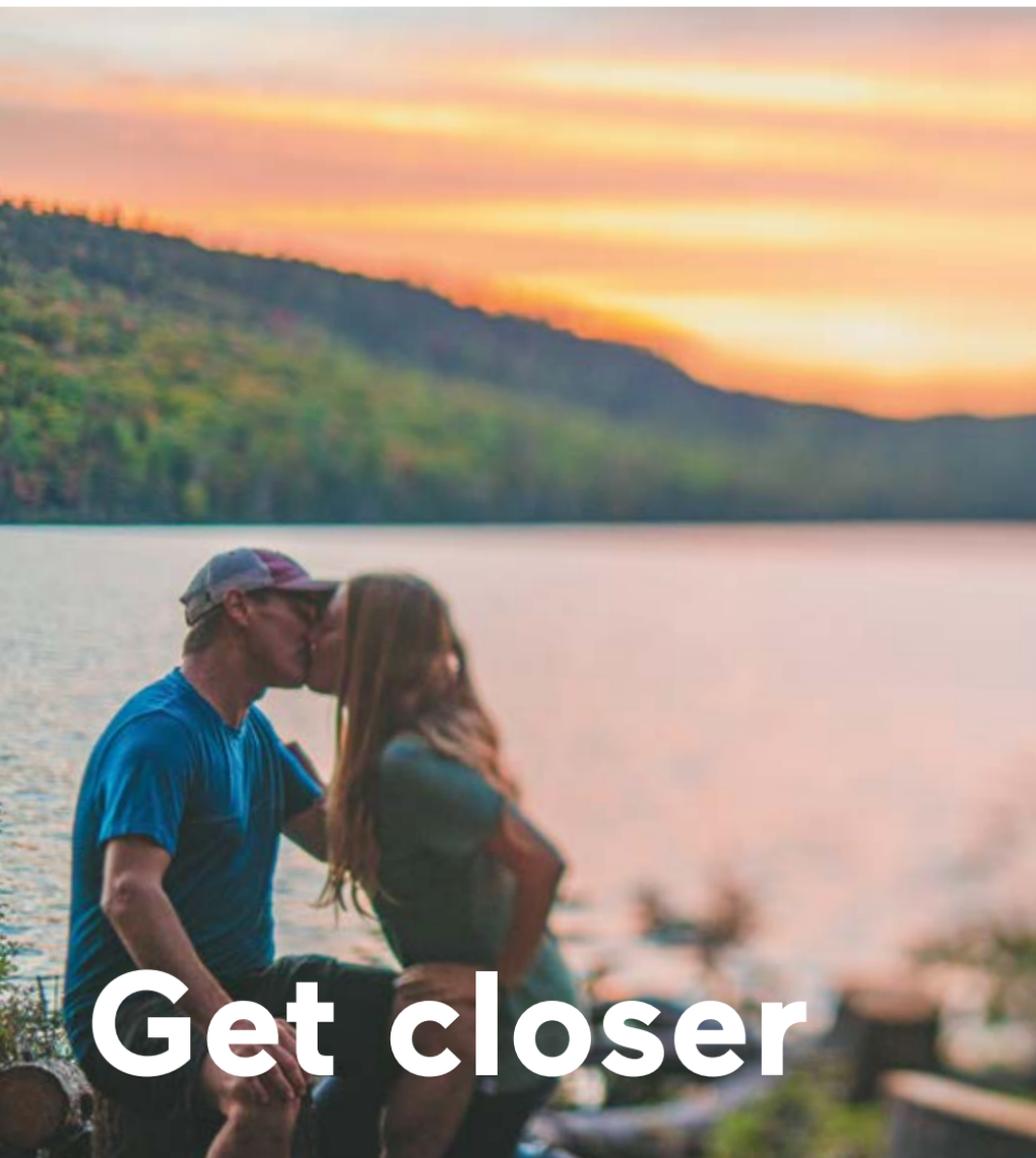
- 20 Les Moulins
- 22 The Côte
- 25 The Plain
- 29 The Foothills
- 33 The Mountains

36 -> **Routes**

- 36 Chemin du Roy
- 38 Goûtez Lanaudière!



Profile of the region



Get closer

Lanaudière Overview

Just east of Montreal, on the north shore of the majestic St. Lawrence River, lies the vast region of Lanaudière. From the banks of the river to Lanaudière's back country with its mountains and lakes, beautiful scenery awaits you at every turn. Besides magnificent landscapes, the region abounds in country-style accommodations, hospitable local people, friendly cities and surprising attractions. Discover a truly authentic region in the heart of nature.

Get closer to our wide-open spaces

Lanaudière is known for the vastness of its territory. From the Moulins to the Côte, via the Plains, the Foothills and the Mountains, its different sectors offer so many larger-than-life natural settings.

As you travel from south to north, the plains give way to more mountainous terrain. Urban environments slowly transform into charming rural villages. Roads become trails where lakes, rivers, waterfalls, beaches and cascades intertwine. Whether you are alpine skiing with the family or enjoying a romantic picnic, you are always taking in endless fresh air.

Lanaudière is over 12,000 km² of spectacular scenery and activities waiting to be discovered.



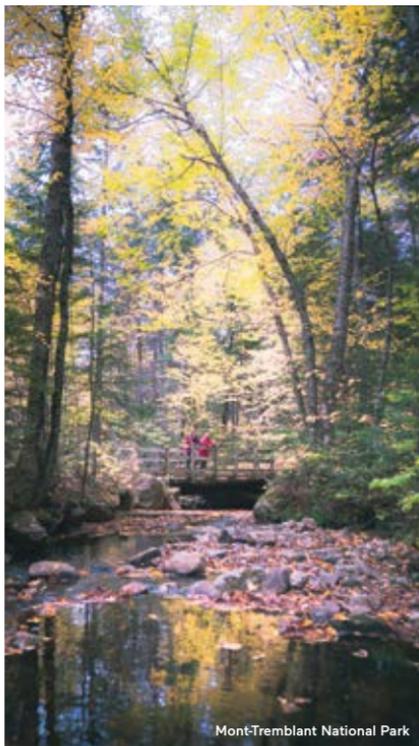
Sept-Chutes regional park



Domaine Bazinet Outfitter



Cap de la Fée trail, Saint-Donat



Mont-Tremblant National Park

Get closer to nature

Nature reigns supreme in Lanaudière. Fauna and flora share these enchanting landscapes in perfect harmony. Lanaudière features the greatest number of outfitters near Montreal, making it a popular destination for fishing and hunting enthusiasts.

Dense wilderness forests offer countless kilometres of trails for memorable hiking, snowshoeing, cross-country skiing, snowmobiling and ATV riding adventures. The lush nature is also home to thousands of animal species that can be observed in their natural habitat.

Birdwatchers will enjoy visiting the Berthier Islands where over 300 bird species have been sighted.

Lanaudière's nature awaits you in all its splendour, whether for an energizing outdoor activity or a relaxing and much-deserved getaway.

Get closer to the land

With its long tradition of farming, Lanaudière continues to expand its offering of locally-grown food. The generous farmlands of the south serve as inspiration to our chefs, one season after another. Along with the growing number of good restaurants come opportunities for adding unique touches to your own dishes.

Restaurants, reception rooms and microbreweries showcase the region's flavours with menus featuring local ingredients. Local farmers, markets and producers offer delicious products sourced from Lanaudière's rich land. Game, fish, fruits, vegetables, honey, maple products, cheese – the table is set for an explosion of flavours!

Treat your taste buds and awaken your senses by discovering a region in a different way. Look for producers, retailers and restaurants that are certified "Goûtez Lanaudière!" They're dotted across the region, from small countryside restaurants to popular gourmet establishments in towns and cities.

Get closer to our history

The forestry industry in the north and agriculture in the south helped shape the region's economy in years past. More recently, the face of Lanaudière has been gradually evolving with the many societal changes.

Lanaudière's heritage showcases the pride of a bygone era that is still very present. With legacies of Louis Cyr and other famous figures, the region's history has forged itself a personality that continues to grow.

Historic sites feature an outstanding built heritage. Follow one of the many heritage circuits to learn all about the well-kept secrets of our towns and villages.

Lanaudière's charm has stood the test of time. And its inhabitants are committed to keeping its history alive.



Saint-Gabriel Vineyard

Get closer to our traditions

Lanaudière's history is rooted in traditions that continue to be passed down from one generation to the next.

An authentic emblem of the region, arrowhead sashes are still being woven in true traditional fashion. Local storytellers and traditional music groups, such as *La Bottine Souriante*, have created a rich oral heritage that brings Lanaudière's folklore to life.

Although these traditions are an important part of the region, they don't prevent it from moving forward. Here the local people have a clear sense of where they come from and where they're going.

Get closer to our authentic nature

Lanaudière is all about authenticity. Our vast territory brings together urban and rural, modern and rustic, culture and traditions, future and present, in complete harmony and respect.

Lanaudière is renowned for its legendary hospitality. A warm and friendly quality inhabits its people, villages, towns and cities wherever you go.

Whether on the edge of a lake, on a mountainside or in a lively city centre, Lanaudière's establishments offer you a warm welcome in a relaxed atmosphere.

Get closer to one another

Festivals run year-round throughout the region, entertaining visitors with a wide range of programs. There's so much to explore! Local flavours, music of all kinds, family activities in winter or summer... every day is filled with discoveries in Lanaudière!

This picturesque region is a friendly place, and so are its establishments. Rustic inns, cozy cottages overlooking a lake, unique forest lodging, modern hotels: any reason is a good one to prolong your stay. One thing is certain – comfort and well-being are guaranteed.

You know that feeling of knowing a place you haven't yet visited? Feeling right at home the minute you set foot somewhere new? That's the Lanaudière effect. Get closer to it.



Le Gollé Goulu

Must-see Attractions 10



Miel de Chez-Nous

Goûtez Lanaudière!

Lanaudière has long been cultivating its rich and fertile farmland, offering a wide range of fresh, locally-grown food. This passion continues to be passed down from one generation to the next.

Agritourism circuits are on the rise throughout the region. A dream come true for foodies looking to make discoveries!

Poultry, game, charcuterie, jams, fruits, vegetables, honey, maple products, chocolate, cheese, wine... Lanaudière fills your plate with delicious local products year-round.

Find Out More goutezlanaudiere.ca

Our outfitters

With so many outfitters scattered throughout the region, Lanaudière is a nature enthusiast's paradise. Here, fishing season continues into the fall, making it the longest in Quebec.

A wide range of outdoor activities are available, from skating on a frozen lake and hiking in the forest to swimming in clean, clear waters.

Fully-equipped or rustic, our cottages and inns let you spend more quality time with the family, with friends or as a couple.

Find Out More p.112



Outfitter Réal Massé

Our trails

Lanaudière's beauty spans hundreds of kilometres of picturesque trails that are ideal for exploring on foot or snowshoes.

The many regional parks and a national park offer groomed trails where hikers, families and sports enthusiasts alike can cross paths.

Take in the endless spectacular views and fresh air along the trails, whether on mountainsides, in the forest or beside a wild river.

Find Out More p.68 and 95

Sector Les Moulins



Festival de Lanaudière

The largest classical music festival in Canada, the Festival de Lanaudière attracts tens of thousands of music lovers from all over.

For five weeks, Joliette and the surrounding region echo to the sounds of chamber, symphonic and choral music performed by virtuosos and soloists of international renown.

The Fernand-Lindsay outdoor amphitheatre, with a capacity of up to 8,000, offers outstanding acoustics, while local churches are transformed into performance halls.

Find Out More p.72

Hiking/ snowshoeing



Île-des-Moulins

Terrebonne welcomes you to a site filled with history at Île-des-Moulins. Stunning heritage buildings tell the story of a past that is still alive today.

While excellent restaurants attract foodies of all kinds, the Mille îles River adds a charming touch to any happy hour.

The Terrebonne Wine and History Festival, Vintage Car Show and Théâtre du Vieux-Terrebonne offer a diverse cultural program.

Find Out More p.83

Sector The Plain



Auberge du Lac Taureau

In Saint-Michel-des-Saints, the rustic charm of a log cabin meets the comfort of a four-star establishment.

The fine-sand beach and crystal-clear lake offer a breathtaking setting. Winter or summer, come take in the endless fresh air while enjoying a wide range of activities, including many kilometres of groomed trails.

Delicious meals featuring locally-sourced foods and invigorating body treatments will make your stay even more memorable.

Find Out More p.59, 101, 106



**Sector
The Mountains**

Our ski centers

In Lanaudière, skiers of all skill levels can have fun on the slopes. Four ski centres abounding in natural snow await you.

Ski Val Saint-Côme, with its 37 trails, plays host to major competitions. Ski Montcalm in Rawdon is a popular family ski destination.

In Saint-Donat, experienced skiers will enjoy the Nature mountainside at Ski La Réserve, while Mont-Garceau boasts the highest ski summit in Lanaudière.

Find Out More + p.94



**Sector
The Mountains**

La Source Bains Nordiques

Nestled in the mountains, in Rawdon, La Source Nordic Baths offers a relaxing experience 365 days a year.

Therapeutic treatments, Nordic baths and relaxation areas – come soothe body and mind with the revitalizing benefits of hot and cold, in a lush natural environment.

Make the most of this quality time to enjoy a meal featuring local foods at Bistro de La Source. The perfect way to top off a truly peaceful day.

Find Out More p.100



**Sector
The Foothills**

**Sector
The Plain**

Musée d'art de Joliette

Quebec's largest regional art museum, the Musée d'art de Joliette (MAJ), is a must-see destination for visual art enthusiasts.

It holds an impressive collection of 8,500 works from the 14th century to today.

The museum features permanent collections, including works by Borduas, Leduc, Hébert and Molinari, as well as temporary exhibitions and art projects, in a modern space filled with natural light.

Find Out More p.85



Musée d'art de Joliette



Sept-Chutes regional park

Our parks (regional/national)

Spectacular waterfalls, majestic bodies of water, rocky peaks, impressive mountains and enchanting forests – Lanaudière's regional parks are bigger than nature itself.

Spanning most of Lanaudière's territory, the vast open spaces abound in natural attractions waiting to be discovered.

Not forgetting the iconic Mont-Tremblant National Park and its 1,510 km² of protected wilderness. A picture-perfect setting, typical of Lanaudière.

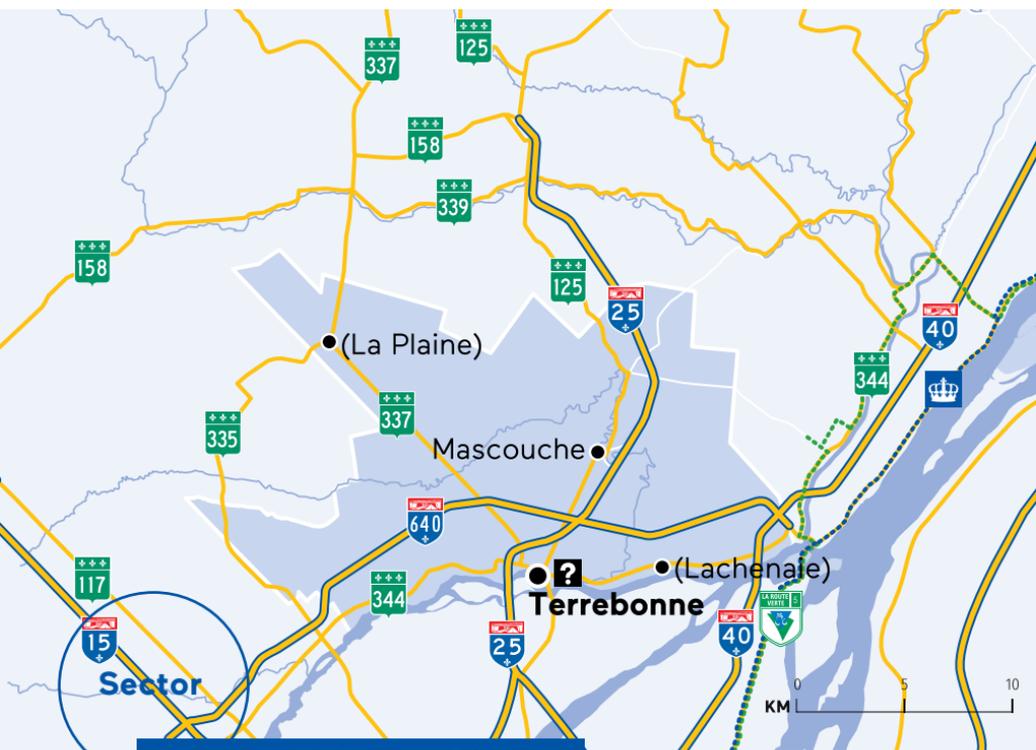
Find Out More p.63, ads p.66 et 67

What charms me in Lanaudière are the little hidden treasures such as the numerous unexplored trails, but also the variety of original accommodations experiences to discover in the region.

My favorite: Kabanja and its tree houses!

**Jennifer Martin
Lanaudière resident and
blogger for Folie Urbaine**





Les Moulins

A short drive from Montreal, in Lanaudière's southwestern area, is the vibrant Les Moulins sector. The lively atmosphere attracts a high volume of visitors from one season to another.

Vieux-Mascouche and Vieux-Terrebonne have many heritage buildings, giving these Old Towns a strong New-France character. The Île-des-Moulins historical site is the second largest restoration project in Quebec.

Rich in green spaces and friendly local restaurants, the Les Moulins sector appeals to both outdoor enthusiasts and foodie fans. The lively area is bustling with activity year-round.


8
Events and concerts


2
Historic Buildings and Sites


1
Theatre


80
Restaurants

▼ Classified in Alphabetical Order

Mascouche

50 455 inhabitants

| | |
|--------------------------|-------|
| Events | p.72 |
| Guided Cultural Tours | p.88 |
| Gardens and Horticulture | p.53 |
| Microbreweries | p.116 |



Marché Desjardins Moulinois



Île-des-Moulins

Terrebonne

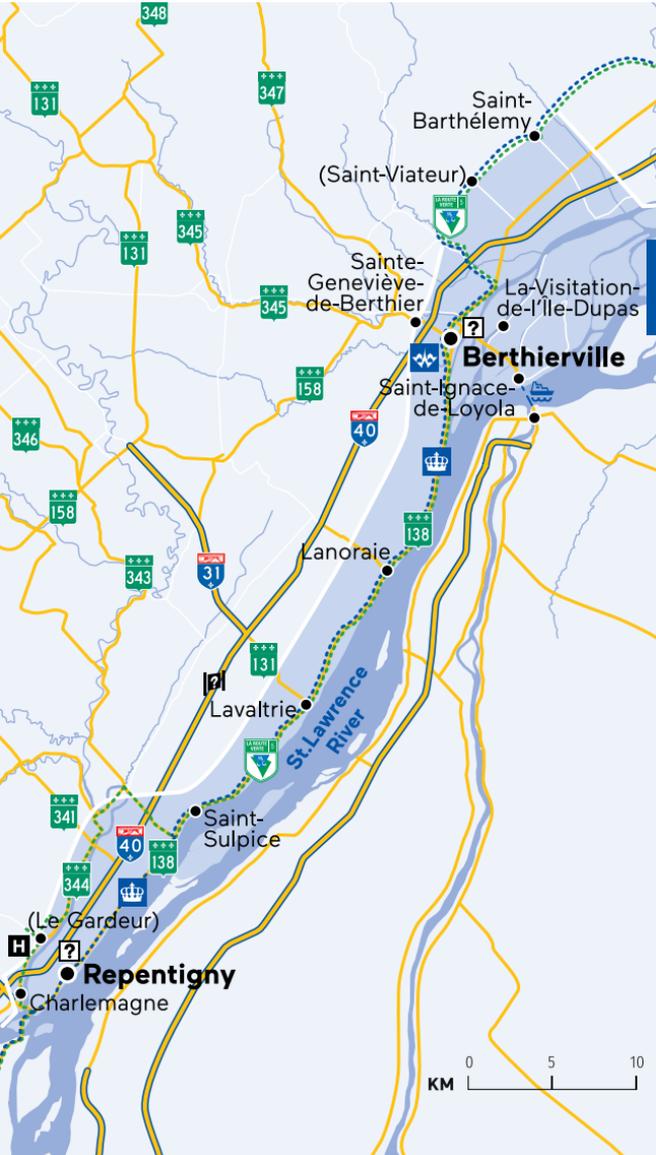
119 360 inhabitants

Terrebonne is Lanaudière's largest city by population. It offers a wide range of tourist activities year-round, including festivals and events for everyone – from children and adults to couples and families. Vieux-Terrebonne is a lively downtown area with history to be found at every turn, a prime example being Île-des-Moulins and its built heritage, taking you back to another time. Make the most of your visit to enjoy the outdoors, perhaps teeing off at one of the lush golf courses. Or get your fill of culture at Théâtre du Vieux-Terrebonne.

| | |
|---|-------|
| Events | p.72 |
| Theatres and Performance Venues | p.81 |
| Historic Buildings and Sites | p.83 |
| Museums | p.84 |
| Guided Cultural Tours | p.88 |
| Canoes/Kayaks | p.58 |
| Golf | p.60 |
| Cycling | p.70 |
| Sliding | p.90 |
| Kite Skiing | p.92 |
| Cross-country skiing/Snowshoeing | p.95 |
| Skating | p.92 |
| Outlets for Regional Produce and Public Markets | p.47 |
| Microbreweries | p.116 |



Maison Béliste



The Côte

Along the St. Lawrence River, from Repentigny to Berthierville, the Côte sector is bordered by calm water.

The western end is home to Parc de l'Île-Label, various festivals and the Espace Culturel. In the east, 103 islands form an archipelago teeming with spectacular fauna and flora, including 300 species of birds that can be observed in their natural habitat.

The central part abounds in scenic roads to be explored, including the Chemin du Roy, the Route Verte and the Route Bleue des Voyageurs (St. Lawrence water trail). Make the most of it to discover the area of Lanoraie and its new generation of visionary wine growers.


5
Events


162 km
Cycling


Chemin
du Roy


2
Vineyards

▼ Classified in Alphabetical Order

Berthierville



4 348 inhabitants

The town of Berthier would be incomplete without its 103 islands in the middle of the St. Lawrence River. Forming an archipelago, the islands are an ideal place for enjoying the outdoors or observing migratory birds. Fishing is available year-round, even directly on the frozen river, or along the 40 km of Lac Saint-Pierre, designated a UNESCO Biosphere Reserve. Birthplace of racing driver Gilles Villeneuve, Berthier keeps his memory alive with a museum bearing his name.

| | |
|------------------------------|------|
| Historic Buildings and Sites | p.83 |
| Museums | p.84 |
| Cruises and Excursions | p.42 |
| Multimedia Experience | p.43 |
| Pick-your-own | p.44 |
| Bakers and Chocolate Makers | p.46 |
| Gardens and Horticulture | p.53 |



Bicycle Tour of Berthier Islands



Chemin du Roy

La Visitation-de-l'Île-Dupas

643 inhabitants

| | |
|--------|------|
| Hiking | p.68 |
|--------|------|

Lanoraie

5 239 inhabitants

| | |
|---------------|------|
| Pick-your-own | p.44 |
| Vineyards | p.56 |
| Farm Tours | p.57 |

Lavaltrie



14 495 inhabitants

| | |
|---------------|------|
| Museums | p.84 |
| Pick-your-own | p.44 |



Centre d'art Diane Dufresne

Repentigny



86 419 inhabitants

Within Repentigny's largely urban setting lies a gem of nature along the St. Lawrence River. The Chemin du Roy will enchant you with its history, heritage and scenic views of the river. Discover the importance that culture plays in Repentigny at Espace Culturel with Centre d'art Diane Dufresne and Théâtre Alphonse-Desjardins. A site for major festivals, Parc de l'Île-Lebel is a meeting point for sports and nature enthusiasts.

| | |
|---------------------------------|------|
| Events | p.72 |
| Event Venues | p.79 |
| Theatres and Performance Venues | p.81 |
| Museums | p.84 |
| Parks | p.63 |
| Cruises and Excursions | p.42 |
| Skating | p.92 |
| Microbreweries | p.54 |

Saint-Barthélemy

2 069 inhabitants

| | |
|-------------|-------|
| Campgrounds | p.110 |
|-------------|-------|

Saint-Ignace-de-Loyola

2 101 inhabitants

| | |
|------------------------|------|
| Ferry | p.42 |
| Cruises and Excursions | p.42 |

Sainte-Geneviève-de-Berthier

2 348 inhabitants

| | |
|-----------------------------|------|
| Bakers and Chocolate Makers | p.46 |
|-----------------------------|------|



Outfitter Roger Gladu



The Plain

Vast agricultural plains stretch along the St. Lawrence Lowlands – this is the fertile land of the Plain sector.

Farms and country-style restaurants are plentiful throughout the area. Here, local produce can be enjoyed in many ways, from sweet treats at the sugar shack to picking your own ruby-red strawberries.

Gastronomy, culture and festivities come together in the vibrant city centres of L'Assomption and Joliette. And with summer also comes sunny terraces and outdoor shows. Winter brings magical Christmas markets and ice skating on the frozen L'Assomption River.



18
Events and
concerts



1
Skating
(longest on river)



2
Theatres



44
Local
Flavours

▼ Classified in Alphabetical Order

Crabtree

4 104 inhabitants

Golf

p.60

Joliette

20 227 inhabitants

Right in the heart of Lanaudière is the lively city of Joliette. The vibrant city centre is alive with good restaurants and festive pubs. In winter, the Christmas Market is a must-see attraction, while in summer, outdoor performances attract music lovers of all kinds. The city hosts both the Festival de Lanaudière and the Festival Mémoire et Racines. Classical or traditional music, Joliette has it all! Other must-sees: the Musée d'art de Joliette, Quebec's largest regional art museum, and the Centre Culturel Desjardins, featuring hundreds of shows every year.

Events

p.72

Theatres and Performance Venues

p.81

Museums

p.84

Cycling

p.70

Skating

p.92

Bakers and Chocolate Makers

p.46

Microbreweries

p.54, 116



L'Assomption

23 623 inhabitants

The charming city of L'Assomption is a superb destination for heritage and culture enthusiasts. Numerous heritage circuits illustrate its rich history. The magnificent river of the same name flows slowly through the city, reflecting its tranquil, authentic pace of life. With plenty of shops, restaurants and festive spaces, there's always something to enjoy in downtown L'Assomption.

Not forgetting the Théâtre Hector-Charland, a must-see cultural venue. In December, the European-inspired Christmas Market turns the city into a magical setting.

Events

p.72

Concerts

p.80

Theatres and Performance Venues

p.81

Hiking

p.68

Pick-your-own

p.44

Bakers and Chocolate Makers

p.46

Outlets for Regional Produce
and Public Markets

p.47

Gardens and Horticulture

p.53

Country-style Meals

p.55

Health Centres, Spas

p.99

Microbreweries

p.116

L'Épiphanie

8 920 inhabitants

Events

p.72

Canoes/Kayaks

p.58

Golf

p.60

La Nouvelle-Acadie

Saint-Alexis (1 382 inhabitants)

Saint-Jacques (4 280 inhabitants)

Saint-Liguori (2 040 inhabitants),

Sainte-Marie-Salomé (1 200 inhabitants)

Nouvelle-Acadie brings together the municipalities of Saint-Jacques, Sainte-Marie-Salomé, Saint-Alexis and Saint-Liguori. The Maison de la Nouvelle-Acadie, located in Saint-Jacques, is a proud testament to the lives of Acadians who settled in the area over 400 years ago. Every summer, the Festival acadien de la Nouvelle-Acadie brings the four municipalities to life. Music, history, tradition, literature, cooking – it's a must-see event to discover Acadian culture. Nouvelle-Acadie is also home to the Grand Dérangement Distillery since the summer of 2020, to the delight of gin and vodka lovers. It also hosts the Fêtes gourmandes de Lanaudière – a celebration of local flavours.

| | |
|--|------|
| Events | p.72 |
| Concerts | p.80 |
| Museums | p.84 |
| Guided Cultural Tours | p.88 |
| Golf | p.60 |
| Dogsledding | p.97 |
| Parachuting and tours by air | p.61 |
| Pick-your-own | p.44 |
| Outlets for Regional Produce and Public Markets | p.47 |
| Sugar Shacks | p.51 |
| Livestock Farms | p.55 |
| Gardens and Horticulture | p.53 |



Distillerie Grand Dérangement



Bergerie des Neiges

Notre-Dame-de-Lourdes

2 969 inhabitants

| | |
|---------------|------|
| Parachuting | p.61 |
| Pick-your-own | p.44 |
| Cheese Makers | p.52 |

Notre-Dame-des-Prairies

9 496 inhabitants

| | |
|--|------|
| Concerts | p.80 |
| Outlets for Regional Produce and Public Markets | p.47 |
| Microbreweries | p.54 |

Saint-Ambroise-de-Kildare

4 120 inhabitants

| | |
|--|------|
| Outlets for Regional Produce and Public Markets | p.47 |
| Livestock Farms | p.55 |

▼ Classified in Alphabetical Order

Saint-Charles-Borromée

14 683 inhabitants

| | |
|------------------------------|------|
| Events | p.72 |
| Historic Buildings and Sites | p.83 |
| Public Beaches | p.65 |
| Sliding | p.90 |
| Golf | p.60 |
| Gardens and Horticulture | p.53 |

Saint-Cuthbert

1 840 inhabitants

| | |
|-----------------|------|
| Tours by Air | p.61 |
| Cycling | p.70 |
| Sugar Shacks | p.51 |
| Livestock Farms | p.55 |

Saint-Esprit

2 033 inhabitants

| | |
|-----------------------|------|
| Guided Cultural Tours | p.88 |
| Sugar Shacks | p.51 |
| Livestock Farms | p.55 |

Saint-Lin-Laurentides

23 299 inhabitants

| | |
|-------------------------------|------|
| Events | p.72 |
| Historic Buildings and Sites | p.83 |
| Water Sport Equipment Rentals | p.59 |
| Sugar Shacks | p.51 |

Saint-Norbert

1 051 inhabitants

| | |
|---|------|
| Outlets for Regional Produce and Public Markets | p.47 |
| Livestock Farms | p.55 |

Saint-Paul

6 477 inhabitants

| | |
|------------|------|
| Concerts | p.80 |
| Farm tours | p.57 |

Saint-Roch-de-l'Achigan

5 492 inhabitants

| | |
|--------------|------|
| Event Venues | p.79 |
|--------------|------|

Saint-Roch-Ouest

282 inhabitants

| | |
|---------------|------|
| Cheese Makers | p.92 |
|---------------|------|

Saint-Thomas

3 495 inhabitants

| | |
|---|------|
| Pick-your-own | p.44 |
| Outlets for Regional Produce and Public Markets | p.47 |
| Vineyards | p.56 |

Sainte-Élisabeth

1 472 inhabitants

| | |
|---|------|
| Pick-your-own | p.44 |
| Outlets for Regional Produce and Public Markets | p.47 |





The Foothills

The Foothills scenery changes as the plains give way to mountains. This sector has it all, from spas in the mountains and lush green golf courses to cross-country skiing and snow tubing.

Numerous regional parks offer hundreds of kilometres of groomed trails, leading to large expanses of wilderness dotted with lakes, waterfalls, mountains, valleys, beaches and forests.

Heritage circuits running through the villages of Piémont tell stories from the past and present. Warm and friendly, these villages will tempt you to spend the night in a comfortable inn or unique lodge.



3
Tube Sliding



3
Spas and health centers



4
Beaches



7
Cross-country Skiing/Snowshoeing



80
Tourist Homes



7
Vacation Centers

▼ Classified in Alphabetical Order

Lac Maskinongé

Mandeville (2 286 inhabitants)
Saint-Damien (2 190 inhabitants)
Saint-Didace (589 inhabitants)
Saint-Gabriel-de-Brandon (5 366 inhabitants)

Shared among Saint-Gabriel-de-Brandon, Mandeville and Saint-Damien, the Lac Maskinongé sector is known for its 10 sq. km. of clear water that is ideal for enjoying a variety of water sports. Throughout summer, families and friends get together at Saint-Gabriel's municipal beach. A paradise for snowmobilers, the sector is the main access route to trails located farther north in the region. In Mandeville, an outstanding thermal experience awaits you at Spa Natur'Eau year-round. For an authentic getaway at an outfitter, Centre du Pourvoyeur Mastigouche is a must. A few kilometres away, the Mastigouche wildlife reserve will satisfy camping and outdoor enthusiasts alike. Make the most of your visit to stop by the Vignoble Saint-Gabriel vineyard and take in the beauty of its 30,000 vines in an enchanting setting.

| | |
|--|----------------------|
| Outlets for Regional Produces and Public Markets | p.47 |
| Crafts | p.82 |
| Water Sports Equipment Rentals | p.59 |
| Public Beaches | p.65 |
| Hiking | p.68 |
| Reserves and ZECs | p.64 |
| Snowmobile | p.91 |
| Cross-country Skiing/Snowshoeing | p.95 |
| Gardens and Horticulture | p.53 |
| Health Centres, Spas | p.99 |



Rawdon municipal beach

Rawdon

11 748 inhabitants

By virtue of its history, Rawdon has become a charming multiethnic town. It is home to 40 cultural communities that chose it more than a century ago for its hospitality and scenery. The beauty of nature is all around you in Rawdon, from Dorwin Falls to Parc des Cascades. Nestled in the mountains, La Source Nordic Baths invites you to unwind in a breathtaking setting. Active families will have fun at Ski Montcalm in winter, while outdoor enthusiasts will get their fill at the municipal beach in summer.

| | |
|--|----------------------|
| Events | p.72 |
| Water Sports Equipment Rentals | p.59 |
| Golf | p.60 |
| Public Beaches | p.65 |
| Treetop | p.62 |
| Parks | p.63 |
| Hiking | p.68 |
| Mountain Bike/Fatbike | p.70 |
| Dogsledding | p.97 |
| Sliding | p.90 |
| Skating | p.92 |
| Downhill Skiing | p.94 |
| Cross-country Skiing/Snowshoeing | p.95 |
| Pick-your-own | p.44 |
| Family Activities | p.98 |
| Bakers and Chocolate Makers | p.46 |
| Outlets for Regional Produces and Public Markets | p.47 |
| Cheese Makers | p.52 |
| Farm Tours | p.57 |
| Health Centres, Spas | p.99 |

Saint-Alphonse-Rodriguez

3 280 inhabitants

| | |
|--------------------------|------|
| Concerts | p.80 |
| Public Beaches | p.65 |
| Gardens and Horticulture | p.53 |

Saint-Calixte

6 629 inhabitants

With a wealth of outdoor activities, Saint-Calixte is an immense playground for adventure seekers of all ages.

The municipality's largely wooded land features numerous vacation centres. Complexe Atlantide comprises a water park, zoo, campground and haunted house offering fun times for children and adults alike. Ideal for enjoying a memorable experience in a group, 45 Degrés Nord offers action-packed activities on its 5 million sq. ft. site.

| | |
|-------------------------|------|
| Event Venues | p.79 |
| Water Park | p.61 |
| Family Activities (zoo) | p.98 |

Saint-Félix-de-Valois

6 799 inhabitants

| | |
|----------------------------------|------|
| Events | p.72 |
| Concerts | p.80 |
| Cross-country Skiing/Snowshoeing | p.95 |
| Hiking | p.68 |
| Mountain bike/fatbike | p.70 |

Saint-Jean-de-Matha

4 601 inhabitants

Once home to the world's strongest man, Saint-Jean-de-Matha tells his fascinating story at the Maison Louis-Cyr. Throughout the year, Chutes Monte-à-Peine-et-des-Dalles is a must-see destination. In winter, families will have fun snow tubing at Super Glissades. Offering spectacular views of the area, the Ski Montagne Coupée tourist resort will delight cross-country skiers, snowshoers and hikers alike. At the foot of the mountain, the Abbaye Val Notre-Dame invites you to discover its beautiful haven of peace in the heart of the forest. You'll find a wide variety of locally-sourced artisanal food products. Saint-Jean-de-Matha is a popular agritourism destination, featuring sugar shacks, friendly farms and artisanal product workshops.

| | |
|---|------|
| Museums | p.84 |
| Golf | p.60 |
| Pilgrimage and Religion | p.86 |
| Outlets for Regional Produce and Public Markets | p.47 |
| Sugar Shacks | p.51 |
| Cheese Makers | p.52 |
| Sliding | p.90 |
| Cross-country Skiing/Snowshoeing | p.95 |
| Snowmobile | p.91 |
| Health Centres, Spas | p.99 |



▼ Classified in Alphabetical Order

Sainte-Béatrix

2 194 inhabitants

| | |
|----------------------------------|------|
| Events | p.72 |
| Public Beaches | p.65 |
| Hiking | p.68 |
| Sliding | p.90 |
| Cross-country Skiing/Snowshoeing | p.95 |

Sainte-Julienne

11 086 inhabitants

| | |
|-------------------|------|
| Reserves and ZECs | p.64 |
| Sugar Shacks | p.51 |
| Livestock Farms | p.55 |

Sainte-Marcelline-de-Kildare

1 745 inhabitants

| | |
|--|------|
| Events | p.72 |
| Outlets for Regional Produces and Public Markets | p.47 |

Sainte-Mélanie

3 208 inhabitants

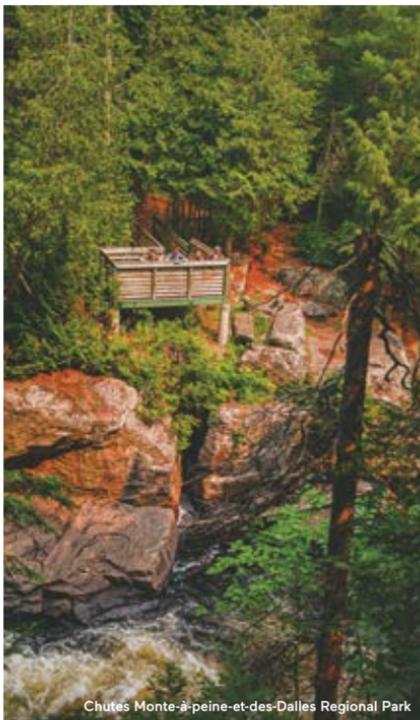
| | |
|--|------|
| Events | p.72 |
| Outlets for Regional Produces and Public Markets | p.47 |
| Farm Tours | p.57 |



Simon Turcotte Confiturier



Havre Familial



Chutes Monte-à-peine-et-des-Dalles Regional Park

Sector

The Mountains



Mountains dominate the northern part of Lanaudière. Regional parks, wildlife reserves and outfitters make up this immense wild territory.

The best hunting and fishing stories start here, along with memorable ATV riding, snowmobiling and mountain biking adventures.

In winter, downhill ski centres and numerous kilometres of snowshoe trails attract sports enthusiasts of all skill levels. In summer, the inviting forests offer a stunning setting for hikers.

Whether you're looking for some adventure or just the comfort of a cozy cottage, this vast mountain sector welcomes you in all its splendour.



3
Downhill Skiing



15
Outfitters



8
Parks and Reserves



11
Hiking Trails



7
Cross-country Skiing/Snowshoeing

▼ Classified in Alphabetical Order

Chertsey

4 926 inhabitants

| | |
|-------------------------|------|
| Pilgrimage and Religion | p.86 |
| ATV | p.65 |
| Sugar Shacks | p.51 |

Entrelacs

967 inhabitants

| | |
|--------------|------|
| Art Gallerie | p.82 |
|--------------|------|

Manawan

2 161 inhabitants

Just 87 kilometres north of Saint-Michel-des-Saints, the logging road leads to the charming Atikamekw community in Manawan. Nestled in the heart of a vast virgin forest, the Amerindian reserve is bordered by the clear waters of Lac Metabeckeka. The reserve covers a small area of less than 8 sq. km., so visitors can easily explore it on foot, enjoying the hospitality of the Atikamekw people along the way.

| | |
|--------------------|------|
| Aboriginal tourism | p.86 |
|--------------------|------|

Notre-Dame-de-la-Merci

973 inhabitants

| | |
|-----------------------------------|------|
| Motorsport Complex and Race Track | p.59 |
| Parks | p.63 |
| Hiking | p.68 |
| Cross-country Skiing/Snowshoeing | p.95 |



Saint-Côme

2 358 inhabitants

Saint-Côme is bustling with outdoor activities one season after another. With trails lit up at night, the Val Saint-Côme ski centre welcomes skiers well after sunset. Summer or winter, the Chute-à-Bull Regional Park invites you to learn about its log driving history in a breathtaking setting. This charming municipality has plenty of accommodations, from comfortable condos to rustic huts in the heart of nature. It also boasts two renowned outfitters and an access point to Mont-Tremblant National Park. In winter, the main street proudly displays dozens of ice sculptures, created for the Saint-Côme en Glace festival.

| | |
|----------------------------------|-------|
| Events | p.72 |
| Parks | p.63 |
| Hiking | p.68 |
| Mountain Bike/Fatbike | p.70 |
| D downhill Skiing | p.94 |
| Cross-country Skiing/Snowshoeing | p.95 |
| Microbreweries | p.116 |
| Health Centres, Spas | p.99 |
| Family activities | p.99 |



Saint-Donat

4 159 inhabitants

A true outdoors destination, Saint-Donat is a great place for nature enthusiasts, whatever the season. Hundreds of kilometres of trails are available for forest hiking, cross-country skiing, snowshoeing, ATV riding and snowmobiling. The proximity of Archambault and Ouareau lakes opens the door to a multitude of activities year-round. In Saint-Donat, alpine skiers can hit the slopes on two mountains: Ski La Réserve and Ski Garceau, the latter being the highest ski summit in Lanaudière. The municipality also offers an access point to Mont-Tremblant National Park (Pimbina sector).

| | |
|----------------------------------|-------|
| Events | p.72 |
| Concerts | p.80 |
| Golf | p.60 |
| Parks | p.63 |
| Public Beaches | p.65 |
| Hiking | p.68 |
| Cycling, Mountain Bike/Fatbike | p.70 |
| Skating | p.92 |
| Snowmobile | p.91 |
| Dowhill Skiing | p.94 |
| Cross-country Skiing/Snowshoeing | p.95 |
| Microbreweries | p.116 |

Saint-Michel-des-Saints

2 418 inhabitants

Saint-Michel-des-Saints is home to the Lac Taureau Regional Park, where you'll find the largest lake within easy reach of Montreal. It's known for its many kilometres of fine sand beach and recreational boating opportunities. Auberge du Lac Taureau is a superb log-style cabin inn on the shores of the lake, always offering visitors a warm welcome. Campers can also enjoy a stay at excellent campsites with breathtaking views of the lake. Dotted along Route 131 are Saint-Zénon's numerous outfitters, where countless ATV riding and snowmobile trails wind through the picturesque forest.

| | |
|-------------------------------|------|
| Events | p.72 |
| Crafts | p.82 |
| Guided Cultural Tours | p.88 |
| Water Sport Equipment Rentals | p.59 |
| Parks | p.63 |
| Reserves and ZECs | p.64 |
| Hiking | p.68 |
| Snowmobile | p.91 |
| Dogsledding | p.97 |
| Health Centres, Spas | p.99 |

Saint-Zénon

1 181 inhabitants

| | |
|----------------------------------|------|
| Events | p.72 |
| Parks | p.63 |
| Hiking | p.68 |
| Cross-country Skiing/Snowshoeing | p.95 |

Sainte-Émélie-de-l'Énergie

1 703 inhabitants

| | |
|----------------|------|
| Public Beaches | p.65 |
| Hiking | p.68 |
| Cycling | p.70 |



Mont Sourire, Saint-Donat



Chemin du Roy

From Repentigny to Saint-Barthélemy, the legendary Chemin du Roy is dotted with beautiful attractions and opportunities to explore the region's history. Known today as Route 138, it boasts a rich built heritage, with spectacular views of the St. Lawrence River along the way.

280 km

3 Tourist Regions - Lanaudière, Mauricie and Québec

The oldest road in North America



1

Heritage cruises and river shuttle

sur le fleuve Saint-Laurent

280, rue Notre-Dame (parc Saint-Laurent) Repentigny



2

Church

de la Purification-de-la-Bienheureuse-Vierge-Marie

445, rue Notre-Dame Repentigny



3

Centre d'art Diane-Dufresne

11, allée de la Création Repentigny



4

Rosalie Cadron House

1997, rue Notre-Dame Lavaltrie



5

Lano d'Or Vineyard

1000, Grande Côte Ouest Lanoraie



6

Aux Pieds des Noyers Vineyard

71, Grande Côte Est (route 138) Lanoraie



7

Pépinière et Centre de semences forestières de Berthier

1700, Grande-Côte, Berthierville (Sainte-Geneviève-de-Berthier)



8

Gilles-Villeneuve Museum

960, avenue Gilles-Villeneuve Berthierville



9

Chapelle des Cuthbert

461, rue de Bienville Berthierville



10

SCIRBI

Trail acces by road 158 (rue de Bienville) La Visitation-de-l'Île-Dupas



11

Ferme Saint-Vincent

1171, rang nord de la rivière Chicot Saint-Cuthbert



Visit
goutezlanaudiere.ca

Goûtez Lanaudière!

Discover Lanaudière's local flavours. Game, delicatessen, honey, fruits, wine, maple products, desserts of yesteryear: eight producers have been carefully chosen to represent the region. Certified "Goûtez Lanaudière!" our agritourism circuits are sure to please foodies and fans of local produce.

456 km

6 others agritourism
circuits

Farm Visits and tasting



1

Cochon cent façons

2555, rang Saint-Jacques
(route 341)
Saint-Jacques



3

Terre des Bisons

6855, chemin Parkinson
Rawdon



2

Ferme Guy Rivest

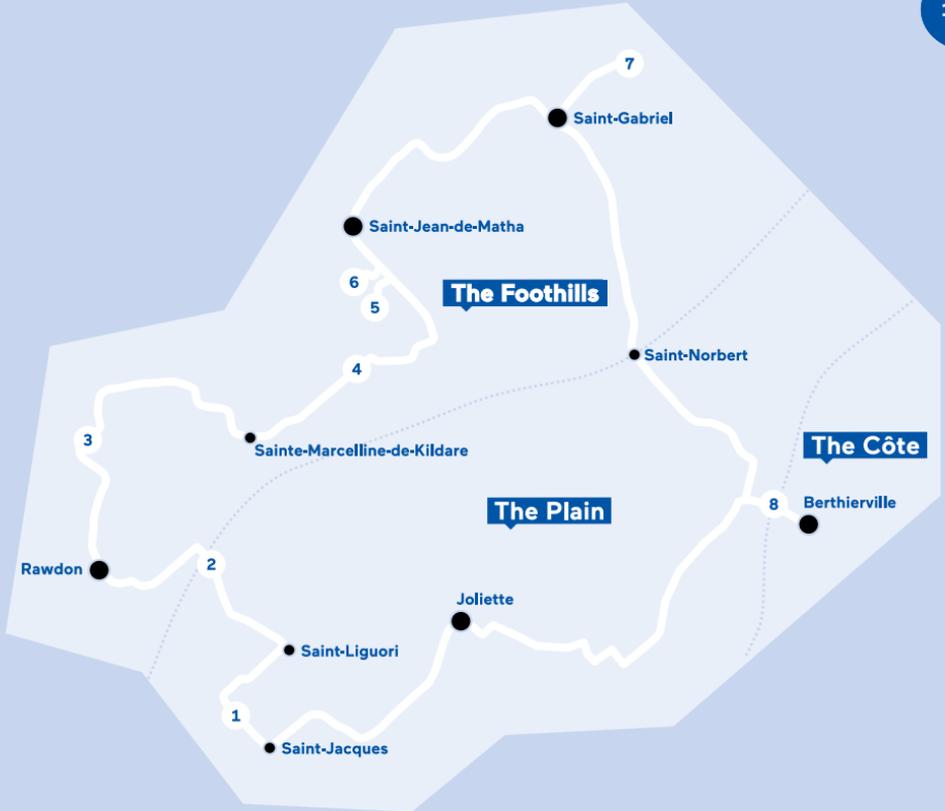
1305, chemin Laliberté
Rawdon



4

Miel de Chez Nous

1391, rang Pied-de-la-Montagne
Sainte-Mélanie



**5 Val Notre-Dame
Abbaye**

220, chemin Montagne-Coupée
Saint-Jean-de-Matha



**7 Saint-Gabriel
Vineyard**

2190, rang Saint-David
(route 348)
Saint-Gabriel-de-Brandon



**6 Ferme Vallée
Verte – Cheese factory
and fresh dairy products**

180, rang Guillaume-Tell
Saint-Jean-de-Matha



**8 Délices
d'Antan**

446, rang de la
Rivière-Bayonne Sud
Berthierville



42 -> Live the St. Lawrence River

- 42 Cruises
- 43 Multimedia Experience

44 -> Local Flavours

- 44 Pick-your-own
- 46 Bakers and Chocolate Makers
- 47 Outlets for Regional Produces and Public Markets
- 51 Sugar Shacks
- 52 Cheese Makers
- 53 Gardens and Horticulture
- 54 Microbreweries
- 55 Country-style Meals
- 55 Livestock Farms
- 56 Vineyards
- 57 Farm Tours

58 -> Great Outdoors

- 58 Canoe/Kayak
- 59 Water Sports Equipment Rental
- 59 Motorsport Complex and Race Track
- 60 Golf
- 61 Prachuting and Tours by Air
- 61 Water Park
- 62 Treetop
- 63 Parks
- 64 Reserves and ZECs
- 65 Public Beaches
- 65 ATV
- 68 Hiking
- 70 Cycling



72 -> Vibrant Cities and Festivities

- 72 Events
- 79 Event Venues
- 80 Concerts
- 81 Theatres and Performance Venues

82 -> Culture and Living History

- 82 Art Gallerie
- 82 Crafts
- 83 Buildings and Historic Sites
- 84 Museums
- 86 Pilgrimage and Religion
- 86 Aboriginal Tourism
- 88 Guided Cultural Tours

90 -> Winter Fun

- 90 Sliding
- 91 Snowmobile
- 92 Kite Skiing
- 92 Ice Skating
- 94 Downhill Skiing
- 95 Cross-Country Skiing and Snowshoeing
- 97 Dog Sledding

98 -> Indoor and Family Activities, Spas and Health Centres

- 98 Family Activities
- 99 Indoor Activities
- 99 Health Centers and Spas

**Travel
by Experience**

Live the St. Lawrence River

Bordered by a rich built heritage, the St. Lawrence River is a source of history that is still very much alive. The majestic terrain offers spectacular views. With every season comes a multitude of activities, from ice fishing, birdwatching and snowshoeing to recreational boating.



▼ Classified by sector, by sub-themes and in alphabetical order of municipalities.

Cruises

The Côte

Berthierville

Voilévolution

845, Grande Côte, Berthierville
438 396-1663 – voilevolution.ca
Schedule: May to October.

Voilévolution offers a flexible and accessible way to learn about sailing, improve your maneuvering skills or speed up your personal and collective development by combining sailing and coaching.

Repentigny

Heritage cruises and river shuttle

Boarding:
280 Notre-Dame Street (Saint-Laurent Park), Repentigny
Information: 450 841-3264
Reservations and tickets:
Théâtre Hector-Charland at 450 589-9198 ext. 5
recreotourismerepentigny.com

River shuttle – Bike along the St. Lawrence: take a shuttle from Repentigny to Varennes or Pointe-aux-Trembles to explore the bike paths of these municipalities. Heritage cruises: led by an experienced guide, you'll learn about the history of Repentigny and the surrounding area, the resort era, the nearby islands and main attractions.

Saint-Ignace-de-Loyola

Ferry Sorel-Tracy/Saint-Ignace-de-Loyola

117, chemin de la Traverse, Saint-Ignace-de-Loyola
1 877 787-7483, option 4 – Ferry.com
Schedule: Open year-round.

Discover a beautiful way to enjoy a break by bike, motorcycle or car, taking a relaxing river ferry. Explore the other shore, where splendid scenery and agritourism circuits await you. Get ready to enjoy the Berthier and Sorel islands, La Sauvagine bike paths and the Berthier Islands circuit.



Ferry Sorel-Tracy-Saint-Ignace-de-Loyola

Save time
and enjoy the riverscapes!
 Travel with our ferries.



 **1 877 787-7483**
 Schedules and tickets at
traversiers.com
 Follow us! |  

 **Société des Traversiers**
 du Québec

Sorel-Tracy Saint-Ignace-de-Loyola

Your unforgettable experiences
bonjourquebec.com



Votre gouvernement 

Québec 

Saguenay-Lac-Saint-Jean
 © TQ/Outpost

Multimedia experience

The Côte

Ville de Sorel-Tracy

Statera l'archipel fabuleux 

127, rue du Ferry, Ville de Sorel-Tracy
 450 846-2958 – stateraexperience.com
 Schedule: June to October.

Statera – L'archipel Fabuleux is a journey to the heart of the Sorel Islands, swayed by the gentle waters of the St. Lawrence River. A unique 3-part multimedia attraction including an interactive circuit, 360° projections under the outdoor dome and guided cruise to learn about the 103 islands that form the archipelago. A fascinating setting that celebrates the balance between nature and industry. At the Sorel-Tracy ferry dock.



Local Flavours

Our local products are sourced from vast fertile farmlands with a long agricultural tradition. Lanaudière's flavours match the region's wide-open spaces and generous nature. Our dishes marry freshness and diversity, for a truly memorable gastronomic experience.



▼ Classified by sector, by sub-themes and in alphabetical order of municipalities.

Pick-your-own

The Côte

Berthierville

Vignoble du Vent Maudit

690, rang Saint-Esprit, Berthierville (Sainte-Geneviève-de-Berthier)
450 803-2503 – ventmaudit.com
Schedule: Throughout September. Possibly October. Visit our website for official opening date and detailed schedule.

A unique activity in Lanaudière! Come and pick your own table grapes, certified organic by Québec Vrai. You'll be surprised by their delicious, sweet taste. Seedless red, blue and green: different varieties are available throughout the season. Right in the vineyard, we have a stand offering garden vegetables, processed products and grapes already harvested. Cash only.



Bleuetière Point-du-Jour

Lanoraie

Bleuetière Asselin

296, rang Saint-Henri, Lanoraie
450 887-1983 – bleuetiere.com
Schedule: Pick your own blueberries and raspberries: mid-July to late August, daily. Pick your own pumpkins: late September to late October, on Saturdays and Sundays.

For a memorable family activity, come pick your own blueberries, raspberries and pumpkins in an enchanting Lanaudière setting. Children's playground with inflatable game, swings, small animals and picnic tables. Drop by our stand to discover other farm products and delicious local products (pies, jams, frozen treats, etc.).

Lavaltrie

Bleuetière Point du jour

330, rang Point-du-Jour Sud, Lavaltrie
450 586-0598 – petits-fruits.com
Schedule: Mid-June to mid-October (call ahead to check opening hours).

Bring the family and pick your own blueberries, raspberries and fall strawberries while sitting on a small stool and relaxing in the countryside, or buy them already picked. Super antioxidant foods. Sale of jams, honey, ketchup and frozen products.

Ferme Bourdelais

250, rang Point-du-Jour-Sud, Lavaltrie
450 586-2036 – facebook.com/FermeBourdelais
Schedule: Mid-June to mid-October
(please call ahead for hours of operation).

Enjoy picking your own berries with family and friends? Come to our family farm this summer! We grow different varieties of raspberries and blueberries for self-picking. At our produce stand you'll find black raspberries, jams, maple products and our popular homemade pies.

The Plain**L'Assomption****Ferme Cormier**

160, rang de l'achigan, L'Assomption
450 589-5019 – fermecormier.com
Schedule: May to August, daily, 8 am to 8 pm.
September and October, daily. Schedule may vary – visit our Website before heading out.

Welcome to the Cormier family farm now in its 9th generation. Come discover the warm and friendly atmosphere of our land, located in L'Assomption. Stock up on fresh fruits and vegetables as well as our homemade products: pies, jams, soups, etc. Enjoy a tractor ride during pick-your-own strawberries, pumpkins and squash season and come see our animals.

Notre-Dame-de-Lourdes**Domaine de la Groseille**

2536, rue Papineau, Notre-Dame-de-Lourdes
450 760-8962

Local grower: blackcurrants, redcurrants and gooseberries. U-pick, fresh fruit baskets and processed products.

Saint-Jacques**Ferme J.L. Leblanc**

1475, rang du Bas-de-l'Église Sud, Saint-Jacques
450 839-2956 – facebook.com/fermeilleblancinc
Schedule: About June 10 to July 18, daily. In case of rain, please call before heading out.

The J.L. Leblanc farm has been welcoming visitors to its stand for more than 50 years. Have fun picking your own berries in a friendly family atmosphere. Pick your own strawberries: charged per litre.

La Ferme Perron

2477, rang Saint-Jacques, Saint-Jacques
450 839-6706 – lafermeperron.ca
Schedule: Mid-June to mid-September.

For over 40 years, La ferme Perron has been inviting you to pick your own strawberries. Available at the kiosk: fruits, vegetables, corn, home-made products, honey and maple syrup.

Saint-Thomas**Bleuetière Royale**

511, rang Brûlé, Saint-Thomas
450 756-6569 – petits-fruits.com
Schedule: July to Labour Day.
Call ahead for opening hours.

Pick your own berries, not far from Montreal. Bring the family! Fill your container while sitting comfortably on a small stool. Also available at our fruit stand: strawberries, raspberries and blueberries. Sale of products: jams, honey and ketchup.



Ferme Cormier



Sainte-Élisabeth

La Courgerie



2321, rang Grand Saint-Pierre, Sainte-Élisabeth
450 752-2950 – lacourgerie.com
Schedule: Mid-August to end of October,
Friday to Sunday, 10 am to 5 pm.

The squash and pumpkin specialists invite you to come pick your own produce! Our expert gardeners will share with you their passion for cooking and gardening. Wheelbarrow and pruning shears provided, go pick in a magnificent fall setting. Zucchini, eggplant and tomatoes in August and hundreds of varieties of squash and pumpkins in the fall. Culinary tips included! Boutique, field trip (w-e), animated and interactive interpretation tour.

Rawdon

Ferme Guy Rivest



1305, chemin Laliberté, Rawdon
450 834-5127 – fermeguyrivest.com
Schedule: Strawberry picking: about June 24 to July 15,
9 am to 6 pm. Shop: June 1 to October 31.

Experience the pleasure of picking your own strawberries with family or friends. On site: picnic area, playground, sale of fresh fruits and vegetables, homemade pies, strawberry wines and spirits, jams, marinades and much more.

Saint-Gabriel-de-Brandon

Enracinés



317, 2^e avenue Domaine Morin
Saint-Gabriel-de-Brandon
514 717-2915 – enracines.ca

Small farm and garden centre. Our farming practices are mindful of future generations. We grow organic vegetables, fruits, plants and flowers sustainably on our magnificent grounds. Enracinés is the pride and joy two horticulture enthusiasts who invite “consumactors” to reconnect with nature and bring a little of it back home!

Bakers and Chocolate Makers

The Côte

Berthierville

Délices d'Antan Bakery



446, rang de la Rivière-Bayonne Sud, Berthierville
450 836-0540 – 1 866 980-0548 – delicesdantan.com
Schedule: Open year-round, daily.

Berthier's famous potato donuts! In addition to our decadent potato donuts in a variety of flavours, our artisanal bakery offers a wide range of prepared meals and marinades. You'll also find fresh bread, regional products, cheeses, honey and homemade sausages. Don't miss out!

The Plain

Joliette

Chocolaterie Choco Chocolat

69, rue Saint-Barthélemy Sud, Joliette
450 755-5535 – chocochocholat.ca
Schedule: From August 23 to June 23, Thursday to Sunday, 11am to 6pm.

Our products are now made with chocolate made in Quebec from imported cocoa beans of different origins. Organic, fair trade and local. You will find them in our cakes, brownies, ice creams, chocolate bites or simply in bars and chips. Responsible, ethical and without compromise.

La Grigne Boulangerie

351, rue Saint-Charles-Borromée Nord, Joliette
450 394-4656 – facebook.com/LaGrigneboulangerie

An artisanal bakery located on one of Joliette's main arteries, La Grigne specializes in the baking of savoury original breads made with specially-chosen flours.

L'Assomption

Chocolaterie Le Cacaoyer

190, rue Sainte-Anne, L'Assomption
450 589-9990
facebook.com/chocolaterielecacaoyer
Schedule: From August 23 to June 23, Thursday to Sunday, 11 am to 6 pm.

Our products are now made with chocolate made in Quebec from imported cocoa beans of different origins. Organic, fair trade and local. You will find them in our cakes, brownies, ice creams, chocolate bites or simply in bars and chips. Responsible, ethical and without compromise.

The Foothills

Rawdon

Rawdonnoise - Boulangerie

3669, rue Queen, Rawdon
450 834-5013

Artisanal bakery, breads, pastries and chocolate shop.

Outlets for Regional Produces and Public Markets

Les Moulins

Terrebonne, Mascouche

Marché Desjardins Moulinois



Terrebonne: 1126, rue Gédéon M Prévost,
(Parc Saint-Sacrement)
Mascouche: 3034, chemin Sainte-Marie
(Site de l'hôtel de ville)
450 471-9576 – marchemoulinois.ca
Schedule: July to mid-September, Saturdays
in Terrebonne and Sundays in Mascouche.

Come and experience the public market in Terrebonne and Mascouche! Every weekend during the summer season, meet nearly thirty exhibitors; producers, agri-food processors, artisans and local and regional retailers!



Chocolaterie Le Cacaoyer

The Côte

Lanoraie

Fraises Gaétan Roy - Mon Marché Agricole

1015, chemin Joliette, Lanoraie
450 887-0893 – fraisesroy.com
Schedule: Daily from May to September.

Come and sample our famous strawberries and corn! Here, you'll find a variety of seasonal fruits and vegetables as well as delicious local products all summer long. We have everything from appetizers to desserts. A warm welcome awaits you! We take Interac and speak English. Follow us on Facebook!

The Plain

L'Assomption

Domaine Nasenka



160, montée Sainte-Marie, L'Assomption
438 830-6007 – domainenasenka.com

The Nasenka farm invites you to its Scottish Highlands retreat. Visit our shop for antlers, skins, bones for dogs, salsa, Scottish stew, chili, various cuts of meat. Looking forward to welcoming you!

Notre-Dame-des-Prairies

Ferme Régis



40, rang de la 2^e Chaloupe, Notre-Dame-des-Prairies
450 755-4905 – fermeregis.com
Schedule: April to October, daily.

Ferme Régis is the only open-air seasonal market of its size in a rustic setting in Lanaudière. The farm offers fresh fruits and vegetables, deli meats and cheeses, Quebec microbrewery beers, local products and much more.

Saint-Ambroise-de-Kildare

Au Jardin des noix



511, rang Kildare, Saint-Ambroise-de-Kildare
514 893-2089 – aujardindesnoix.com
Schedule: Mid-May to Mid-November, Thursday to Sunday, 9 am to 5 pm.

Walnuts and hazelnuts grown in Quebec in a 35-acre orchard with 4,000 trees planted in 2007. Come discover a wide variety of walnuts at our café-shop: black walnut, butternut, hybrid, heartnut and shagbark hickory. A variety of other local products are also available, offering an impressive range of flavours from ancestral and emerging crops.

Nect'Art de Fleurs

1020, chemin Kildare (route 348),
Saint-Ambroise-de-Kildare
450 752-2218 – nectartdefleurs.com
Schedule: January to May, Tuesday to Saturday, 9 am to 5 pm. June to December, Tuesday to Sunday, 9 am to 5 pm. Public holidays, please call ahead.

Come discover our fine maple and honey products. Our charming shop offers a wide range of products, including maple popcorn, maple candy, jams, jellies, our delicious raspberry balsamic vinegars and more. Plus, discover our range of first run maple syrup (Grade A extra light), with their delicate maple flavour.

Saint-Liguori

La Belle Excuse – LOLO

1430, rang Lépine, Saint-Liguori
450 760-2855 – labelleexcuse.com – loloetmoi.com
Schedule: Monday to Friday 9 h 30 am to 6 pm, Saturday 10 am to 5 pm. Holidays and vacations, check our websites.

Treat your taste buds to delicious La Belle Excuse gourmet products, including extra virgin olive oil that comes from our lands in Greece. Our shop also features LOLO products, a natural skincare line for babies. You will also find little treasures to brighten up your decor.

Saint-Lin-Laurentides

Marché public de Saint-Lin-Laurentides



900, 12^e avenue, Saint-Lin-Laurentides
450 439-3130 – saint-lin-laurentides.com
Schedule: Visit our website.

The City of Saint-Lin-Laurentides and SODAM (a local cultural NPO) put on a public market in summer. Over several weeks, some thirty local farmers, producers and artisans will showcase their products and share their knowledge in a safe and lively market environment. Also on the program: fun activities and shows the whole family will enjoy.

Saint-Norbert

Les P'tits fruits de Marie



2475, chemin du Lac, Saint-Norbert
450 836-1702 – lespetitsfruitsdemarie.com
Schedule: May to October.

In the mood for freshly handpicked fruits and vegetables? Stop by Les P'tits fruits de Marie in Saint-Norbert. Our roadside stand offers a wide range of naturally grown fruits and vegetables (no insecticide or herbicide used). See our Website for more details.





VAL NOTRE-DAME ABBEY OF SAINT-JEAN-DE-MATHA

- + A hike in the woods
- + A culinary workshop
- + A guided outing in the forest
- + A silent retreat
- + A store that offers various products from the Abbey

250, chemin de la Montagne-Coupée, Saint-Jean-de-Matha | 450 960-2891
abbayevalnotredame.ca | Magasin de l'Abbaye | [abbayevalnotredame](https://www.instagram.com/abbayevalnotredame)



Saint-Thomas

Miel Morand

510, rang Saint-Charles, Saint-Thomas
 450 755-6178 – mielmorand.com
 Schedule: Open year-round.

You'll be enchanted with our fine honey-based gourmet products: pure non-pasteurized honey, vinaigrettes, caramel and honey-based dark chocolate, mustards and more. Discover a multitude of flavours and recipes and enjoy our variety of Lanaudière country produce.

Sainte-Élisabeth

La Courgerie

2321, rang Grand Saint-Pierre, Sainte-Élisabeth
 450 752-2950 – lacourgerie.com
 Schedule: Mid-August to end of October,
 Friday to Sunday, 10 am to 5 pm.

There are many ways to use squash at La Courgerie: marinades, jams, pastries and delicious discoveries. The ideal place to live up a picnic or stock up on original treats and everything you need to cook with squash! Also: pick-your-own and kiosk of hundreds of varieties of zucchini, squash and pumpkins, tastings, recipes, field trip (w-e), animated and interactive interpretation tour.

The Foothills

Chertsey

Chertsey public market



543, chemin de l'Église, Chertsey
 514 237-9745
 Schedule: July 9, August 13 and September 17.

Come check out the Chertsey public market. A variety of kiosks offering healthy food choices.

Rawdon

La Récolte Rawdon public market



3647, rue Queen, Rawdon
 450 834-2596, poste 7160 – rawdon.ca
 Schedule: Every Saturday from June 25 to August 27,
 2022, from 10 am to 2 pm.

La Récolte, Rawdon's outdoor public market, is held every Saturday in summer in the city hall parking lot (3467 Queen St.). Meet local farmers and producers, taste regional products and make a few discoveries!

Rawdon

Leblanc Petits Fruits



3756, rang Kildare, Rawdon
450 834-3518 – leblancpetitsfruits.ca
Schedule: We are open all year round (check our Facebook page).

Farmers Marc and Céline are known for the quality of their strawberries, raspberries and blueberries offered fresh in season and frozen year-round. At their shop, choose from a variety of home-cooked traditional-style products: berry pies, jams, marinades, baked beans (Céline style!), ragout, meat pies (tourtières), pâtés and more. You'll also find a selection of regional products to round out your basket!

Les Sucrieries des Aïeux

3794, chemin Kildare, Rawdon
450 834-4404 – sucrieriesdesaieux.com
Schedule: Open year-round, except Sunday.

Maple butter, candy, caramel, jelly, chocolate, soft breads, firm breads, maple sugar pies and maple taffy.

Saint-Damien

La Belle Gousse



541, chemin Mondor, Saint-Damien
514 715-2317 – labellegousse.com
Schedule: Shop open year-round from Thursday to Saturday, 10 am to 4 pm Sunday to Wednesday: call ahead.

La Belle Gousse grows garlic and processes it in its every form! Specialities: black garlic, cloves, paste and powder. Fresh garlic (long shelf life), scallions, dehydrated garlic, and garlic scapes (fresh, frozen and dehydrated). U-pick and interpretation signs.



Val Notre-Dame Abbaye

Saint-Jean-de-Matha

Val Notre-Dame Abbaye



220, chemin Montagne-Coupée, Saint-Jean-de-Matha
450 960-2891 – 1 877 960-2891
abbayevalnotredame.ca
Schedule: Open year-round.

Discover our cakes, chocolates, caramels and butters all transformed at the Abbey's workshops. In addition, you will have the chance to discover a wide range of regional products in the store. The edible forest products are highlighted in the boutique, in the Bistrot and in our gourmet activities. Visit our website for more details. [ad. p.49]

Qui sème récolte!



291, rang Saint-Guillaume, Saint-Jean-de-Matha
450 886-1504 – quisemerecolte.com
Schedule: Shop: March to December. Self-picking: August to October. See our Website for more details.

Apples are at the heart of Qui sème Récolte! Nestled in the countryside in Saint-Jean-de-Matha, our family farm offers apple picking in season, cider tasting in the shop and a wide range of apple-inspired products. Products from our maple grove complete the offering. Free tasting. Pick-your-own apples. Group tours upon reservation.

Sainte-Marcelline-de-Kildare

Simon Turcotte, Confiturier



531, rue Principale, Sainte-Marcelline-de-Kildare
450 883-8893 – simonturcotte.com
Schedule: May 15 to December 24.

Fine artisanal jams and mustards. Tour and tasting for groups upon reservation.

Sainte-Mélanie

Miel de chez nous



1391, rang Pied-de-la-Montagne, Sainte-Mélanie
450 889-5208 – mieldecheznous.com
Schedule: Open year-round, Wednesday to Sunday.

Country shop, hive observation, interpretation centre (in a century-old house). Products: honey, honey caramel, chocolate, vinaigrettes, ketchup, fruit honey. Free tasting. Unguided tour anytime, guided tour upon reservation.

Sugar Shacks

The Plain

L'Assomption

L'Érablière d'Autrefois

560, montée Sainte-Marie, L'Assomption
450 588-0165 – erablieredautrefois.ca
Schedule: Sugar shack: March and April.

Our sugar shack is open in March and April. The rest of the year, we offer two reception rooms with a catering service.

Saint-Alexis

Cabane Osias

160, rang de la Petite Ligne, Saint-Alexis
450 839-7650 – cabaneosias.com
Schedule: Sugaring-off time: March and April, daily, reservations required.

Family-oriented rustic sugar shack. Open for Christmas events and during sugaring-off time. A friendly spot with delicious local products.

Saint-Cuthbert

Sucrerie Valrémi

3271, rang Petit Sainte-Catherine, Saint-Cuthbert
450 803-1393 – sucrerievalremi.ca
Schedule: Snowmobile rest stop: January to March. Sugar shack: April to May. Private events (groups): year-round.

Looking for a warm and friendly sugar shack? Sucrerie Valrémi has all you need! With space for up to 125 people, we can easily accommodate small or large groups. A closed room can be reserved for more private events. You're sure to enjoy the charming rustic setting! All-you-can-eat sugar shack menu.

Saint-Esprit

Cabane à sucre Constantin Grégoire

184, rang des Continuations, Saint-Esprit
450 839-2305 – 1 877 839-2305
constantin-gregoire.qc.ca

All-you-can-eat meals served at the table, all-you-can-eat taffy on snow, walking trail, mini farm, children's swings and slides, dancing at all times and singer on Saturday nights, horse-drawn sleigh rides, explanation of maple sap transformation process.

Cabane à sucre des Sportifs

400, rang Montcalm, Saint-Esprit
450 839-3283 – cabaneasucredessportifs.com
Schedule: Weekdays: lunch only.
Weekend: lunch and supper.

Traditional food, giant slides (flying saucer and rocket), wagon tours of dairy farm, tours of maple syrup works, pitching machine, music and dancing.

Érablière L'aKabane



248, rang des Continuations, Saint-Esprit
450 839-6105 – 1 800 230-6105 – lakabane.ca

Mini farm, horse-drawn carriage rides, walking trail, tour of maple syrup works, maple produce shop, talks, music and dancing.

Saint-Jacques

Cabane La Rose au bois

1651, rang des Continuations, Saint-Jacques
450 839-2478 – 450 917-0304 – cabanelaroseaubois.com

In a warm and family atmosphere, the Cabane La Rose au bois offers you a traditional meal of the sugar time as well as our famous "toasts" on the wood stove. Don't miss the Dj and entertainment every Saturday night. You can also visit a farmhouse on site. The wooded path will charm you.

Saint-Lin-Laurentides

Sucrerie du Rang Double



1782, rang Double, Saint-Lin-Laurentides
450 439-7830 – sucreriedurangdouble.com
Schedule: March and April, upon reservation.

Meals made entirely on-site, two sittings per day to enjoy at your leisure in a very friendly atmosphere. Tours of maple grove and production facilities, shop selling homemade maple products, folk music, horse-drawn carriage rides. Cash, Mastercard, Visa accepted.

The Foothills

Chertsey

Sucrerie du Domaine

280, chemin Domaine-des-Chutes, Chertsey
450 882-4851 – sucreriedudomaine.com
Schedule: Open year-round. Reservations required. See Website for details.

This luxury sugar shack offers a truly unique experience where you can enjoy exquisite gourmet meals in a friendly atmosphere. Food-truck smokehouse, themed seasonal menus, turnkey events, gourmet store on site and also online.

Saint-Jean-de-Matha

Cabane à sucre Côte-à-Joly



33, rang Sainte-Louise Est, Saint-Jean-de-Matha
450 271-7930 – coteajoly.com
Schedule: Sugar Time (March and April),
Maple Dairy Bar (May to September).

Nestled in the picturesque hills of the magnificent village of St-Jean-de-Matha, in Lanaudière. La cabane à sucre Côte-à-Joly offers you a culinary experience through different menus according to the seasons. Meals during the sugar season, maple milk bar in the summer and sale of maple products all year long! You will find a warm atmosphere, in a raw and rustic decor, as well as a breathtaking view.

L'Érablière à Marjo

480, route Louis-Cyr, Saint-Jean-de-Matha
450 886-1919 – delicesamarjo.ca
Schedule: Friday to Sunday, 11 am to 9 pm during the maple sugar season. Reservations required according to the event.

Catering, meals on site during the maple sugar season, transformation of maple products. Catering service and room rental. Bring your own wine and beer.

Sainte-Julienne

Au sentier de l'érable



440, rang Montcalm, Sainte-Julienne
450 831-2472 – 1 888 831-2472 – ausentierdelerable.com
Schedule: Maple sugar time, daily, upon reservation.

Taffy on snow, music and dancing at all times, guided tour of the maple grove for groups (Monday to Friday, 11:00 am to 4:00 pm), wagon or tractor rides, children's games and mini farm.



Fromagerie du Champ à la Meule

Cheese Makers

The Plain

Notre-Dame-de-Lourdes

Fromagerie Du Champ à la Meule

3601, rue Principale, Notre-Dame-de-Lourdes
450 753-9217 – champalameule.com
Reopening autumn 2022.
Schedule: June 24 to September 1, daily.
Rest of the year, Tuesday to Sunday.

We have been making highly-renowned cheeses from Lanaudière Holstein cows' milk for more than 20 years. Come taste our famous Victor & Berthold, Le Fétard, Les Métayères, our all-new Le Tison and many other surprises.

Saint-Roch-Ouest

La Suisse Normande



985, rang Rivière Nord, Saint-Roch-Ouest
450 588-6503 – lasuissenormande.com
Schedule: Thursday to Saturday: 10 am to 7 pm, Sunday to Wednesday: 10 am to 5 h 30 pm, Monday: Closed.

Welcome to our farm, cheese shop and rural grocery store. Meet our 300 goats at the farm and check out a rich variety of local products at our store. Discover our artisanal cheeses made from goat's milk and cow's milk. Bring the family and enjoy our delicious grilled cheese sandwiches in the picnic area.

The Foothills

Rawdon

Fromagerie Roy



3585, rue Queen, Rawdon
450 834-6316 – fromagerieroy.com
Schedule: Monday to Friday, 10 am to 6 pm. Saturday and Sunday, 10 am to 5 pm.

Fromagerie Roy makes fresh cheddar, mozzarella and feta. Our cheese shop in Rawdon also offers a range of Lanaudière cheeses and local products including alcohol products, as well as a wide range of Quebec microbrewery beers.



House and gardens Antoine-Lacombe

Saint-Jean-de-Matha

Ferme Vallée Verte – Cheese factory and fresh dairy products

180, rang Guillaume-Tell, Saint-Jean-de-Matha
450 886-2288 – fermevalleeverte.com
Schedule: Open year-round.

With their sustainable and GMO-free farming, David and Samuel Gadoury products are renowned for their natural milk (free of hormones, antibiotics and pesticides), pasteurized at low temperature and non-homogenized. Containing no added preservatives, colour or artificial flavours, their superior quality products include: Parmed'Or (half parmesan, half cheddar), various cheddars, yogurts (maple, vanilla, plain and with fruit), traditional-style milk (with cream on top) and chocolate milk with cocoa.

Gardens and horticulture

Les Moulins

Mascouche

Jardin Moore

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1455, chemin Pincourt, Mascouche
450 474-0588 – jardinmoore.com
Schedule : From the end of June to the end of September (dates: consult our social networks) ; Open from 10 am to 5 pm; Closed Mondays and Tuesdays.

Located on the banks of the Mascouche River, Le Jardin Moore is an eco-responsible design that promotes sustainable horticultural practices. It is peaceful and includes rest and observation areas. Recognized as a place of education, awareness and dissemination, it offers cultural and artistic activities such as exhibitions, shows, workshops and conferences. Let yourself be charmed!

The Côte

Berthierville (Sainte-Genève-de-Berthier)

Association Forestière de Lanaudière

\$

1700, Grande-Côte, Berthierville
(Sainte-Genève-de-Berthier)
450 836-1851 – aflanaudiere.org
Schedule: Reservations required.

The Lanaudière forestry association is responsible for informing and educating the community on the richness and issues of Lanaudière forests. We offer mycotourism, guided forest hikes and guided tours of the Réserve écologique des Tourbières de Lanoraie (ecological reserve) and Quebec's first forest nursery. See our Website for more information.

The Plain

L'Assomption

Pépinière Villeneuve

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951, rang de la Presqu'île, L'Assomption
450 589-7158 – pepinierevilleneuve.com
Schedule: May to October, daily, 9 am to 5 pm.

Let yourself be dazzled by the immensity and beauty of the site. Several gardens to inspire you. In the heart of the maple grove, walk along our 5 trails and learn more about the fauna, flora, insects and have fun by filling out the questionnaires with your family. Stop by the mini farm and the boutique. Bring your picnic and enjoy the relaxation areas! Self-guided tours. Group tours: \$7 per person (10 min.) with reservation.

Saint-Charles-Borromée

House and gardens Antoine-Lacombe

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895, rue de la Visitation, Saint-Charles-Borromée
450 755-1113 – antoinelacombe.com
Schedule: Gardens: April to October.
House: year-round.

Visitors come to this magnificent public garden to admire over 1,500 species and varieties of plants. Beautiful and innovative, our garden is a bold representation of the evolution of French and English gardening trends over time. Permanent sculptures and a charming historical home will complement your visit.

Saint-Didace

Les Jardins du Grand-Portage

800, chemin du Portage, Saint-Didace
450 835-5813 – jardinsdugrandportage.com
Schedule: Daily from July 2 to September 4;
otherwise by appointment.

For 42 years, Diane Mackay and Yves Gagnon have been creating sumptuous gardens of English and oriental inspiration on their land. A winding trail takes you from one garden to the next as you discover the rich complexity of the living world around you. Sit for a while and take in the beauty for a moment. Check our Website for special events.

Saint-Jacques

Les Jardins Gourmands

2236, rang Saint-Jacques, Saint-Jacques
450 839-9253 – lesjardinsgourmands.ca
Schedule: April 16 to October 1, 2022.

Nursery specialized in the production of gourmet plants to integrate into your garden! Hot peppers, ginger and turmeric make up our Spicy Collection, while the Master Brewers Collection features over 30 varieties of hops for home brewers. Create your cocktails with the herbs from our Girlie Cocktails combos and your desserts with the berries and dessert plants from the Petite Pâtissière collection.

The Foothills

Saint-Alphonse-Rodriguez

Bonsaï Gros-Bec

\$Ft

40, rue Imbeault, Saint-Alphonse-Rodriguez
450 883-1196 – 514 348-7167 – bonsaigrosbec.com
Schedule: May 1 to October 31, 2022,
Tuesday to Sunday from 10 am to 4pm. Guided and self-guided tours. Reservations required for guided tours of six or more. Shop open year-round.

Interpretation centre. A unique concept in Quebec on an awe-inspiring site. As soon as you pass the gate, you'll feel a wave of peacefulness wash over you. Take the time to read the interpretation signs along the trails. Activities and services: reception area, boutique, benches, shelters and one-day introductory courses in the art of bonsai each month.

Sainte-Mélanie

Les Jardins Arômes et Saveurs

🍷🍷

121, rang du Pied de la Montagne, Sainte-Mélanie
450 898-6868 – aromesetsaveurs.ca
Schedule: June to October. Details on our website.

Different varieties of lavender and fine herbs, naturally grown since June 2021. Our goal is to encourage young entrepreneurs and practice sustainable agriculture. We make a number of top-quality products using essential oil and organic lavender. We also offer herbs and a range of spices from here and abroad. Try our homemade lavender honey!

Microbreweries

(see also page 116 for microbreweries with on-site catering)

The Côte

Repentigny

Microbrasserie L'OURS Brun

328, rue Félix-Declos, local 102, Repentigny
450 585-2299 – loursbrun.ca

We want to offer people a unique flavor experience in the brewing world. We believe that this amazing experience will give our customers a feeling of intense pleasure in good company. Cheers!

The Foothills

Joliette

Alchimiste Microbrasserie

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681, rue Marion, Joliette
450 760-2945 – alchimiste.ca

Created in 2001, Alchimiste Microbrasserie was one of Quebec's first microbreweries. You'll find a wide range of quality products. We aim to continually reinvent ourselves and stay at the forefront of brewing trends.





Cochon cent façons

Notre-Dame-des-Prairies

Brasserie artisanale Maltstrom



557-E, route 131, Notre-Dame-des-Prairies
450 394-3868 – maltstrom.com

Established in Notre-Dame-des-Prairies in 2016, the Maltstrom craft brewery offers low-fermentation beers (lager), specialty beers and barrel-aged beers. Tasting room onsite to sample our different products.

Country-style Meals

The Plain

L'Assomption

La Seigneurie des Patriotes



573, montée Sainte-Marie, L'Assomption
450 588-7206 – seigneuriedespatriotes.qc.ca
Schedule: Year-round, reservations required.

Savour the flavours of our locally-grown produce. Four air-conditioned rooms and a big tent are at your disposal in an intimate rustic setting.

Livestock Farms

The Plain

Saint-Ambroise-de-Kildare

Bergerie des Neiges



1401, rang 5 (rue Principale), Saint-Ambroise-de-Kildare
450 756-8395 – bergeriedesneiges.com
Schedule: Year-round: Fridays and Saturdays, 10 am to 5 pm and upon reservation. Summer: Friday to Sunday, 10 am to 5 pm.

Two generations of passionate farmers – Desneiges, Pierre, Ludovic and Fidjie – are proud to offer you their meat products and artisanal butcher shop. The Victorian-style shop offers lamb cuts, deli meats and homemade products of 100% lamb. This family farm also offers day camps for children aged 7 to 12 and group tours for adults. Reservations required. Come visit an enchanting site with an inspiring history!

Saint-Cuthbert

Ferme Saint-Vincent



1171, rang Nord de la rivière Chicot, Saint-Cuthbert
450 836-2590 – saint-vincentbio.com
Schedule: Year-round, Monday to Sunday,
9 am to 5 pm.

Certified organic business specializing in raising organic livestock such as cattle, chickens, turkeys, ducks, geese, guinea fowls, quails and rabbits. Different cuts available at our farm stand: vacuum-sealed, fresh or frozen. Visit our farm and facilities to learn all about organic farming! By appointment only.

Saint-Esprit

Les Volailles d'Angèle



36, rang Rivière Sud, Saint-Esprit
450 839-2499 – 1 877 839-2499 – volaillesdangele.com
Schedule: Year-round, Wednesday to Sunday.

Looking for delicious poultry meat from birds raised in a natural environment? A wide selection of whole birds and cuts are available in our shop, in addition to sausages and burger patties, pâtés and tourtières, pies, rillettes, confits, smoked meat and our tasty homemade meals. Come visit our shop located on the family farm! A warm welcome awaits you.

Saint-Jacques

Cochon cent façons

2555, rang Saint-Jacques (route 341), Saint-Jacques
450 839-1098 – cochoncentfacons.com
Schedule: Open year-round.

With values of integrity and harmony, inspired by a sustainable vision of pig farming, we invest in each stage of livestock breeding and pork processing. Like you, it's important for us to know where our food comes from, so we make a point of ensuring our products combine quality and freshness. We guarantee healthy farming, free of growth promoters and animal by-products. Complying with provincial safety standards, our butchers and meat dressers process our pork and produce a range of homemade products, prepared meals and deli meats.

Saint-Norbert

Les canards d'abord

3921, rang Sainte-Anne, Saint-Norbert
450 889-5194 – lescanardsdabord.com
Schedule: Daily, 10:30 to 6 pm, and by appointment.

Since 2016, we've put great care into every stage of rearing and processing our Muscovy ducks. Les Canards d'abord offers ethical, respectfully produced products made from pastured ducks. We love welcoming visitors to the farm, discussing our work and showing off our little corner of paradise.

Sainte-Julienne

Entreprise Malisson

935, route 125, Sainte-Julienne
450 831-4512 – entreprisemalisson.com
Schedule: Open year-round, Tuesday to Saturday, and Sunday during summer.

The beef sold in our butcher shop is unique in several ways: our cattle rearing method has been passed down from generation to generation, our feed is produced at the farm and the meat is prepared by a dedicated team whose objective is to provide you with top quality products and service. (We recommend contacting us to reserve your favourite cuts!)

Vineyards

The Côte

Lanoraie

Aux Pieds des Noyers, Vignoble - Traiteur

71, Grande Côte Est (route 138), Lanoraie
450 887-1050 – auxpiedsdesnoyers.com
Schedule: May 1 to October 30, Thursday to Saturday, June 24 to September 15, Wednesday to Sunday.
Off season: upon reservation.

A truly remarkable wine business, producing unique wines from noble grape varieties. High-quality by-products, all complemented by gourmet meals and a unique catering service. Just one visit will convince you!

Vignoble Lano d'Or



1000, Grande Côte Ouest, Lanoraie
514 756-2233 – vignoblelanodor.ca
Schedule: See our Website.

Family winery on the banks of the St. Lawrence in Lanoraie. Magnificent site with a spacious patio overlooking the river. Discover domain wines and the micro cuvées reserved for onsite tastings. Bruno, the owner and a former sommelier, will be happy to welcome you.

The Plain

Saint-Thomas

Vignoble Saint-Thomas



1101, rang Sud, Saint-Thomas
450 750-4735 – vignoblesaintthomas.com
Schedule: See Website for details.

Established on former tobacco-growing lands, the winery invites you to come taste its range of unique and distinctive wines derived from rustic grapes. Whether rosé, white, red or fortified, the names evoke the local and regional history. Honors won in the last 9 years reflect the hard work and patience of the owners. Group tour reservation (buses), rental of reception room (50 people).

Saint-Jacques

Distillerie Grand Dérangement



44, rue Marcel-Lépine, Saint-Jacques
450 499-1929 – grandderangement.ca
Schedule: year round.

Enjoy an out-of-the-ordinary experience at Distillerie Grand Dérangement, Quebec's first organic distillery. Their products are certified, guaranteeing best environmental and social practices at all stages of production, from the field to your glass. Onsite at the ÉCONOMUSÉE®, learn about the artisanal distillation process and the story behind their name.



Vignoble Lano d'Or

The Foothills**Saint-Gabriel-de-Brandon****Vignoble Saint-Gabriel**

2190, rang Saint-David (route 348)
Saint-Gabriel-de-Brandon
450 835-3726 – vignoblesaintgabriel.com
Schedule: May 1 to December 31, daily, 10 am to 5 pm.

Organic vineyard featuring 35,000 vines all certified by Ecocert Canada. Unique wine cellar with 125 French oak barrels, guided tours at 11 am and 2 pm. Wine tasting, patio in an enchanting setting and winery food platter. Lavender products, two antique tractor museums and walking trails (4.5 km). Interac, Visa and Mastercard accepted. Groups welcome upon reservation (reservations required for buses).

Farm tours**The Côte****Lanoraie****La brouette à légumes...
citrouilles et sorcellerie**

255, Grande Côte Est, Lanoraie
450 916-6558 – facebook.com/labrouettealegumes
Schedule: Mid-September to late October.

Enjoy an enchanting visit to this gourd and pumpkin barn with its Halloween decor. Discover different types of gourds and learn about all the different ways they can be eaten. On weekends, visit the witch's cabin where lots of fun awaits children and adults alike – don't miss the maze where you can test your sense of direction.

The Plain**L'Assomption****Rustik Alpaga**

610, montée Sainte-Marie, L'Assomption
450 591-5591 – rustikalpaga.com
Schedule: Shop open year-round (please call before coming), June to October, tours available by appointment.

We are pleased to invite you to our farm to meet our charming alpacas. The guided tour introduces you to the various fibre processing stages carried out directly at the farm—from shearing to the manufacture of products. Craft shop on site where you can find all our exclusive creations and the largest selection of alpaca socks.

**The Foothills****Rawdon****La Terre des Bisons**

6855, chemin Parkinson, Rawdon
450 834-6718 – terredesbisons.com
Schedule: kiosk and tour open year round from Wednesday to Sunday from 10 am to 5 pm.

A dynamic enterprise engaged in the raising of bison and elk. Come visit our big game farming interpretation centre, including an exhibition hall and art gallery – a first in Quebec! Come and visit our farm, walk our interpretive trails, buy products, delicatessen, regional products, local beers, local wine and souvenirs at the kiosk.

Sainte-Mélanie**Asinerie L'Âne Gardien**

541, rang du Pied-de-la-Montagne, Sainte-Mélanie
450 889-8456 – anegardien.com
Schedule: Thursday to Sunday from 1 pm to 5 pm.

Eco-friendly donkey farm offering guided tours (reservations required) that cover philosophy and actions, breeds, food, milk, species origins and more. Brush the animals in the park or take a walk with a donkey on the interpretation trail.

The Mountains**Sainte-Émélie-de-l'Énergie****Tante Agastache**

483, rue de la Mairie, Sainte-Émélie-de-l'Énergie
450 886-2545 – tanteagastache.com
Schedule: Thursday to Saturday from 10 am to 5 pm.

We grow and process agastache, a beautiful aromatic and medicinal plant that feeds bees and wild pollinators better than any other. Beyond agastache, what characterizes us is our local roots: it allows us to offer truly eco-responsible products and solutions for living well while protecting the environment.

Great Outdoors

In Lanaudière, the outdoors is always offering fresh new experiences. The vast natural environment is a wonderful change of scene for visitors, whether seeking tranquility or adventure. Teeming with lakes and forests, winding rivers and beautiful mountains, the region offers an endless source of activities year-round.



▼ Classified by sector, by sub-themes and in alphabetical order of municipalities.

Canoes/kayaks

The Plain

L'Assomption

Circuit canotable de L'Assomption

257, boulevard Barret (parc Léo-Jacques), L'Assomption
450 589-5671 – ville.lassomption.qc.ca

Explore the L'Assomption River in your own boat on a 12-km circuit. Canoe and kayak rentals are also available. Departure from Parc Léo-Jacques: a shuttle will take you to the departure point in the Saint-Gérard-Majella sector.

L'Épiphanie

Circuit canotable Chasse-galerie

260, rue Notre-Dame, L'Épiphanie
450 588-6828 – lepiphanie.ca
Schedule: June to September.

Drawing its name from the legend of French-speaking North America, the Chasse-galerie canoeing circuit offers visitors a true nature experience, just a few kilometres from Montreal. Take an 8-km trip by canoe, kayak or pedal boat on the L'achigan River, starting from the dam (intersection of Routes 339 and 341). Rent boats by the day, half-day or hour. Rest stop with amenities and picnic tables also provided.

The Mountains

Saint-Côme

Au Canot Volant



2058, rang Versailles (route 347), Saint-Côme
450 883-8886 – canotvolant.ca
Schedule: Daily, from mid-June to Labour Day; every weekend from May to September.

We have been organizing canoeing and kayaking trips for the whole family on the crystal clear waters of the L'Assomption River for more than 20 years. Guided or self-guided river descents, games of seek and find on the river for children. Paddleboard rentals for calm water; picnic areas and swimming. Also available: courses in canoeing and swiftwater rescue. Come and have fun on the water with us!

Les Moulins

Terrebonne

Groupe Plein Air Terrebonne/ Parc de la Rivière



2740, 40^e Avenue, Terrebonne
450 471-1933, poste 712 – gpat.ca

In summer, Parc de la Rivière offers many water sports: rental of canoes, kayaks and paddleboards. Other activities include: a nine-basket disc golf course, several archery targets and a GPS rally. Come have fun in an enchanting setting where you can also take in the beautiful fauna and flora of a protected ecosystem.

Water Sports Equipment Rentals

The Plain

Saint-Lin-Laurentides

Water sports rental on rivière de l'Achigan

900, 12^e Avenue, Saint-Lin-Laurentides
450 439-3130, poste 7275 – saint-lin-laurentides.com
Schedule: End of June to end of August, from Sunday to Saturday from 9 am to 7 pm and during September only on Saturday and Sunday from 9 am to 5 pm.

In collaboration with the Comité récréatif de la rivière de l'Achigan, the city of Saint-Lin-Laurentides rents paddle boats, canoes, rowboats, kayaks (single or tandem) and paddleboards for excursions from Parc André-Auger to Sainte-Sophie. Electric motors and fishing rods are available onsite. Visitors can also enjoy a free pontoon ride of approximately one hour (reservations required).

Saint-Sulpice

Location L'Orî-Eau

680, rue Notre-Dame, Saint-Sulpice
514 607-2209 – locationlorieau.com

We are located at the Brousseau Marina in Saint-Sulpice. Sea-doo, paddle board and snowmobile rentals. Set out directly from our premises or haul your equipment on a trailer.

The Foothills

Rawdon

À la Dérive

3304, 8^e Avenue, Rawdon
450 803-5874 – aladeriverawdon.com
Schedule: Mid-June to Labour Day.

À la Dérive is a student enterprise that offers water craft rentals on Lac Rawdon, in the heart of the municipality. The students at Collège Champagneur put at your disposal: pedal boats, canoes, single kayaks, tandem kayaks and paddle boards. No power boats are permitted on the lake. Come enjoy nature less than one hour from Montreal!

Anyone who operates a motorized boat must have proof of competence.

Saint-Gabriel-de-Brandon

Centre nautique Courant Marin

356, avenue Nadeau, Saint-Gabriel-de-Brandon
450 835-7175 – courantmarin.ca

Water sports centre and 8 cabins for rent on a large site located directly on the municipal beach at Lac Maskinongé in Saint-Gabriel-de-Brandon. The beautiful lake, 20 km around, has many sandy beaches, ideal for fishing or renting our water sport equipment. Activities include: lessons and rentals by the hour or the day for stand-up paddleboards (SUP), canoes, kayaks, pedal boats, motor boats, sailboats, funboards and windsurfing.

The Mountains

Saint-Michel-des-Saints

Auberge du Lac Taureau

1200, chemin de la Baie-du-Milieu, Saint-Michel-des-Saints
450 833-1919 – 1 877 VACANCE – lactaureau.com
Schedule: Resort open year-round. Water sports equipment available from June 15 to October 15, depending on water level.

Come enjoy the Lac Taureau reservoir! A wide range of activities is available, so you can make the most of this immense 95 km² body of water. Kayaks, canoes, pedal boats and paddleboards available on site. Life jackets included for both children and adults. Rental of sea-dos, pontoons and rowboats, canoe-camping, kayak-camping, with an overnight stay in a hut also available.

Motorsport Complex and Race Track

The Mountains

Notre-Dame-de-la-Merci

Circuit Mécaglisse

1253, chemin Dufresne, Notre-Dame-de-la-Merci
819 424-3324 – mecaglisse.com
Schedule: January to March and May to October.

Come discover a one-of-a-kind motor sports complex in Quebec. An ideal place for your corporate event, to take a driving course or practice your favourite motor sport among friends. Car driving lessons on road courses, lessons for rallying, winter and off-road driving, sport bike lessons, bike and ATV enduro track, lapping days. Summer or winter, you'll have a great time!

Golf

The Plain

Crabtree

Club de Golf de Crabtree

1039, chemin Archambault, Crabtree
450 754-2662 – 1 800 363-1799 – golfdcrabtree.com

Total number of holes: 18 – Normal: 72
Length (yards): 6136 – Services:  

L'Épiphanie

Club de golf L'Épiphanie

200, chemin du Golf, L'Épiphanie
450 588-2234 – golfdlepiphanie.com

Total number of holes: 18 – Normal: 72
Length (yards): 6219 – Services:  

Saint-Charles-Borromée

Club de golf de Joliette

221, chemin du Golf Est, Saint-Charles-Borromée
450 753-7459 – golfjoliette.ca

Total number of holes: 18 – Normal: 72
Length (yards): 6729 – Services:  

Saint-Liguori

Club de golf Montcalm

1800, chemin Nadeau, Saint-Liguori
450 834-6981 – 1 800 363-2772
golfmontcalm.qc.ca

Total number of holes: 36 – Normal: 72
Length (yards): 6523 – Services:   

An informed golfer reserves
before appearing on site.

The Foothills

Rawdon

Rawdon Golf Resort

3999, Lake Shore Drive, Rawdon
450 834-2320 – 1 800 363-8655
rawdongolfresort.com/fr

Total number of holes: 18 – Normal: 73
Length (yards): 6003 – Services:  

Saint-Jean-de-Matha

Club de Golf de St-Jean-de-Matha

2650, route Louis-Cyr (route 131)
Saint-Jean-de-Matha
450 886-9301 – 1 866 391-9301
golfmatha.com

Total number of holes: 18 – Normal: 72
Length (yards): 6163 – Services:  

The Mountains

Saint-Donat

Golf Saint-Donat

92, route 329, Saint-Donat
819 424-2658 – stdonat.golf

Total number of holes: 18 – Normal: 72
Length (yards): 6313 – Services: 

Les Moulins

Terrebonne

Centre de golf Le Versant

2075, côte Terrebonne, Terrebonne
450 964-2251 – golfleversant.com

Total number of holes: 72 – Normal: 72
Length (yards): 7004 – Services:   



- FEATURING 72 HOLES LOCATED IN TERREBONNE
- ENJOY ONE OF THE GOLF AND DINE PACKAGE DURING THE GOLF SEASON

INFORMATIONS AND RESERVATIONS

450.964.2251

www.golfleversant.com



Paintball

Saint-Alphonse-Rodriguez

BlackOps Paintball

1380, route 343, Saint-Alphonse-Rodriguez
450 883-0000 – 1 800 978-7843 – blackopspaintball.ca

BlackOps Paintball & Airsoft offers outdoor group activities. Various events organized by a dynamic team since June 17, 2021.

Parachuting and tours by air

The Plain

Notre-Dame-de-Lourdes

Parachute Voltige

4680, rue Principale, Notre-Dame-de-Lourdes
450 752-0385 – 1 877 865-8443 – parachutevoltige.com

Guillaume Lemay-Thivierge invites you to come share the thrill of parachuting at Voltige, in Joliette. Tandem jumping is the ideal way to start parachuting and experience an adrenaline-filled free fall. Fly to 4,000 m (13,500 ft.) and enjoy great views of the magnificent Lanaudière scenery.

Aventure Lanaudière

450 821-8873
facebook.com/ExperienceHauteEnCouleur

Come and visit the Lanaudière region in a completely different way, from the air, aboard our balloon with its magical colors. Commanded by our pilot Karl Cadieux, he will take you to a whole new vision of the region and share with you his passion for the air and hot air ballooning.

Saint-Cuthbert

ULM Québec



3000, route Bélanger, Saint-Cuthbert
514 502-6525 – ulmquebec.ca

Schedule:

Flights: Year-round, from sunup to sundown.

Reservations required.

Centre: Year-round – check our schedule and events calendar on our Facebook page.

The Centre aérorécréatif ULM Québec offers discovery flights aboard an ultralight aircraft and pilot training. You can even build your own Aérovilla. Our reception room “La Seigneurie” offers a rustic-chic setting for wedding receptions and other events. Discover our famous crêperie with a lagoon pool, the campground and ready-to-camp sites. Survival training is also available at our school Les Primitifs.

Water Park

The Foothills

Saint-Calixte

Complexe Atlantide



11 155, route 335, Saint-Calixte
450 222-5225 – campingatlantide.ca

Complexe Atlantide offers a wide range of activities for all tastes! From the wading pools to the biggest slides to cool off, the magic castle to dream bigger, the inflatable structures to bounce around endlessly, the Familizoo with more than 400 animals of the exotic fauna and the Canadian fauna, the haunted mansion for the most courageous and themes and shows on weekends to entertain and have fun without end.



Climbing

The Mountains

Sainte-Émélie-de-l'Énergie

Club de montagne et d'escalade de Lanaudière

240, rue Émilie-Bolduc, Sainte-Émélie-de-l'Énergie
450 886-3823 – escaladelanaudiere.com
Schedule: Proximus and Sérénité cliffs: free climbing for Federation members. Indoor wall: schedule updated weekly on our website.

The municipality of Sainte-Émélie-de-l'Énergie, in partnership with the CMEL, offers an indoor climbing wall with various levels of difficulty. The perfect place to learn how to climb! Several cliffs are located less than 2 km from Route 131 heading towards Saint-Michel. Approach walks: Proximus, 30 seconds; Sérénité, 15 minutes. 43 routes in total.

Treetop

The Foothills

Rawdon

Arbraska

4131, rue Forest-Hill, Rawdon
450 834-5500 – 1 877 886-5500 – arbraska.com
Schedule: April to November.

Put on your helmet and jump into an Arbraska adventure in Rawdon. The park offers circuits in the trees of varying difficulty, from easy to extreme. Try an introduction to rock climbing course on the Via Ferrata, making your way to the top of Mont Pontbriand. Young children will have fun at the Vaillage Arbre-en-Ciel. Reservations strongly recommended. Activities for all ages.

Horseback riding

The Mountains

Saint-Donat

Ranch Rivière Noire

2465, route 125 Nord, Saint-Donat
819 424-4224 – ranchrivierenoire.com

Horseback riding, carriage and sleigh rides, equestrian camping, pony club for children.

Parks

The Côte

Repentigny

Île-Label Regional Park



396, rue Notre-Dame, Repentigny
450 841-3264 – parcilelabel.qc.ca

In the heart of Repentigny bordering the St. Lawrence River, this park is a 15.7-hectare haven of peace. Its 3 km pedestrian trail is ideal for walking or running. Strength training and exercise modules, picnic areas and games for children, pétanque (a type of lawn bowling) and seasonal tourist information office. The park is also a beautiful place for bird watching. Dogs on leash accepted.

The Foothills

Rawdon

Cascades Park



6669, route 341, Rawdon
450 834-2596, poste 7160 – rawdon.ca

Situated on the Ouareau River upstream from Lac Pontbriand, the Cascades Park is a peaceful place where you will be lulled by the sound of the streams flowing over the rocks. Our many waterfalls form a delightful backdrop for those who love nature, sunshine and fresh air.

Dorwin Falls Park



3074, route 337 (1^{re} Avenue), Rawdon
450 834-2596, poste 7160 – rawdon.ca

Dorwin Falls Park is an attractive, relaxing site that will delight nature-lovers with its spectacular waterfall, lookout points, flora interpretation trails and playgrounds surrounded by century-old trees. Come explore our eco trails, taking in the rich biodiversity of the site. Our new explanatory guide, available at the welcome centre, will help you to identify the various plants you see along the way. [ad. p.67]

The Mountains

Notre-Dame-de-la-Merci

Forêt Ouareau Regional Park



2007, chemin du Massif, Notre-Dame-de-la-Merci
Info: 819 424-1865 – 1 866 484-1865
Reservation: 450 883-2730 – 1 866 266-2730
parcsregionaux.org

Your access to the best of nature just one hour from Montreal. Summer or winter, come and enjoy everything the regional park has to offer, to just relax or to practice outdoor activities. Hiking, mountain biking, snowshoeing, cross-country skiing, hut rentals, rustic camping, canoe-kayaking, rock-climbing. [ad. p.67]

Saint-Côme

Chute-à-Bull Regional Park



Access by road 343 and rang des Venne, Saint-Côme
450 883-2730 – 1 866 266-2730 – parcsregionaux.org

Whether hiking or snowshoeing, come explore the mountain and admire the spectacular panoramic view from the lookout point. Feast your eyes on the majestic 18 m high waterfall and learn about the history of the log drive. Stay overnight at one of our three well-equipped huts. [ad. p.67]

Saint-Côme and Saint-Donat

Mont-Tremblant National Park



L'Assomption sector, access by road 343,
via Saint-Côme, 18 km north of the village. 
La Pimbina sector, access by road 125
via Saint-Donat, 11 km north of the village. 
819 688-2281 – 1 800-665-6527 – sepaq.com/pq/mot

1510 km² of protected land at your fingertips! The park offers hundreds of kilometres of trails of all types so you can discover its beautiful landscapes. Prefer water-based activities? Paddle in a peaceful environment on one of the numerous lakes and rivers or simply come and enjoy our many sandy shores. In winter, the Pimbina sector is a true paradise for snowshoeing and Nordic skiing. [ad. p.66]

Saint-Michel-des-Saints

Lac Taureau Regional Park



Saint-Michel-des-Saints
Reservation: 450 883-2730 – 1 866 266-2730
parcsregionaux.org

One of the largest bodies of water within easy reach of Montreal, Lac Taureau is an immense reservoir of 95 km². Its beaches, outstanding camping sites and many wild coves make it an ideal place for enjoying water sports and exploring nature. [ad. p.67]

Saint-Zénon

Sept-Chutes Regional Park

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4031, route 131, Saint-Zénon
450 884-0484 – parcsregionaux.org

In northern Lanaudière, amidst unspoiled nature, enjoy some 12 kilometres of hiking trails atop Mount Brassard and Mount Barrière at an altitude of nearly 700 m (2,000 feet). Spectacular views await you at the various lookout points. [ad. p.67]

Reserves and ZECs

The Foothills

Mandeville and Saint-Zénon

Mastigouche Wildlife Reserve

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Mandeville and Saint-Zénon
819 265-2098 – 1 800 665-6527 – sepaq.com

Located not far from major urban centres and straddling the Lanaudière and Mauricie regions, the wildlife reserve offers a highly diverse natural environment you can reach via a well-maintained road system. In addition to traditional fishing and hunting, you can explore the natural beauty of the land through hiking and canoe-camping... an ideal getaway.

Sainte-Julienne

Beauréal Réserve Naturelle

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2777-A, chemin McGill (head office), Sainte-Julienne
450 831-4267 – 514 992-3886 – beaureal.ca
Schedule: Year-round.

On this protected natural site, you'll discover the Beauréal lookout and its observation point 218 metres up; a family fun trail in the trees (low height); the Halte des Pins (rest and picnic area); as well as interpretive and puzzle trails. Get back to nature, on your own or with the family, on our protected territory!



Sept-chutes regional park

The Mountains

Saint-Michel-des-Saints

Rouge-Matawin Wildlife Reserve

🏞️🐟🌲🏠🚗

Access by Saint-Michel-des-Saints
819 275-1140 – sepaq.com
Schedule: Mid-May to early November.

Located not far from the Greater Montreal area, this wildlife reserve is a true gateway to hunting, fishing and the great outdoors! Activities available include river descents, canoe-camping, hiking in the forest, fishing (pike, walleye, brook trout, lake trout), hunting (small game, moose, white-tailed deer, black bear) and snowmobiling.

ZEC Boullé

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2371, chemin Manawan, Saint-Michel-des-Saints
450 756-4761 – reseauzec.com

Located north of Saint-Michel-des-Saints on the Manawan road, ZEC Boullé offers nature-lovers a wealth of activities, including hunting, fishing, canoe-camping, canoeing, kayaking, ATV riding, hiking and berry picking.

ZEC Collin

🏞️🐟🌲🏠🚗

8370, chemin Brassard, Saint-Michel-des-Saints
450 833-5195 – reseauzec.com

Whether you feel like camping, taking a vacation, hiking, wild berry picking, canoe-camping, ATV riding, fishing or hunting, the ZEC Collin offers a warm welcome for enjoyable getaways of all sorts!

Saint-Zénon

ZEC Lavigne

🏞️🐟🌲🏠🚗

541, rang de L'Arnouche, Saint-Zénon
450 884-5521 – zeclavigne.com

A territory famous for its abundance of game and 176 lakes, less than an hour from Joliette and two hours from Montreal. It covers an area of 405 km² and has a 150 km road network. One of the most frequented ZECs per km² in Quebec, ZEC Lavigne offers 13 cabin rentals (European Plan) in the Saint-Zénon sector. The territory is accessible via four welcome centres located in Notre-Dame-de-la-Merci, Saint-Côme, Saint-Zénon and Saint-Michel-des-Saints.

Public Beaches

The Plain

Saint-Charles-Borromée

Maria-Goretti and Bosco beaches

249, chemin du Golf Est, Saint-Charles-Borromée
450 759-4415 – vivrescb.com

The Foothills

Rawdon

Rawdon municipal beach

3304, 8^e Avenue, Rawdon
450 834-2596 – rawdon.ca

Saint-Alphonse-Rodriguez

Saint-Alphonse-Rodriguez municipal beach

250, avenue Lac-Pierre Nord, Saint-Alphonse-Rodriguez
450 883-2264 – 1 877 883-2264 – munsar.ca

Saint-Gabriel

Saint-Gabriel-de-Brandon municipal beach

Access by avenue du Parc, Saint-Gabriel-de-Brandon
450 835-2105 – ville.stgabriel.qc.ca

Sainte-Béatrix

Havre Familial

1085, rang du Havre-Familial, Sainte-Béatrix
450 883-2271 - 1 888 883-2271 – havrefamilial.com

The Mountains

Saint-Donat

Saint-Donat municipal beach, parc des Pionniers, Lac Archambault

14, chemin Hector-Bilodeau, Saint-Donat
819 424-2833 – 1 888 783-6628 – tourismesaint-donat.ca
[ad. p.5]

Sainte-Émélie-de-L'Énergie

Sainte-Émélie-de-l'Énergie municipal beach

Parc de la rue Robillard, Sainte-Émélie-de-l'Énergie
450 886-3823 – steemelie.ca

ATV

The Plain

Joliette

Moto Ducharme

761, chemin des Prairies, Joliette
450 755-4444 – motoducharme.com

We are a family business at your service since 1961. We offer recreational products such as Honda, Kawasaki, Polaris and Husqvarna. We also offer previously-owned vehicles, trailers, clothing, parts, service, accessories and rentals. Accessible via ATV and snowmobile trails.

The Foothills

Chertsey

Aventure Chertsey

7520, rue Principale, Chertsey
450 882-9000 – aventurechertsey.ca

Aventure Chertsey offers out-of-the-ordinary ATV excursions. Quad or side-by-side vehicle rentals for spectacular excursions in nature. A must-visit tourist destination in Lanaudière! Guided tours, maintenance and mechanical services available. More services coming soon.

The Mountains

Saint-Zénon

Association quad de Lanaudière

50, rue du Collège, Saint-Zénon
450 884-0113 – atvcountry.ca

Association quad de Lanaudière is a grouping of the six ATV clubs in the area: these clubs maintain more than 1,200 km of trails for ATVs. To plan your next ride, visit our Website.



Rawdon municipal beach

PARC NATIONAL DU MONT-TREMBLANT

Protected area and
enriching nature experiences

This vast protected territory, with its 400 lakes, 6 rivers and more than 40 species of mammals, puts us in touch with nature. Future generations depend on us to care for our oldest national park and the treasures it holds.



MATAWINIE

A NETWORK OF 6 PARKS...

Awesome!

350 KM OF TRAILS

**RIVERS AND LAKES, INCLUDING
A 95 KM SQ. LAKE FOR SWIMMING
AND WATER SPORTS**

400 CAMPINGSITES

16 SHELTERS

REGIONAL PARKS...

LA CHUTE-À-BULL : 1 866 266-2730

LA FORÊT OUAREAU : 1 866 484-1865

LAC TAUREAU : 1 800 264-5441, # 7075

SEPT-CHÛTES : 450 884-0484

CHUTES-DORWIN : 450 834-2596, # 7160

CHUTES-MONTE-À-PEINE-ET-

DES-DALLES : 450 883-6060

SENTIER NATIONAL : 1 866 266-2730



parcsregionaux.org

Hiking

Difficulty

● : Easy ■ : Intermediate ◆ : Difficult

Trails

The Côte

SCIRBI - Société de Conservation, d'Interprétation et de Recherche de Berthier et ses îles

121, rue de l'Église, La Visitation de l'Île-Dupas
450 836-4447 – scirbi.org

The Plain

Pépinière Villeneuve

951, rang de la Presqu'île, L'Assomption
450 589-7158 – 1 888 589-7158 – pepinierenvilleneuve.com

Saint-Lin-Laurentides Recreational Park

100, rue du Commerce
450 439-3130 – saint-lin-laurentides.com

The Foothills

Chutes du Calvaire Regional Park

Access by chemin des Cascades, Mandeville
450 835-2055 – mandeville.ca

Lac-en-Coeur Trails

Access by chemin du Lac-Long, Mandeville
450 835-2055 – mandeville.ca

Tournée des cantons de Rawdon

4567, rue du Mont-Pontbriand, Rawdon
facebook.com/tourneescantonsderawdon

Saint-Félix-de-Valois Trails

990, chemin de la Pointe-à-Roméo, Saint-Félix-de-Valois
450 889-5589 – st-felix-de-valois.com

Les Sentiers Brandon

1726, rue Dequoy, Saint-Gabriel-de-Brandon
450 835-5872 – lessentiersbrandon.com

La forêt de l'Abbaye [ad. p.49]

220, chemin de la Montagne Coupée, Saint-Jean-de-Matha
450 930-2891 poste 2 – abbayevalnotredame.ca

Chutes Monte-à-peine-et-des-Dalles Regional Park

440, rang Sainte-Louise, Saint-Jean-de-Matha
561, rang des Dalles, Sainte-Béatrix
60, avenue de la Champs-Vallon, Sainte-Mélanie
450 883-6060 – parcdeschutes.com

| | Trails | | | Services |
|--|-------------------|------------|---|-----------|
| | Total Length (km) | Difficulty | Access period | |
| SCIRBI - Société de Conservation, d'Interprétation et de Recherche de Berthier et ses îles 121, rue de l'Église, La Visitation de l'Île-Dupas 450 836-4447 – scirbi.org | 10 | ● | Year round | 🚰 🚶 🚲 |
| Pépinière Villeneuve 951, rang de la Presqu'île, L'Assomption 450 589-7158 – 1 888 589-7158 – pepinierenvilleneuve.com | 3 | ● | May to October | 🚰 📶 🚶 |
| Saint-Lin-Laurentides Recreational Park 100, rue du Commerce 450 439-3130 – saint-lin-laurentides.com | 5 | ● | Year round | 🚰 🚶 🚲 📶 |
| Chutes du Calvaire Regional Park Access by chemin des Cascades, Mandeville 450 835-2055 – mandeville.ca | 4 | ● ■ | Year round | 🚰 🚶 🚲 |
| Lac-en-Coeur Trails Access by chemin du Lac-Long, Mandeville 450 835-2055 – mandeville.ca | 11 | ● ■ | Year round | 🚰 🚶 🚲 |
| Tournée des cantons de Rawdon 4567, rue du Mont-Pontbriand, Rawdon facebook.com/tourneescantonsderawdon | 26 | ■ | Year round except during hunting season | 🚰 🚶 🚲 📶 📶 |
| Saint-Félix-de-Valois Trails 990, chemin de la Pointe-à-Roméo, Saint-Félix-de-Valois 450 889-5589 – st-felix-de-valois.com | 4 | ● | Year round | 🚰 🚶 🚲 📶 📶 |
| Les Sentiers Brandon 1726, rue Dequoy, Saint-Gabriel-de-Brandon 450 835-5872 – lessentiersbrandon.com | 25 | ● ■ | Year round, (\$3) fee during winter | 🚰 🚶 🚲 📶 📶 |
| La forêt de l'Abbaye [ad. p.49] 220, chemin de la Montagne Coupée, Saint-Jean-de-Matha 450 930-2891 poste 2 – abbayevalnotredame.ca | 14 | ● ■ | Mid-May to first snow | 📶 🚰 🚶 |
| Chutes Monte-à-peine-et-des-Dalles Regional Park 440, rang Sainte-Louise, Saint-Jean-de-Matha 561, rang des Dalles, Sainte-Béatrix 60, avenue de la Champs-Vallon, Sainte-Mélanie 450 883-6060 – parcdeschutes.com | 23 | ● ■ | Year round | 🚰 🚶 🚲 📶 📶 |

Difficulty

●: Easy ■: Intermediate ◆: Difficult

Trails**The Mountains**

| | Trails | | | Services |
|--|-------------------|-------------|-----------------------|------------------|
| | Total Length (km) | Difficulty | Access period | |
| Matawinie Regional Park [ad. p.67] Reservation: refuges and camping 450 883-2730 – 1 866 266-2730 – parcsregionaux.org Matawinie National Trails 819 424-1865 – 1 866 484-1865 | 180 | ● ■ ◆ | Year round | ☞☞▲☞☞ |
| Forêt Ouareau Regional Park Chertsey, Notre-Dame-de-la-Merci 819 424-1865 – 1 866 484-1865 | 120 | ● ■ ◆ | Year round | ☞☞▲☞☞ ☞☞☞☞ |
| Chute-à-Bull Regional Park Saint-Côme 450 883-2730 – 1 866 266-2730 | 6 | ● ■ ◆ | Year round | ☞☞☞☞ |
| Sept-Chutes Regional Park Saint-Zénon 450 884-0484 | 19 | ■ ◆ | Year round | ☞☞☞☞ |
| Lac Taureau Regional Park Saint-Michel-des-Saints 450 834-7750 | 34 | ■ | Year round | ☞☞▲☞ |
| Mont-Tremblant National Park [ad. p.66] Sector L'Assomption, Saint-Côme 450 883-1291 – sepaq.com/pq/mot | 15 | ● ■ | Mid-May to October | ☞▲☞☞☞☞☞ |
| Saint-Donat Municipal Trails [ad. p.5] 819 424-2833 – 1 888 783-6628 – tourismesaint-donat.com | 204 | ● ■ ◆ | Year round | ☞☞☞☞ ☞☞ |
| Mont-Tremblant National Park [ad. p.66] Sector Pimpina-Saint-Donat, Saint-Donat 819 688-2281 – 1 800-665-6527 – sepaq.com/pq/mot | 27 | ● ■ ◆ | Year round | ☞☞☞☞☞☞ ☞☞☞☞☞☞ |
| Grande boucle Zen'Nature 5520, chemin Brassard, Saint-Zénon 450 421-4145 – boucledenature.org | 65 | ● ■ | April to September 25 | ▲☞☞☞☞ |
| "Slye" Trails At the end of rue du Pont, Sainte-Émélie-de-l'Énergie 450 886-3823 – steemelie.ca | 4 | ● ■ | Year round | ☞☞☞ |
| Boucles du lac Kaël Chemin du rang 4, Sainte-Émélie-de-l'Énergie (direction Saint-Michel-des-Saints) 450 886-3823 – steemelie.ca | 10 | ■ ◆ | Year round | ☞☞☞☞ |

Cycling

Trail rating

● : Easy ■ : Intermediate ◆ : Difficult

Planning

A : paved shoulder **B** : bike lane

C : designated lane **P** : bike path

Practice

BM : BMX **XC** : cross-country **DH** : descente

FAT : fatbike **FR** : freeride **EN** : enduro

DJ : bike park, dirt jump

SP : interior skate park

Network

Les Moulins

Véloroute des Moulins [ad. p.7]

Mascouche, Terrebonne
450 471-9576 – 1 866 964-0681
terrebonnemascouche.com

The Côte

Route Verte dans Lanaudière

Repentigny to Saint-Barthélemy
1 800 567-8356 – routeverte.com

Bycicle tour of Berthier Islands

Saint-Ignace-de-Loyola, La Visitation de l'Île-Dupas,
Saint-Barthélemy, Maskinongé, Saint-Cuthbert,
Sainte-Geneviève-de-Berthier and Berthierville
450 836-4852

| Bike Routes | | | Mountain bike/ Fat bike | | | Services |
|-------------|--------------|--------------|----------------------------|---------------------------|--------------|----------|
| Length | Planning | Trail rating | Practice | Total length (km)/Fatbike | Trail rating | |
| 120 | A, B C, P | ● | | | | ☎ |
| 82 | A, B C, P | ● ■ | | | | |
| 80 | B, C P | ● | | | | |

Bike rental

The Mountains

Saint-Côme

Ascension Sports

2221, rang Versailles, Saint-Côme
450 540-2221 – ascensionsports.ca
Schedule: year-round but varies depending
on the season.

Shop specializing in mountain bikes in summer
and fat bikes and touring skis in winter. Ascension
Sports has a repair shop, rents bikes, fat bikes
and touring skis, and sells products in connection
with these outdoor sports. The store is located in
Saint-Côme near Parc Philippe-de-Grandpré and
the Val Saint-Côme ski station.



Mountain bike in Saint-Donat

Trail rating

● : Easy ■ : Intermediate ◆ : Difficult

Planning

A : paved shoulder **B** : bike lane
C : designated lane **P** : bike path

Practice

BM : BMX **XC** : cross-country **DH** : descente
FAT : fatbike **FR** : freeride **EN** : enduro
DJ : bike park, dirt jump
SP : interior skate park

Network**The Plain****MRC Joliette Cycle network**

450 759-5013 – tourismemrcjoliette.com

Saint-Félix-de-Valois Trails

Access to trails and parking:
 990, chemin de la Pointe-à-Roméo, Saint-Félix-de-Valois
st-felix-de-valois.com

The Foothills**La forêt de l'Abbaye** [ad. p.49]

Access to trails and parking:
 220, chemin de la Montagne Coupée, Saint-Jean-de-Matha
 450 960-2891 poste 2 – abbayevalnotredame.ca

The Mountains**Louis-Philippe-De Grandpré Park**

Parking: 1661, rue Principale, Saint-Côme
 Trailhead: 350, 50^e Avenue, Saint-Côme
 450 883-2730 – 1 866 266-2730 – stcomelanaudiere.ca

Cycling circuits in Saint-Donat [ad. p.5]

819 424-2833 – 1 888 783-6628
tourismesaint-donat.com

VRSÉ (Vélo de route Sainte-Émélie)

450 886-3823 – steemelie.ca

| | Bike Routes | | | Mountain bike/ Fat bike | | | Services |
|---|-------------|--------------|--------------|----------------------------|---------------------------|--------------|----------|
| | Length | Planning | Trail rating | Practice | Total length (km)/Fatbike | Trail rating | |
| MRC Joliette Cycle network 450 759-5013 – tourismemrcjoliette.com | 175 | A, B C, P | ● | | | | ☰☱☲☳☴☵☶☷ |
| Saint-Félix-de-Valois Trails Access to trails and parking: 990, chemin de la Pointe-à-Roméo, Saint-Félix-de-Valois st-felix-de-valois.com | | | | XC EN FAT FR | 5 4 | ● ■ ◆ | ☰☱☲☳☴☵☶☷ |
| La forêt de l'Abbaye [ad. p.49] Access to trails and parking: 220, chemin de la Montagne Coupée, Saint-Jean-de-Matha 450 960-2891 poste 2 – abbayevalnotredame.ca | | | | XC | 2,6 | ● | ☰☱☲☳☴☵☶☷ |
| Louis-Philippe-De Grandpré Park Parking: 1661, rue Principale, Saint-Côme Trailhead: 350, 50 ^e Avenue, Saint-Côme 450 883-2730 – 1 866 266-2730 – stcomelanaudiere.ca | | | | XC FAT | 7,5 8 | ● ■ ◆ | ☰☱☲☳☴☵☶☷ |
| Cycling circuits in Saint-Donat [ad. p.5] 819 424-2833 – 1 888 783-6628 tourismesaint-donat.com | 650 | A, B | ● ■ ◆ | XC DJ FAT | 18 18 | ■ | ☰☱☲☳☴☵☶☷ |
| VRSÉ (Vélo de route Sainte-Émélie) 450 886-3823 – steemelie.ca | 100 | A, C | ■ ◆ | | | | |



Bicycle Tour of Berthier Islands

Vibrant Cities and Festivities

Christmas markets, outdoor music shows, winter festivities, agrifood events... Lanaudière puts on countless festivals throughout the year. A festive atmosphere inhabits its vibrant cities and towns, where delicious food and culture are always in abundance.



▼ Sorted by dates

Events

June 22 to October 2, 2022

Sculptures au Jardin, 6^e édition

Mascouche
450 474-0588 – jardinmoore.com

Come and discover nearly 50 sculptures, renewed annually and created by renowned artists, integrated into the flourishing nature of Jardin Moore.

July 8 to 10, 2022

Festival Chasse-galerie

L'Épiphanie
450 588-6828 – lepiphanie.ca/festival-chasse-galerie

L'Épiphanie will welcome thousands of visitors during this festival celebrating the legend of the flying canoe. The lively, ever-changing program promises a host of thrilling activities to stimulate all your senses. More than just family fun, it's an encounter with nature... And that's no legend!

June 30 to August 7, 2022

Festival de Lanaudière

Joliette
Billetterie : 450 759-4343 – 1 800 561-4343
Réservation de groupes :
450 759-7636 – 1 800 245-7636, poste 32
lanaudiere.org

The largest festival of classical music in Canada, featuring symphonic, choral and chamber music, with soloists of international renown. [ad. p.3]

July 23 and 24, 2022

Médiévales de Lanaudière

L'Assomption
514 571-5522 – medievalesslanaudiere.com

Festive family event combining history, local products and the imagination. Impressive knight tournament, seek and find games for children, shows and crafts.



Festival de Lanaudière

Main photo: Festival Octenbulle de Mascouche.

© © Festival Octenbulle de Mascouche, Pure perception

July 27 to 31, 2022

Festival Mémoire et Racines

Joliette et Saint-Charles-Borromée
450 752-6798 – memoireracines.org

A celebration of traditional song, music, storytelling and dance. 200 artists, 7 stages, 5 memorable days.

July - August, 2022

Festival Hors Route

Sainte-Béatrix
418 655-6308 – festivalhorsroute.com

Join us at the largest gathering of off-road vehicles in Quebec with more than 500 races and over 10,000 visitors.

August 11 to 15, 2022

Festival acadien de la Nouvelle-Acadie

Saint-Liguori, Saint-Jacques,
Saint-Alexis et Sainte-Marie-Salomé
450 803-6717 – nouvelle-acadie.ca

The Tintamarre celebration recalls the Acadian roots of Saint-Alexis, Saint-Jacques, Saint-Liguori and Sainte-Marie-Salomé. Features cultural and festive events throughout the week.

August 14, 2022

Cross country Zen'Nature

Saint-Zénon
450 421-4145 – buclezen-nature.org

A competition for the whole family and also a "Corporate Challenge." Come and compete or just participate in the 500 m, 2 km, 5 km, 10 km, 20 km, 30 km race, or the 5 km and 10 km walk.



© Joëlle Lapointe
Tourisme Lanaudière/Simon Laroche



August 18 to 20, 2022

Lumifest en cavale

Repentigny (Espace culturel)
450 470-3010 – espaceculturel.repentigny.ca

An immersive, luminous experience with light projections bringing building façades and public art to life.

August 19 to 21, 2022

Les Fêtes gourmandes de Lanaudière

Saint-Jacques
450 397-0549 – fetesgourmandes.ca

The Fêtes gourmandes de Lanaudière is a must-attend agritourism event. Shows, family area, bars and restaurants on site.

August 20, 2022

Exposition d'autos anciennes de Repentigny

Repentigny
450 841-3264 – recreotourismerepentigny.com

On the banks of the St. Lawrence, come see several hundred rare, collectible and modified cars and Hot Rods from 1900 to 1997. Vintage car enthusiasts will be more than satisfied!

COTTAGES, B&BS AND CABINS

.....

- Choose your accommodation
- Drop off your bags
- Set out to explore



Chalets Lanaudière, Martin Leduc-Poirier

lanaudiere.ca/cottages-bnb-cabins



Lanaudière

GET CLOSER



August 18 to 21, 2022

Festival Octenbulle de Mascouche

Mascouche
514 400-8168 – octenbulle.com

Spirits and mixology festival. Cocktails, beer, wine, sparkling wine and fine food combined with DJ music.

August 28 to September 3

The National Bank Canadian junior open Championships

Repentigny
450 581-8470 – itjr.ca

The National Bank Canadian Junior Open Championships is among the top 5 junior championships in the world, with 96 athletes from 30 countries. Free admission. Larochelle Park.

September 1 to 4, 2022

Rendez-vous country de Saint-Michel-des-Saints

Saint-Michel-des-Saints
450 833-1334 – haute-matawinie.com

Shows under the roof of the skating rink (admission fee). Free activities for all, bazaar, parade in the village, mass with country choir.

September 3 to 5, 2022

Festival des arts de Mascouche

Mascouche
450 474-8953 – festivaldesarts Mascouche.com

Nearly 80 professional and up-and-coming artists participate in this must-attend cultural event. Exhibit, entertainment and master classes.

September 4 and 5, 2022

1804, l'événement

Terrebonne
450 492-5514 – iledesmoullins.com

1804 – the event is coming back to Île-des-Moullins! Take a step back in time with a host of historical activities for the whole family.

September 9 to 11, 2022

Oktoberfest de Repentigny

Repentigny
514 890-1838 – oktoberfestderepentigny.com

Oktoberfest in Repentigny: you have to drink it to believe it! 95 exhibitors, 40 microbreweries and a fun-packed 3-day program.

September 10 and 11, 2022

Accrochez-vous! Festival d'escalade de Sainte-Émélie-de-l'Énergie

Sainte-Émélie-de-l'Énergie
450 886-3823 – steemelie.ca/fr/accrochez-vous

Rock climbing festival: introduction to bouldering and rock climbing, tips for all skill levels, demos and entertainment. In collaboration with the Club de montagne et d'escalade de Lanaudière.

September 9 to October 10, 2022

La Symphonie des Couleurs

Saint-Donat
819 424-2833 – 1 888 783-6628
symphoniedescouleurs.com

Celebrate the beauty of fall by exploring the natural environment. Cultural and recreational activities. Entertainment at ski centres. [ad. p.5]

September, 2022

Festival des Artisans

Sainte-Marcelline-de-Kildare 450 883-2241, poste 7563
ste-marcelline.com/festival-des-artisans

The Festival des Artisans is a must for connoisseurs and lovers of crafts who want to encourage local artisanal production.

September 22 to 24, 2022

Festival Blues de Joliette

Joliette
450 753-7405

Groove to the rhythms of the Joliette Blues Festival for 3 days, shows in various bars and restaurants. Le Festival Blues de Joliette... the blues at its best!

October 7 to 10, 2022

Le Rendez-vous Couleurs Orgue et Poésie 2022

Sainte-Mélanie
450 883-6955 – cultureenaction.com

A must-attend poetry festival that pays tribute to the great Gilles Vigneault: shows, music-poetry-songs with organ music, visual arts exhibit, poetry trail and more.

December 1 to 23, 2022

Joliette Christmas Market

Joliette
450 753-7405 – noeljoliette.com

Discover a magical setting, a multitude of local products and original gifts in the artisans' village. Don't miss this festive winter event!

December, 2022

L'Assomption Christmas Market

L'Assomption
450 589-7102 – marchedenoeldelassomption.ca

Crafts and delicious products from 50 local artisans and producers. Do all your Christmas shopping and sip a spicy mulled wine! Magical setting, illuminations, animations, play area for children, indoor family stop.



December, 2022

Terrebonne Christmas Market

Terrebonne
450 492-5514 – iledesmoulins.com

Come meet and celebrate the know-how of the region's artisans. This is an opportunity to discover and taste local products and to celebrate the holiday season with family or friends.

December 2 to 4, 2022

Saint-Lin-Laurentides Christmas Market

Saint-Lin-Laurentides
450 439-3130 – saint-lin-laurentides.com

Magical outdoor market bringing together around thirty exhibitors. Shows, entertainment, family activities, fireplaces and more in an enchanting setting.

December 16 to 18, 2022

Spectacle Avalanche

Terrebonne, Théâtre du Vieux-Terrebonne
450 492-4777 – 1 866 404-4777
spectacleavalanche.com

"Avalanche" is Quebec's only Holiday Season musical for the whole family. Presented at Théâtre du Vieux-Terrebonne since 2008!

January 28, 2023

Le Grand Frisson

Rawdon
450 834-2596 – rawdon.ca
Friday night: outdoor show.
Saturday from noon: numerous activities at the municipal beach.



L'Assomption Christmas Market

January 30, 2023

Saint-Côme en glace

Saint-Côme
450 883-2730 – [1 866 266-2730](tel:18662662730)
festivalstcomeenglace.com

Ice sculptures and sliding, entertainment, traditional music shows and more. The must-attend winter festival in Lanaudière is celebrating its 40th anniversary!

February 4 to 26, 2023

Féerie d'hiver de Saint-Donat

819 424-2383

A program combining activities for the family, outdoor enthusiasts and culture is available to promote healthy lifestyles and the pleasures of winter. [ad. p.5]

February 4 to 12, 2023

Festival Feu et Glace

Repentigny
450 841-3264 – feuetglace.ca

Tube sliding, snow castle with ice sliding, entertainment, outdoor games, sculptures, shows, fireworks and 1 km ice rink.

February 10 to 19, 2023

Festi-Glace de la MRC de Joliette

Joliette
450 759-5013
mrcjoliette.qc.ca/votre-mrc/patinoire

Winter fun for everyone on a 7 km ice track on the L'Assomption River. Program of festive events and fireworks.

February 10 to 11, 2023

Fête d'hiver

Saint-Félix-de-Valois
450 889-5589 – st-felix-de-valois.com/fete-hiver

The ultimate celebration of outdoor fun! Tournaments, activities, games, entertainment, bonfire and more at parc Pierre-Dalcourt. Don't miss it!



Terrebonne Christmas Market

VACATION DESTINATIONS

- Choose from among 5 destinations
- Make the most of all the nearby activities, accommodations, restaurants and events

BERTHIER AND ITS ISLANDS

LAC MASKINONGÉ

RAWDON

SAINT-CÔME

SAINT-DONAT

© SEPAQ, Steve Deschênes

lanaudiere.ca/destinations

 **Lanaudière**
GET CLOSER

▼ Classified by sector, by sub-themes and in alphabetical order of municipalities.

Event venues

Les Moulins

Terrebonne

Centre Expo Terrebonne



2475, boulevard des Entreprises, Terrebonne
450 961-9295 – centreexpoterrebonne.com

Whether you're looking to rent space for a sports event, tradeshow or exhibition, the Terrebonne Expo Centre has numerous spacious facilities for events of all kinds, at very competitive prices. It offers between 40,000 and 80,000 square feet of exhibition space with a clearance up to 40 feet high, column-free.

The Plain

Saint-Roch-de-L'Achigan

Complexe JC Perreault

620, rue J.-Oswald-Forest, Saint-Roch-de-L'Achigan
450 588-4888 – complexejcperreault.com

Opened in 2015, this multifunctional, cultural and sports site is ideal for holding shows, conferences, seminars, galas and award ceremonies, business meetings, social gatherings, benefit nights, press conferences, film shoots and screenings. Equipped rental space (with a capacity of up to 3,000 persons), including rooms, skating rinks, dining areas and large parking lot. Accessible to persons with reduced mobility.

The Foothills

Saint-Calixte

45 Degrés Nord

50, rue du Lieutenant-Ingall, Saint-Calixte
450 205-1070 – 45degres-nord.com

45 Degrés Nord is the largest site of its kind in Quebec! Located in the heart of nature in Saint-Calixte, 45 Degrés Nord invites you to try a unique experience on its 5 million sq. ft. site. A venue for major events, including the Course Extrême, our facilities are a playground of countless possibilities.

Concerts

Les Moulins

Terrebonne

Matinées musicales Desjardins



Terrebonne
450 492-5514 – iledesmoulins.com

Every Sunday in summer at 11 am at Île-des-Moulins, the Matinées musicales Desjardins presents free outdoor shows featuring artists of all kinds.



45 Degrés Nord



Virée dans l'parc



Terrebonne
450 492-5514 – iledesmoulins.com

Festive, intimate shows every Tuesday in summer at 7 pm at Île-des-Moulins. Come discover or rediscover talented artists!

The Plain

L'Assomption

La Sinfonia de Lanaudière

C. P. 3013, L'Assomption
450 591-1919 – sinfonia-lanaudiere.org
Schedule: Open year-round.

This versatile professional symphony orchestra has been a part of the region's musical effervescence for the past 25 years. With conductor Stéphane Laforest, it has helped democratize music through top quality concerts with the greatest performers in classical and popular music. Celebrations and concerts are offered year-round along with its regular season at the Théâtre Hector-Charland, Théâtre du Vieux-Terrebonne and Centre culturel Desjardins.

Notre-Dame-des-Prairies

Family Wednesdays and musical Thursdays!



In various Notre-Dame-des-Prairies parks
450 759-7741 – notredamedesprairies.com

Wednesday evenings are all about families and Thursdays, all about music! Fun times and great musical discoveries await you! Complete program posted on the city's website. Shows are held rain or shine; bring your own chair. Free parking nearby. From June 29 to August 25, 2022 (except weeks of July 24 and 31).

Saint-Félix-de-Valois

Vendredis en musique



Parvis de l'Église, Saint-Félix-de-Valois
450 889-5589
st-felix-de-valois.com/vendredis-en-musique

Free outdoor concerts featuring popular artists are held on the grounds of the magnificent Saint-Félix-de-Valois church on Fridays in July and August at 8 pm. Come enjoy a family picnic featuring delicious finds at the food stands set up by local businesses. All profits and tips are used to fund activities of recognized organizations. Free parking at Centre Yvon-Sarrazin.

Saint-Paul

Les mardis d'août



Saint-Paul, Parc Amyot, 150, rue Royale
450 759-4040 – saintpaul.quebec

Every Tuesday in August, come discover Quebec artists performing free outdoor shows. Performances last from 60 to 90 minutes, starting at 7:30 pm. Bring lawn chairs! In case of rain, performances will take place in the Complexe communautaire at 20 Brassard Boulevard, in Saint-Paul.

The Foothills

Saint-Alphonse-Rodriguez

Doux jeudis sous les étoiles



Scène Alphonse-Desjardins du parc des Arts, Saint-Alphonse-Rodriguez
450 883-2264 – 1 877 883-2264
municipalite.saintalphonserodriguez.qc.ca

Free shows on Thursdays. Taking place, rain or shine, in the evening, on the outdoor stage at Parc des Arts. Bring your own lawn chairs and a sweater for cooler evenings.

The Mountains**Saint-Donat****Un été tout en culture à Saint-Donat** ⓘ

536, rue Principale, Saint-Donat
819 424-2383 – 1 888 783-6628

tourismesaint-donat.com

Schedule: June 25 to September 3.

Thursdays and Saturdays, all summer long, the Parc des Pionniers and Place de l'Église welcome outdoor shows, presented free of charge by the municipality of Saint-Donat. Program features renowned artists as well as emerging talent. [ad. p.5]

Theatres and Performance Venues**Les Moulins****Terrebonne****Théâtre du Vieux-Terrebonne (TVT)** ⓘ

866, rue Saint-Pierre, Terrebonne
450 492-4777 – 1 866 404-4777

theatreduvieuxterrebonne.com

Schedule: Open year-round.

Located in the heart of the historical quarter, the Théâtre du Vieux-Terrebonne (TVT) is one of Quebec's principle presenters of multi-genre productions (winner of 9 Félix awards). Its main hall, the Salle Desjardins, has a 656-seat capacity. The TVT also offers intimate shows in the Salle du Moulinet, a bistro-style café with 116 seats, located on Île-des-Moulins. [ad. p.4]

The Côte**Lavaltrie****Café culturel de la Chasse-galerie** ⓘ

1251, rue Notre-Dame, Lavaltrie
450 586-9569 – chasse-galerie.ca

The Café culturel de la Chasse-galerie is a solidarity cooperative that started up in June 2006. Since then more than 150 shows are presented every year on the stage of this small establishment, which has taken a leading role in the Quebec performing arts scene.

Repentigny**Théâtre Alphonse-Desjardins** ⓘ

25, allée de la Création, Repentigny
450 589-9198 – 1 877 589-9198

alphonse-desjardins.com

A major addition to the Espace Culturel in Repentigny, Théâtre Alphonse-Desjardins opened its doors in the spring of 2021. With outstanding acoustics and three different set-ups (standing, cabaret and Italian-style), it's a great place to see performances by your favourite artists. [ad. p.6]

The Plain**Joliette****Centre culturel Desjardins** ⓘ

20, rue Saint-Charles-Borromée Sud, Joliette
450 759-6202 – spectaclesjoliette.com

Schedule: Year-round, see our Website

for ticket booth schedule.

The varied program at Centre Culturel Desjardins offers diverse experiences with multiple configuration possibilities at the Rolland-Brunelle Hall. We also reach audiences in various other venues in the region. You'll see international artists, including the best Quebec tours, in all performing arts disciplines.

L'Assomption**Théâtre Hector-Charland** ⓘ

225, boulevard de l'Ange-Gardien, L'Assomption
450 589-9198 – 1 877 589-9198 – hector-charland.com

Schedule: Open year-round.

The Théâtre Hector-Charland is a magnificent cultural venue in the vibrant downtown core, known for its comfortable and intimate space. Its Italian-style 664-seat hall offers a cross-cultural program combining music, dance, theatre, song, comedy, circus and film.



Théâtre Alphonse-Desjardins

Culture and Living History

Lanaudière's museums and art galleries are a testament to the region's creativity. Historical buildings blend with urban art, creating an ideal setting for a flourishing culture. Artists and artisans draw inspiration from ancestral traditions while keeping up with modern times.



▼ Classified by sector, by sub-themes and in alphabetical order of municipalities.

Art Gallerie

The Mountains

Entrelacs

Galerie des Lacs



321, chemin des Îles, Entrelacs
450 228-4058

Schedule: June to September, 11 am to 5 pm, except Mondays and Tuesdays. Remainder of the year, upon reservation.

The Galerie des Lacs is a garage that has been transformed into an art gallery. We present works of art created by Lanaudière sculptors and painters in a simple and relaxed atmosphere.



Chapelle des Cuthbert

Crafts

The Mountains

Chertsey

Moniales de Bethléem



3095, chemin Marie Reine des Cœurs, Chertsey
450 882-3907 – monasteredeBethleem.ca

The monastery church (300 chemin du Monastère) is open daily to visitors.

Store schedule: Tuesday to Saturday, from 10 am to 4 pm Religious offices: daily; call ahead for schedule.

The shop (3095, chemin Marie-Reine-des-Coeurs) sells rustic stoneware dinnerware made by the nuns as well as religious objects.

The monastery also offers hermitage retreats for people wishing to live a few days in silence and prayer.

The Foothills

Saint-Damien

Fou de vous

6825, rue Principale, Saint-Damien
450 227-2755 – foudevous.com

Schedule: Wednesday to Saturday, from 11 am to 4 pm.

Giftshop – Textile dyeing workshop
Products crafted and dyed by hand using natural dye plants. You'll find wool skeins, socks, mittens, tuques, shawls, cuffs and slippers. Eco-printing on cotton: napkins, coasters, table runners and placemats in a variety of styles.

Saint-Michel-des-Saints

Artisanat Bellerose/Floursite

402, rue Brassard, Saint-Michel-des-Saints
450 833-6647
Schedule: Year-round, Monday to Saturday
(variable hours on Sunday).

Small Amerindian and Quebec handicrafts shop located in front of the church, in the first presbytery dating back to 1870. Jewellery, pipes, dream catchers, baskets, soapstone, dolls, knife collections, snowshoes, sealskin boots and mitts, hand-knitted scarves, snowshoes, moccasins, leather and fur items (bear, caribou, wolf, fox and coyote), Atikamekw art, various souvenirs, cut flowers and plants, chocolate, candy, local products and regional flavours.

Historic Buildings and Sites

Les Moulins

Terrebonne

L'Île-des-Moulins



Corner rues des Braves and Saint-Pierre, Terrebonne
450 492-5514 – iledesmoulins.com

For two centuries, Île-des-Moulins was at the centre of the development of one of the largest seigneuries in Quebec's history. Today, five restored historical buildings bear witness to the economic vitality of the Terrebonne seigneurie and the accomplishments of its seigneurs and landholders. The mills of Terrebonne, in operation from 1721 to 1940, still stand proudly on the beautiful Île-des-Moulins site.

Maison Bélisle



844, rue Saint-François-Xavier, Terrebonne
450 492-5514 – lamaisonbelisle.com

Built in 1759, the Maison Bélisle is the oldest preserved house in Vieux-Terrebonne. Now a museum, it houses temporary exhibitions in addition to a variety of other cultural activities, all linked to the rich heritage of Terrebonne.

The Côte

Berthierville

Chapelle des Cuthbert



461, rue de Bienville, Berthierville
450 836-4171 – chapelledescuthbert.com
Schedule: June 1 to Labour Day.

Built in 1786 by seigneur James Cuthbert, the chapel is the oldest former Protestant church in Quebec. Classified as an historical monument, it is enlivened all summer long by guided tours, a rich program of visual art exhibitions and various cultural activities. Tourist information office and picnic area on site. Free admission.

Repentigny

Purification-de-la-Bienheureuse-Vierge-Marie Church



445, rue Notre-Dame, Repentigny
450 470-2787 – ville.repentigny.qc.ca
Schedule: June to September.

Located in a parish founded in 1684 and built from 1723, this church is the oldest in the diocese of Montreal. Free guided tours of this historical monument are offered. Inside are works and furniture reflecting Quebec religious art from all eras. [ad. p.6]

The Plain

Saint-Charles-Borromée

House and gardens Antoine-Lacombe



895, rue de la Visitation, Saint-Charles-Borromée
450 755-1113 – antoinelacombe.com
Schedule: House, year-round;
gardens, April to October.

House and gardens Antoine-Lacombe is a unique place that is sure to please art and horticulture enthusiasts. Discover a beautiful house, considered an historical monument, and explore its delightful gardens. Enjoy professional and amateur arts exhibitions, cultural and horticultural activities in a charming setting.



Purification-de-la-Bienheureuse-Vierge-Marie Church

Saint-Lin–Laurentides

Sir Wilfrid Laurier National Historic Site

945, 12^e Avenue, Saint-Lin-Laurentides
450 439-3702 – 1 888 773-8888
parcsCanada.gc.ca/laurier
Schedule: June 18 to September 5, Friday
to Sunday from 10 am to 5 pm.

Come learn about the life and times of Sir Wilfrid Laurier, the first French-Canadian Prime Minister of Canada. Visit a Quebec home typical of its era and see how the inhabitants lived back in the day. Take a stroll around the courtyard and vegetable garden. Activities for children.

Museums

Les Moulins

Terrebonne

Île-des-Moulins museum

Corner rues des Braves and Saint-Pierre, Terrebonne
450 492-5514 – iledesmoulins.com
Schedule: Open year-round.

The Île-des-Moulins museum complex comprises three historical buildings that house permanent and temporary exhibitions: the Maison Bélisle, Seigneurial Office and Moulin neuf. A witness to nearly 300 years of history, the museum preserves and showcases the items in its collection and passes on historical knowledge through exhibitions, interpretation and other activities.



Rosalie-Cadron House

Terrebonne History House

148, rue Saint-André, Terrebonne
450 492-7477 – shrt.qc.ca
Schedule: June 24 to Labour Day, Wednesday
to Sunday, 1 pm to 8 pm. Rest of the year,
by appointment.

Tour of 2 exhibits (free admission):
– “Bonne en 1845, meilleure aujourd’hui!” – dedicated
to the Moody family, renowned farm implements and
agricultural machinery manufacturers (1845-1927)
– “Une seigneurie en guerre” – a portrait of the
military presence in Terrebonne (1754-1760)

Research and documentation centre (various
publications related to genealogy, local history
and heritage). Guided tours upon request.
Fees for activities.

The Côte

Berthierville

Gilles-Villeneuve museum

960, avenue Gilles-Villeneuve, Berthierville
450 836-2714 – 1 800 639-0103
museegillesvilleneuve.com
Schedule: Year-round.

The museum has welcomed over 300,000 visitors
from 30 countries! It's your turn to come see the
Musée Gilles Villeneuve. Discover what inspired
Gilles Villeneuve, from snowmobile events to F1 racing.
Onsite you'll find an impressive collection of race cars,
trophies, a film, a simulator and a mini race car track.
Just a few metres off Highway 40 and Chemin du Roy
and 45 minutes from Montreal, headed
toward Quebec City.

Lavaltrie

Rosalie-Cadron House

1997, rue Notre-Dame, Lavaltrie
450 586-2727 – 1 877 586-1575
maisonrosaliecadron.org
Schedule: May to October.

This charming house is the birthplace of the
Venerable Rosalie Cadron-Jetté (1794-1864), mother of
11 children and founder of the Soeurs de Miséricorde
(Sisters of Mercy). Come learn about her daily life and
work in the 1820's, and visit the garden and temporary
historical and art exhibitions. Picnic area.



Centre d'art Diane-Dufresne

Repentigny

Centre d'art Diane-Dufresne



11, allée de la Création, Repentigny
450 470-3010 – espaceculturel.repentigny.ca
Schedule: Year-round, closed on Monday.

This venue for visual arts and crafts presents up-and-coming and professional artists, as well as local, provincial, national and international artists. Its presentations include contemporary art, with an emphasis on art for the general public featuring themed exhibitions that focus on popular culture. The shop offers original works of art and reproductions. Please note there will be admission fees for summer exhibitions. [ad. p.6]

Joliette

Musée d'art de Joliette



145, rue du Père-Wilfrid-Corbeil, Joliette
450 756-0311 – museejoliette.org
Schedule: Year-round.

The Musée d'art de Joliette (MAJ) is one of Quebec's largest art museums. It features an impressive collection of works from the 14th century to today. Open year-round, the MAJ presents a diverse program of modern and ancient art exhibitions, as well as a wide range of cultural activities for visitors of all ages. Enjoy the breathtaking view from the terrace. [ad. p.4]

Saint-Jacques

La Maison de la Nouvelle-Acadie



98, rue Saint-Jacques, Saint-Jacques
450 839-3671 – st-jacques.org
Schedule: From Victoria Day to Thanksgiving.
Wednesday to Sunday.

The Maison de la Nouvelle-Acadie presents the history and culture of Lanauadière Acadians. Learn about the history of Nouvelle-Acadie through various exhibitions showcased in this Acadian heritage house.



Musée d'art de Joliette

The Foothills

Saint-Jean-de-Matha

Maison Louis-Cyr



215, rue Sainte-Louise, Saint-Jean-de-Matha
450 886-1666 – maisonlouiscyr.com
Schedule: June 24 to Labour Day, Wednesday to Sunday; mid-June and September-October, Saturday and Sunday. Rest of the year, by appointment.

A museum with a powerful attraction: AUTHENTIC, FUN and ENRICHING! Step into the world of the strongest man of all time, at an ancestral home that was occupied by Louis Cyr and his family: the Maison Louis-Cyr. Learn about the fascinating story of the man who was considered the world's strongest man in his time and whose exploits have never been equaled, even 150 years after his birth!

Pilgrimages and religion

The Foothills

Chertsey

Centre marial Marie-Reine-des-Cœurs



1060, avenue du Lac Beaulne, Chertsey
450 882-3065 – smrdc-chertsey.com
Schedule: Open year-round. Pilgrimages, May to October. Souvenirs, picnic areas, June to September.

Come meditate on the mountain and on our trails. Whether you visit alone, with your family or in a group, the space and tranquility are yours to appreciate. Our pilgrimage route takes you over the mountain to the five chapels. The Virgin Mary welcomes you and leads you to Jesus. Come pray to God in all the beauty of His creation.



Saint-Didace Church

Saint-Jean-de-Matha

Abbaye Val Notre-Dame



250, ch. de la Montagne-Coupée, Saint-Jean-de-Matha
450 960-2889 – abbayevalnotredame.ca
Schedule: Open year-round, church open to all.

The Abbaye Val Notre-Dame is situated at the foot of the Montagne Coupée, on a forested plateau overlooking the L'Assomption River, in Saint-Jean-de-Matha. Since 2009, it has been home to a community of 24 Cistercian monks from the Abbaye d'Oka.

Aboriginal Tourism

The Mountains

Manawan

Tourisme Manawan



135, rue Kicik, Manawan
819 971-1190 – voyageamerindiens.com
Schedule: Stays from May to October and January to March.

Tourism Manawan, whose mission is to develop authentic, fair tourism highlighting the rich culture of the Atikamekw, offers 2-night stays at a traditional site, including many outdoor activities with professional Atikamekw guides. The Matakan site, located on an island in the vast 61 km long Lake Kempt, invites those seeking unique travel experiences and interactions to stay in a teepee.

The Côte

Berthierville

Histoires et territoire D'Autréens (MRC de D'Autray)

550, rue De Montcalm, Berthierville
450 836-7007 – mrcautray.qc.ca/appli

The County of D'Autray developed this app to promote the history and territory of its 15 municipalities. The app comprises 14 fictitious stories that help you learn true historical facts about the area. Sites were selected for their accessibility as well as for their historic and cultural significance.



DISCOVER THE
**TRADITIONAL
TERRITORY OF
THE ATIKAMEKW
PEOPLE**

More than 135 authentic experiences are waiting for you everywhere in Quebec indigenous lands.

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quebec
aboriginal.com
1 877 698-7827



QUÉBEC
ABORIGINAL
TOURISM




CHEMIN DU ROY

Hit the road... See the sights!

- SINCE 1737 -

Running along the majestic St. Lawrence River and crossing three tourist regions of Quebec, the Chemin du Roy invites you to discover a rich historic route, with many must-see stops along the way!

LECHEMINDUROY.COM







Circuit patrimonial de Saint-Esprit

Guided Cultural Tours

Les Moulins

Mascouche

Circuit virtuel du patrimoine de Mascouche (SODAM)

2906, chemin Sainte-Marie, Mascouche
450 417-1277 – baladodecouverte.com/circuits

Three Mascouche heritage circuits are available on the app “BaladoDécouverte.” Explore the ancestral streets of the village of Mascouche at your own pace, discovering historical facts, anecdotes, sites and people who contributed to making the village what it is today. The circuit “Sur la trace des trépassés” is available in English, “Footprints of the past.”

Services touristiques Sylvie Gagnon

450 474-6419 – 1 866 489-0229
decouvertelanaudiere.com
Schedule: Year-round.

Discover Lanaudière in a group! Turnkey one-day packages in the region for organized groups, combining heritage, cultural and agritourism themes. Planning of guided tours: site visits, activities, meals and talks with a costumed historical character accompanying you throughout. New: talk on the region presented by “Madame De Lanaudière,” available in the day throughout the Greater Montreal Areas.

Terrebonne

Société d'histoire de la région de Terrebonne



148, rue Saint-André, Terrebonne
450 492-7477 – shrt.qc.ca
Schedule: See our website.

Historical society’s “Vendredis découvertes” guided tours: discover areas normally not accessible to the public: “Splendeur seigneuriales” (Château Masson) and “Six pieds sous terre” (church and underground cemetery). On foot, on the heritage tour, you’ll learn about Vieux-Terrebonne’s rich built heritage: “Voir l’invisible,” “Les contrastes” and “Si la rue parlait.” Reservations required.

The Plain

Saint-Esprit

Circuit patrimonial de Saint-Esprit



21, rue Principale, Saint-Esprit
450 831-2114 – saint-esprit.ca
Schedule: Open year-round.

We invite you to take a tour of the heritage circuit in Saint-Esprit, a municipality of 2,000 inhabitants in the heart of Montcalm County in Lanaudière. Stroll around the streets on your own with the brochure “Notre héritage, notre avenir” (our heritage, our future) as your guide! To obtain the brochure, stop by the municipality on a weekday, or view it online: saint-esprit.ca, under the heading “Circuit patrimonial.”

Saint-Jacques

Circuit historique Saint-Jacques | Nouvelle-Acadie



Saint-Jacques, 100-A, rue Saint-Jacques
450 839-3671 – st-jacques.org
Schedule: Outdoor activity in fall. Free Wi-Fi at Maison de la Nouvelle-Acadie and municipal offices during hours of operation.

On this 1.4 km walking tour of approximately 90 minutes, you can discover the heritage treasures along Rue Principale, including the old post office, Maison Louise-Pariseau, Saint-Jacques church and Parc des Cultures. Download the mobile app “BaladoDécouverte” for free on Google Play or in the App Store. Wheelchair accessible circuit.

The Foothills

Rawdon

Bonjour Nature

450 834-8088 – bonjournature.ca

Bonjour Nature invites you to discover the joys of the outdoors with activities adapted to different styles. We offer day trips to the Lanaudière region, including round-trip transportation by minibus or motor coach from Montreal and Lanaudière, a bilingual guide and assistance from local actors on site. Departures guaranteed.

The Mountains

Saint-Michel-des-Saints

Circuits patrimoniaux de Saint-Michel-des-Saints

521, rue Brassard, Saint-Michel-des-Saints
450 833-1334 – haute-matawinie.com
Schedule: Year-round.

Discover the “Our History” tour by Madeleine St-Georges, self-taught painter. Canvases conveying the history of the village based on themes relating to the site, displayed in 14 businesses or public spaces. Historical markers, research and texts by Gilles Rivest, Professor of History. Some twenty markers located outdoors in various locations describe the history of the village and certain buildings.

Les Moulins

Mysteries in Lanaudière

terrebonnemascouche.com/fr/circuits

“Mysteries in Lanaudière” is a mobile app that includes 9 mystery and heritage circuits in Lanaudière that can be followed on foot or by car. A fun and enriching activity for the whole family, accessible to children aged 6 to 12. Enjoy solving puzzles, finding clues and uncovering the identity of the mystery person with help from a friendly ghost and his two friends! Available on Google Play and in the App Store. In French only.

Expérience multimédia

Statera – L’archipel fabuleux

127, rue du Traversier, Sorel-Tracy
stateraxperience.com

Discover the legendary beauty of Sorel’s 103 islands, located in the Réserve de la biosphère du Lac-Saint-Pierre, through an immersive experience at the Sorel-Tracy ferry dock. On the program: guided cruises in the heart of the archipelago, new 360° projections under an impressive outdoor dome and a state-of-the-art interactive indoor course. New this year: an out-of-the-ordinary virtual reality experience with StrateraFLY.



Parc des cultures de Saint-Jacques

Winter Fun



Winter in Lanaudière is all about fun! From the first snowfall, children and adults alike head outdoors for a variety of activities. Hitting the ski slopes, snow tubing at top speed, skating on frozen bodies of water, snowshoeing through the forest or riding along the snowmobile trails... the good times never end.

▼ Classified by sector, by sub-themes and in alphabetical order of municipalities.

Sliding

Les Moulins

Terrebonne

Groupe Plein Air Terrebonne Côte Boisée \$ ̶

1150, côte Boisée, Terrebonne
450 471-1933 – gpaa.ca
Schedule : Mid-December to Mid-March.

In winter, our more than 50 certified ski or snowboard instructors introduce local youngsters to winter sports. Many snow tubing slopes as well as cross-country ski and snowshoe trails are also available on site. In summer, the site draws cycling enthusiasts of varying skill levels and has a mountain bike circuit over 2 km in length.

The Plain

Saint-Charles-Borromée

Sliding in Saint-Jean-Bosco Park ̶ ̶ ̶

249, chemin du Golf Est, Saint-Charles-Borromée
450 759-3362 – vivrescb.com

At Parc Saint-Jean-Bosco, our natural snow-covered slope is outstanding for sliding. It's the perfect excuse for a school or family outing. Several activities available for free. Bring your own equipment and come skate, slide, snowshoe, cross-country ski and skate ski.

The Foothills

Rawdon

Ski Montcalm \$

3294, rue Park (rte 125), Rawdon
450 834-3139 – 1 800 387-2038 – skimontcalm.com
Schedule: January to March.

Enjoy some winter thrills at our snow tubing park! Includes 2 slides for young children, 4 fast slides and 1 extreme slide. Come have fun in a safe environment, with no line-ups! Warm up in our newly expanded lodge or enjoy a delicious hot chocolate in our bistro-café. We look forward to seeing you!

Saint-Jean-de-Matha

Super Glissades de Saint-Jean-de-Matha \$ ̶

2650, route Louis-Cyr, Saint-Jean-de-Matha
450 886-9321 – 1 866 391-9301 – glissadesurtube.com
Schedule: Holiday Season and Spring Break, daily; rest of the year, Wednesday to Sunday.

Our 27 sliding trails await you with a family side for young children and a rafting side for the more daring. We also have 45 km of trails for cross-country skiing and snowshoeing and a carousel for the little ones. You can also enjoy a horse-drawn sleigh ride. Open daily. New activity: the largest inflatable games park for children up to age 8. Accommodation on-site, and rentals of cottages and condos.



Super glissades Saint-Jean-de-Matha

Sainte-Béatrix

Havre Familial



1085, rang du Havre-Familial, Sainte-Béatrix
450 883-2271 – 1 888 883-2271 – havrefamilial.com
Schedule: Year-round.

Come try one of our two tubing slopes in a beautiful natural setting. With the family or in a group, Le Havre Familial guarantees you hours of fun! Other activities: free skating, hockey, broomball, snowshoeing, cross-country skiing and hebertism on snow. All the above-mentioned activities are included in the admission price.

Discover the 2,127 km of
snowmobile trails in Lanaudière, visit
snowmobilecountry.ca

Snowmobile

The Plain

Notre-Dame-de-Lourdes

Grégoire Sport

2061, route 131, Notre-Dame-de-Lourdes
450 752-2201 – 1 800 791-2442 – gregoiresport.com
Schedule: Open year-round, except Sundays.

Yamaha and Arctic Cat dealer.
Our professional team will help make your ride a memorable one. Sales, parts, accessories, service, clothing.

Notre-Dame-des-Prairies

Lapointe Sports

576, route 131, Notre-Dame-des-Prairies
450 752-1224 – 1 800 754-8899 – lapointesports.com
Schedule: Open year-round, except Sunday.

The largest Bombardier Recreational Products centre in Lanaudière with an indoor showroom of 150 new and used vehicles. Sales of snowmobiles, personal watercraft, Spyders, ATVs, side-by-side vehicles, fishing boats, pontoons, trailers, outboard motors, parts, clothing and accessories, maintenance and repair, Spyder and Ryker rentals, and personal watercrafts.

The Foothills

Mandeville

Location Mastigouche



1747, chemin du Parc, Mandeville
450 835-1767 – locationmastigouche.com
Schedule: December to March.

Snowmobile rentals and guided snowmobile rides.

Saint-Jean-de-Matha

Les Motoneiges Géro



2050, route Louie-Cyr, Saint-Jean-de-Matha
450 886-3362 – motoneigesgero.com

Authorized Ski-Doo dealer for over 30 years, after-sales service recognized throughout Quebec, snowmobile sales and fleet of 40 Ski-Doo rentals, very large parts inventory, located directly on the trail.

The Mountains

Saint-Donat

Sport et Marine MV

1108, rue Principale, Saint-Donat
819 424-3433 – st-donat.com/mv

Rentals of Yamaha snowmobiles (almost 40 machines available). Also, sale of used snowmobiles, parts and service. Specializing in Yamaha products.

Saint-Michel-des-Saints

Location de motoneiges Haute-Matawinie

190, rue Brassard, Saint-Michel-des-Saints
450 833-1355 – 1 800 833-6015
locationhautematawinie.com

With a fleet of 350 Ski-Doo snowmobiles, updated each year, Location Haute-Matawinie, pioneer and world leader in snowmobile rental as well as ATV, Dirt bike and personal watercraft, made in offers a unique experience to its thousands of customers. We are situated in northern Lanaudière, with direct access to the trails.

Sainte-Émélie-de-l'Énergie

Vivez l'aventure

101, rue Ducharme, Sainte-Émélie-de-l'Énergie
438 936-7998 – vivezlaventure.com

In winter: snowmobile rentals and rest stop for snowmobilers. In summer: rental of non-motorized water sports equipment such as paddleboards, kayaks, canoes and rowboats; rest stop for visitors with their own equipment.

Kite skiing

Les Moulins

Terrebonne

Paraski plein air

3624, chemin du Trait-Carré, Terrebonne
514 583-2769

Located in Terrebonne (The Plain), our company sells and rents snowkiting equipment. We also have a wide-open field for snowkiting, a parking lot and heated cabin. Our online store features paraskiing equipment and accessories for the whole family, from beginner to expert.

Ice skating

Les Moulins

Terrebonne

L'écluse de l'Île-des-Moulins



Corner rues des Braves and Saint-Pierre, Terrebonne
450 492-5514 – iledesmoulins.com

The natural ice rink on the frozen lock of Île-des-Moulins is in the heart of the heritage quarter of Vieux-Terrebonne. Musical atmosphere, rink lit up in the evening and heated changing rooms accessible every day. Opening of rink depends on weather conditions. Check on ice conditions in real time at our Website before setting out. Access to the skating rink is free.



Snowmobiling in Saint-Donat

The Côte

Repentigny

Skating, sliding and snowshoeing at l'Île-Label



Parc de l'Île-Label, Repentigny
450 841-3264 – parcilelabel.qc.ca

There are fun winter activities every day for the whole family in this snowy wonderland alongside the St. Lawrence River! Put on your skates in the heated space and glide along the 1 km lit-up ice trail, with music. Lit-up sliding slope with a vertical drop of nearly 10 m. Hiking and snowshoeing trails. Snowshoe rental service.

The Plain

Joliette

Skating on L'Assomption river



102, rue Fabre, Joliette
44, avenue des Champs-Élysées, Notre-Dame-des-Prairies
450 759-5013 – festiglace.ca
Schedule: Late January to early March
(depending on the temperature).

For over 30 years, in winter, the L'Assomption Rivers has been transformed into two 4.5-km ice skating corridors. The unique site showcases the river and is in keeping with sustainable, responsible tourism. It is the longest river skateway in all of Quebec and the site of Joliette's Fest-Glace festival.

The Foothills

Rawdon

Lake Rawdon and Chutes Dorwin | Sliding, skating, snowshoeing



Parc des chutes Dorwin : 3074, 1^{re} Avenue, Rawdon
Lac Rawdon: 3304, 8^e Avenue, Rawdon
450 834-2596, poste 7160 – rawdon.ca
Schedule: 10 am to 10 pm. Variable depending on weather conditions. Weekdays: 4 pm to 10 pm with supervision. Trail on lake not lit up.

Come enjoy the great outdoors, skating along our trails at Parc des Chutes Dorwin or on Lac Rawdon. Approximately 1 km of skating, walking and fun in an enchanting setting. On the municipal beach site, you'll find sliding, snowshoeing, hockey rinks, recreational skating, welcome pavilions and the trail heads for cross-country skiing and snowshoeing. Parking fees for non-residents.

The Mountains

Saint-Donat

Skating in the forest at St-Donat (parc des Pionniers)



17, chemin Hector-Bilodeau, Saint-Donat
819 424-2383 – 1 888 783-6628
tourismesaint-donat.com

Schedule: December 20 to March 8, depending on weather conditions.

Parc des Pionniers, in the heart of the village of Saint-Donat, is the perfect place for winter activities: a forest skating trail lit up in the evening, two outdoor skating rinks, sliding for children and groomed trails for cross-country skiing, snowshoeing and fat biking. The heated pavilion offers rentals for skates, cross-country skis, snowshoes and fat bikes. [ad. p.5]



Lac Rawdon skating

Downhill Skiing

Lifts

A : Chairlift **B** : Ski tow **C** : Rope tow
D : Gondola lift **E** : Magic carpet

Difficulty

● : Easy ■ : Intermediate ◆ : Very difficult ◆◆ : Extreme

The Foothills

Ski Montcalm

3294, rue Park (route 125), Rawdon
 450 834-3139 – 1 800 387-2038 – skimontcalm.com

The Mountains

Ski Val Saint-Côme

501, chemin Val Saint-Côme, Saint-Côme
 450 883-0701 – 1 800 363-2766 – valsaintcome.com

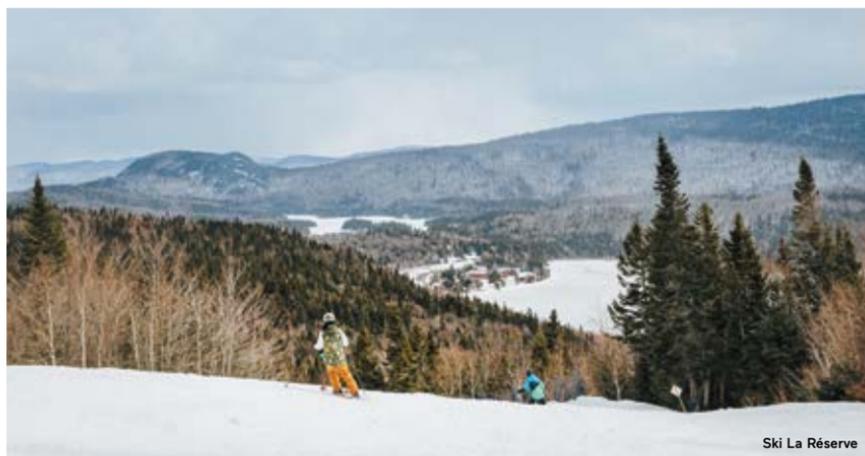
Ski Garceau

190, chemin du Lac Blanc, Saint-Donat
 819 424-2784 – 1 800 427-2328 – skigarceau.com

Ski La Réserve

56, chemin du Mont-La-Réserve, Saint-Donat
 819 424-1373 – 1 877 424-1373 – skilareserve.com

| The mountain | | | | | Services |
|----------------------------|-------------------|----------------|-----------------------------|-----------|----------|
| Number of trails (lighted) | Vertical drop (m) | Ski lift | Difficulty | | |
| 24 | 150 | A5 B2 E1 | ● 9 ■ 9 ◆ 8 | ☑ X | |
| 37 (8) | 305 | A3 B1 E1 | ● 9 ■ 13 ◆ 11 ◆◆ 4 | ☑ ☑ X ☑ ☑ | |
| 37 | 305 | A2 E2 | ● 9 ■ 9 ◆ 10 ◆◆ 9 | ☑ X ☑ ☑ | |
| 37 | 305 | A2 C1 E1 | ● 9 ■ 8 ◆ 12 ◆◆ 8 | ☑ X ☑ | |



Ski La Réserve

Cross-country Skiing and Snowshoeing

Difficulty

● : Easy ■ : Intermediate ◆ : Difficult

Les Moulins

Groupe Plein Air Terrebonne/TransTerbonne

1150, côte Boisée, Terrebonne
450 471-1933 – gpat.ca

The Plain

Chez Ti-Jean ski de fond

825, rang Petit Saint-Esprit, L'Épiphanie
450 588-5980 – erablieredautrefois.ca

The Foothills

Sentiers municipaux de Saint-Félix-de-Valois

600, chemin Joliette, Saint-Félix-de-Valois
450 889-5589 – st-felix-de-valois.com

Ski Montcalm

3294, rue Park, Rawdon
450 834-3139 – skimontcalm.com

Tournée des cantons de Rawdon

3999, chemin Lakeshore, Rawdon
facebook.com/tourneedescantonsderawdon

Les Sentiers Brandon

1726, rue Dequoy, Saint-Gabriel-de-Brandon
450 835-5872 – lessentiersbrandon.com

Ski de fond Lanaudière

2650, route Louis-Cyr, Saint-Jean-de-Matha
1 866 391-9301 – skidefondlanaudiere.com

Ski Montagne-Coupée

220, ch. de la Montagne-Coupée, Saint-Jean-de-Matha
450 886-3845 – skimontagnecoupee.com

| | Snow-shoeing | | | Cross-country skiing | | | | Services |
|---|-------------------|--------------|-------------|----------------------|--------------|-------------|---------|-------------|
| | Total Length (km) | Total number | Difficulty | Total Length (km) | Total number | Difficulty | Skating | |
| Les Moulins Groupe Plein Air Terrebonne/TransTerbonne 1150, côte Boisée, Terrebonne 450 471-1933 – gpat.ca | 20 | 2 | ● ■ | 20 | 2 | ● ◆ | ✓ | 📶 📶 📶 📶 |
| The Plain Chez Ti-Jean ski de fond 825, rang Petit Saint-Esprit, L'Épiphanie 450 588-5980 – erablieredautrefois.ca | 10 | 3 | ● ■ | 34 | 7 | ● ■ ◆ | ✓ | 📶 X S |
| The Foothills Sentiers municipaux de Saint-Félix-de-Valois 600, chemin Joliette, Saint-Félix-de-Valois 450 889-5589 – st-felix-de-valois.com | 6 | 3 | 9 | 6 | 3 | ● | | 📶 📶 📶 |
| Ski Montcalm 3294, rue Park, Rawdon 450 834-3139 – skimontcalm.com | 15 | 7 | ● ■ ◆ | 15 | 7 | ● ■ ◆ | ✓ | S X 📶 📶 |
| Tournée des cantons de Rawdon 3999, chemin Lakeshore, Rawdon facebook.com/tourneedescantonsderawdon | 14 | 9 | ● ■ ◆ | 30 | 11 | ● ■ ◆ | | X 📶 |
| Les Sentiers Brandon 1726, rue Dequoy, Saint-Gabriel-de-Brandon 450 835-5872 – lessentiersbrandon.com | 8 | 8 | ● ■ | 22 | 7 | ● ■ | | 📶 📶 📶 📶 |
| Ski de fond Lanaudière 2650, route Louis-Cyr, Saint-Jean-de-Matha 1 866 391-9301 – skidefondlanaudiere.com | 4 | 2 | ● ◆ | 45 | 7 | ● ■ ◆ | ✓ | 📶 X 📶 S 📶 |
| Ski Montagne-Coupée 220, ch. de la Montagne-Coupée, Saint-Jean-de-Matha 450 886-3845 – skimontagnecoupee.com | 20 | 6 | ● ■ ◆ | 73 | 11 | ● ■ ◆ | ✓ | 📶 📶 X 📶 📶 📶 |

Cross-country Skiing and Snowshoeing

Difficulty

● : Easy ■ : Intermediate ◆ : Difficult

The Foothills

Havre Familial

1085, rang du Havre-Familial, Sainte-Béatrix
450 883-2271 – 1 888 883-2271 – havrefamilial.com

The Mountains

Saint-Côme Municipality

Information: 1661-A rue Principale, Saint-Côme
450 883-2730 – stcomelanaudiere.ca

Mont-Tremblant National Park [ad. p.66]

Sector La Pimbina, Saint-Donat
819 688-2281 – sepaq.com/tremblant

Saint-Donat Municipal Trails [ad. p.5]

Saint-Donat
819 424-2833 – 1 888 783-6628
tourismesaint-donat.com

Matawinie Regional Park [ad. p.67]

450 883-2730 – 1 866 266-2730 – parcsregionaux.org

Matawinie National Trails

819 424-1865 – 1 866 484-1865

Forêt Ouareau Regional Park

Notre-Dame-de-la-Merci
819 424-1865 – 1 866 484-1865

Chute-à-Bull Regional Park

Saint-Côme
450 883-2730 – 1 866 266-2730

Sept-Chutes Regional Park

Saint-Zénon
450 884-0484

| | Snow-shoeing | | | Cross-country skiing | | | | Services |
|---|-------------------|--------------|-------------|----------------------|--------------|-------------|---------|-------------------|
| | Total Length (km) | Total number | Difficulty | Total Length (km) | Total number | Difficulty | Skating | |
| Havre Familial | 12 | 7 | ● ■ | 30 | 5 | ● ■ ◆ | | \$ 国 旗 X 📶 🏠 🚰 |
| Saint-Côme Municipality | 18 | 9 | ● ■ ◆ | 11 | 8 | ● ■ | | X 国 旗 🏠 |
| Mont-Tremblant National Park [ad. p.66] | 25 | 6 | ● ■ ◆ | 45 | 4 | ● ■ ◆ | | 📶 国 旗 \$ 🏠 🚰 |
| Saint-Donat Municipal Trails [ad. p.5] | 170 | 55 | ● ■ ◆ | 123 | 30 | ● ■ ◆ | | 🏠 🏠 国 旗 🚰 |
| Matawinie Regional Park [ad. p.67] | 180 | 1 | ● ■ ◆ | | | | | 🏠 |
| Forêt Ouareau Regional Park | 52 | 6 | ● ■ ◆ | 26 | 9 | ● ■ ◆ | | 🏠 \$ |
| Chute-à-Bull Regional Park | 6 | | ● ■ | | | | | 🏠 \$ |
| Sept-Chutes Regional Park | 12 | 6 | ■ ◆ | | | | | 🏠 \$ |

Dogsledding

The Plain

Saint-Liguori

Les Aventures Liguoriennes



179, 5^e rang, Saint-Liguori
450 834-1387 – aventuresliguoriennes.com
Schedule: From December to the end of March,
from 8 h 30 am to 5 pm. Reservations required.

Certified member of Aventure Écotourisme Québec. Located just one hour from Montreal in Saint-Liguori, we invite you to come and experience winter another way: dogsledding! Accompanied by an expert guide and in complete safety, learn to drive your own team of Alaskan huskies along our trails. Enjoy a ride of 15 to 40 km through some beautiful landscapes.

The Foothills

Rawdon

Kinadapt



1800, chemin Laurin, Rawdon
450 834-4441 – kinadapt.com
Schedule: Year-round, 8 am to 6 pm,
reservations required.

Not far from Montreal, learn with our huskies how to effectively lead your own dog team or ride with a guide through the mountains and woods – day or nighttime excursions available. Various activities throughout the seasons with our certified guides: dogsledding, canicross, mountain biking, fat biking, hiking, and sports camp. Proud contributor to the 1% for the Planet network. Thank you for protecting Quebec's ecosystems!

The Mountains

Saint-Michel-des-Saints

Évasion Nature/Expédition K9



1521, rue des Aulnaies, Saint-Michel-des-Saints
450 833-1462 – chiendetraineauauquebec.com
Schedule: a.m. only.

Évasion Nature is the perfect place to enjoy a truly authentic dogsledding adventure. We head out only once a day, with a maximum of 10 people. Since we put more dogs per sled (10 instead of 6), we can cover more territory per ride. What more could you ask for? Come see for yourself!



Kinadapt

Indoor and Family Activities, Spas and Health Centres

Combining relaxation and nature, Lanaudière spas are ideal for enjoying a day as a couple, with friends or just by yourself. Many other original activities are available for families, indoors or outdoors. Memorable times await you in Lanaudière!

▼ Classified by sector, by sub-themes and in alphabetical order of municipalities.

Family Activities

The Foothills

Rawdon

Le Grand Labyrinthe de Lanaudière Ferme Guy Rivest

1305, chemin Laliberté, Rawdon
450 834-5127 – fermeguyrivest.com
Schedule: End of July to August 31, every day from 9 am to 6 pm. September and October: Wednesday to Sunday, from 9 am to 6 pm.

With family or friends, come tackle our gigantic corn maze. Covers over 60,000 m², so you're sure to get lost for a while! Fun and educational, our circuit is adapted for strollers and wheelchairs. Check out our special activities (night, Halloween)!
Cost: from \$4.50 per person.



The Lanaudière Big Maze at Ferme Guy Rivest

Saint-Calixte

Familizoo

11 155, route 335, Saint-Calixte
450 222-5225 – familizoo.com
Schedule: Year-round.

Familizoo is located in Saint-Calixte, just 45 minutes from Montreal, on a 1,500,000 sq. ft. area of land with professional installations. Our zoo features over 300 animals of different species in a safe, wooded environment. All the paths are paved and adapted for strollers and wheelchairs. Our committed staff and beautiful animals await you for a memorable day!

The Mountains

Saint-Côme

Étangs d'Émélie

550, rang Petit-Beloeil, Saint-Côme
450 883-1748 – pisciculture.ca

We do trout farming for fishing in our ponds. Ideal place for children and adults alike to learn how to fish. Easily accessible, no permit required, and fishing rods included. Open year-round. Price based on number of fish caught (\$10 per trout between 11 and 14 inches). Not reservations required.

Indoor Activities

Les Moulins

Mascouche

Laser Action

\$

570, montée Masson, Mascouche
450 474-5111 – laseraction.ca
Schedule: Year-round. See our website for details.

Come have fun at Laser Action, an interactive adventure game in which you'll undertake a mission in a safe environment. Set in an extraordinary décor, unique in Lanaudière, Laser Action offers a 5,250 sq. ft. arena, with a capacity of up to 36 players, where you can put your talents to the test and refine your strategy skills. The site is equipped with bases, mines and other tools to help you reach your goal! Our virtual reality activity is a virtual laser tag simulation featuring 6 different dimensions. Play solo or in a team.

Spas and Health Centres

Les Moulins

Terrebonne

Spa Santé le Nénuphar

704, rue Saint-Pierre, Terrebonne
450 471-7193 – spasantelenenuphar.com

Spa santé le Nénuphar becomes a magical place as soon as you arrive, you will feel the calm and the enveloping warmth of the place. Our most important desire is to help you eliminate all the stress and pain that interferes with your well-being. Let us offer you a moment of relaxation where the harmony of body and mind meet.



La Source Bains Nordiques

Spa Santé
corps & âme

MASSAGE THERAPY
BEAUTY TREATMENTS
FINNISH SAUNA
BODY TREATMENTS
INDOOR & PRIVATE
NORDIC BATHS

PACKAGES & GIFT CARDS
AVAILABLE

spasante.ca 450 589-8885
831, Boul. L'Ange-Gardien Nord, L'Assomption

The Plain

L'Assomption

Spa Santé Corps et Âme

831, boul. l'Ange-Gardien Nord, suite 101, L'Assomption
450 589-8885 – spasante.ca
Schedule: Year-round.

At Spa Santé Corps & Âme in L'Assomption, whether you come to unwind or enjoy the therapeutic benefits of our wide variety of treatments, our team will offer you a relaxing time in a friendly and luxurious atmosphere. Our spa is certified by Spa d'Excellence, your guarantee of quality based on the highest industry standards. Treat yourself to a unique regenerating getaway in our indoor salt-water private baths or Finnish sauna.

The Foothills

Mandeville

Spa Natur'Eau

22, chemin Natur'Eau, Mandeville
450 835-1300 – 1 866 697-4864 – natureau.com
Schedule: Year-round.

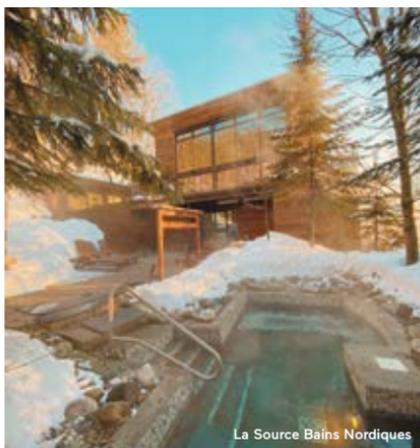
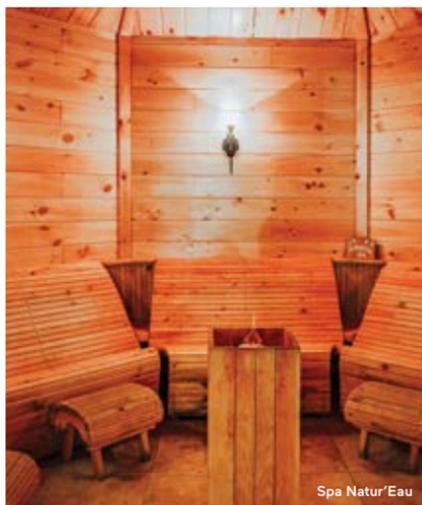
Spa Natur'Eau offers a Finnish sauna, Turkish bath, Nordic waterfall, three outdoor whirlpools, a relaxation area "the Yurt," an aromatherapy room, as well as a health bistro. Complete your visit with a body care treatment. Parent-child day every Sunday from 10 am to 1 h 30 pm After a truly relaxing day, stay onsite in one of our eight deluxe, comfortable lodgings. [ad. p101]

Rawdon

La Source Bains Nordiques

4200, rue Forest-Hill, Rawdon
450 834-7727 – 1 877 834-7727 – lasourcespa.com
Schedule: Year-round.

Located in Rawdon, just 60 minutes from Montreal, La Source Nordic Baths is a relaxation space complete with a nature-connecting experience. Built directly into the mountainside, our facilities include hot baths, cold baths, a natural pond, relaxation grotto, steam bath, dry sauna, indoor and outdoor relaxation environments, incomparable massage therapy services and delicious bistro food. La Source Nordic Baths is a soothing spot in a natural setting, open 365 days a year, whatever the weather.



Saint-Jean-de-Matha

La Montagne Coupée

1000, ch. de la Montagne-Coupée, Saint-Jean-de-Matha
450 886-3891 – 1 800 363-8614 – montagnecoupee.com
Schedule: Year-round.

On a mountain peak, enjoy peace and quiet, the restorative effect of nature and a special degree of comfort with a stay that is sure to revive you. We offer a wealth of body treatments including massage therapy, lymphatic drainage, seaweed wrapping, exfoliation, hot stone massage, aesthetic treatments and much more. Our highly qualified staff are ready to serve all your needs.

The Mountains

Saint-Côme

Auberge Aux Quatre Matins

155, rue des Skieurs, Saint-Côme
450 883-1932 – 1 800 929-1932 – auxquatrematins.ca
Schedule: Open year-round, 10 am to 10 pm.
Reservations required.

Relax and let yourself be pampered! Try our body care treatments provided by certified professionals – Swedish or hot stone massage, face care, body wrap, reflexology and more. Make the most of your visit by combining your massage with the benefits of thermotherapy in our Nordic baths and saunas located in the heart of nature.

New: children are welcome every day, from 10 am to noon, accompanied by a parent. Gift cards available.



Auberge du Lac Taureau

Centre de Santé Le Rituel

1421, rue Principale, Saint-Côme
 450 883-0335 – centrelertuel.com
 Schedule: Year-round, daily. Reservations required.

Located on the shores of the L'Assomption River in Saint-Côme, this friendly, welcoming centre offers massage therapy and aesthetic treatments. Spa, sauna and relaxation areas with fireplace, hammocks and river swimming for your pleasure. Enjoy a unique lodging experience with a Rustic Accommodation Package: a cabin in summer, an igloo in winter. You can also rent the site for your exclusive use for private parties. Fun guaranteed!

Saint-Michel-des-Saints

Auberge du Lac Taureau



1200, ch. de la Baie-du-Milieu, Saint-Michel-des-Saints
 450 833-1919 – 1 877 VACANCE – lactaureau.com
 Schedule: Year-round.

Come unwind in a welcoming setting in the heart of nature. Whether for a massage, relaxation or body care treatment, the Auberge du Lac Taureau's health spa offers a wide range of services. Take advantage of your visit to enjoy our indoor pool, saunas and outdoor hot tubs year-round.



NATUR'EAU
 SPA & CHILET'S



www.natureau.com
 1 (866) 697-4864
 22 Chemin Natur'EAU, Mandeville, J0K 1L0





104 -> Accommodations

- 104 Hotels/motels
- 107 Other Accommodation Establishments
- 107 Bed and Breakfasts
- 107 Tourist Homes
- 110 Vacation Centres
- 110 Campgrounds
- 112 Outfitters
- 114 Experience Lodging

116 -> Places to Eat

- 116 Microbreweries
- 117 Restaurants

Accommodations and Places to Eat

Accommodations

Lanaudière offers a warm welcome to visitors seeking a good night's sleep. Charmingly authentic accommodations encourage you to stay a little longer in such comfortable settings. Under the stars, in a cozy B&B or in a cabin in the forest – we have all you need for an outstanding experience.

Price range

| | |
|-------------|------------|
| \$: | Under \$75 |
| \$\$: | \$75–100 |
| \$\$\$: | \$101–150 |
| \$\$\$\$: | \$151–200 |
| \$\$\$\$\$: | Over \$200 |

▼ Classified by type of accommodation, by sector and in alphabetical order of municipalities.

Hotels/motels

Les Moulins

Motel Mascouche

★★
6266021

2905, chemin Gascon, Mascouche
450 477-8555
motelmascouche.com
50 units – \$ – AC

Imperia Hôtel et suites Terrebonne

★★★
246934

2935, boulevard de la Pinière, Terrebonne
450 492-3336 – 1 888 472-3336
imperiahotel.com
80 units – \$\$\$\$ – AC ☎️ 📺 📞 🚰 🚿 🛏️

Auberge Le Petit Saint-André

★★★
195602

211, rue Saint-André, Terrebonne
450 471-8822 – 1 888 471-8822
aubergelestandre.ca
12 units – \$\$\$\$ – AC ☎️

Super 8 Lachenaie

★★★
221486

1155, rue Yves-Blais, Terrebonne
450 582-8288
super8lachenaie.com

81 units – \$\$\$\$ – AC ☎️ 📺 📞 🚰 🚿 🛏️
[ad. back cover]

The Côte

Days Inn Berthierville

★★★
510572

760, rue Gadoury, Berthierville
450 836-1621 – 1 888 367-6853
daysinnberthier.com

58 units – \$\$\$\$ – AC ☎️ 📺 📞 🚰 🚿 🛏️
[ad. p.105]

Motel B.R.

★★★
501572

801, Grande Côte Ouest (route 138), Berthierville
(Ste-Geneviève-de-Berthier)
450 836-3277
motel-b-r.business.site

5 units – \$ – AC 📺 📞 🚰 🚿 🛏️



IMPERIA
HOTEL • SUITES

TERREBONNE | ST-EUSTACHE | BOUCHERVILLE
imperiahotel.com | 1 888 472 3336

Hôtel Charlemagne

★★★
504910

115, boulevard Céline Dion, Charlemagne
450 582-5933 – 1 888 430-4641
hotel-charlemagne.com
36 units – \$\$\$ – AC ☑ X

Le Motel Capri & Suites

★★
577076

658, rue Notre-Dame, Repentigny
450 581-2282 – 1 800 361-7476
motelcapri.com
50 units – AC ☑ ☑ ☑ X



**Motel Capri
& Suite**

- Free coffee and continental breakfast from 6 to 10 am
- Wake-up call available 24/7
- Cable TV
- Wi-Fi
- Coffee maker in the room
- Ice machine for all rooms

658, Notre-Dame Street, Repentigny
450 581-2282 | 1 800 361-7476
motelcapri.com

Motel Derval

★★
503576

1435, rue Notre-Dame, Repentigny
450 585-6444
motelderval.com
13 units – \$\$ – AC ☑ ☑ ☑

The Plain

Hôtel Château Joliette

★★★★
514242

450, rue Saint-Thomas, Joliette
450 752-2525 – 1 800 361-0572
chateaujoliette.com
90 units – \$\$\$\$ – AC ☑ X ☑ ☑ ☑ [Pub. p.2]

Motel Joliette

★
585970

2070, rue de la Visitation, Saint-Charles-Borromée
450 756-4518
motel-joliette-inc.business.site
23 units – \$ – AC ☑ ☑ ☑ ☑

Motel Le Classique de Joliette

✍
536933

310, rue de la Visitation, Saint-Charles-Borromée
450 756-0588
motelclassique.com
22 units – \$ – AC ☑ ☑ ☑

Motel St-Thomas

★
559532

1244, route 158, Saint-Thomas
450 755-3822
motelstthomas.com
12 units – \$ – AC ☑ ☑ ☑ ☑

Days Inn
BY WYNDHAM
BERTHIERVILLE

**SMILES
DISTRIBUTOR!**

1 450 836-1621
daysinnberthier.com

Auberge ma Maison ★★
594016
1291, rang Pied-de-la-Montagne, Sainte-Mélanie
450 889-2296
aubergemamaison.com
7 units – \$\$\$ – WiFi

The Foothills

L'Auberge Rond ★★
113363
13, chemin de la Cabane, Mandeville
450 835-0947 – aubegerond.com
6 units – \$\$\$ – WiFi, AC, TV, X, ♿, 🚰, 🚰

Rawdon Golf Resort ★★ ★
294004
3999, Lake Shore Drive, Rawdon
450 834-2320 – 1 800 363-8655
rawdongolfresort.com
10 units – \$\$\$ – WiFi, AC, TV, X, ♿, 🚰, 🚰, 🚰

Auberge le Cheval Bleu 🍷
625763
414, route 343, Saint-Alphonse-Rodriguez
450 883-3080 - 1 866 883-3080
lechevalbleu.com
4 units – \$\$\$ – WiFi, ♿, 🚰

La Montagne Coupée 🍷
505621
1000, chemin de la Montagne-Coupée,
Saint-Jean-de-Matha
450 886-3891 – 1 800 363-8614
montagnecoupee.com
47 units – \$\$\$ – WiFi, AC, TV, X, ♿, 🚰, 🚰, 🚰

Auberge du CVC Lanaudière ★★ ★
512271
2591, route Louis-Cyr (route 131)
Saint-Jean-de-Matha
450 886-9301 – 1 866 391-9301
cvc-lanaudiere.com
37 units – \$\$\$ – WiFi, AC, TV, X, ♿, 🚰, 🚰, 🚰

Hôtel La Porte de la Matawinie ★★ ★
222626
891, route Louis-Cyr (route 131), Saint-Jean-de-Matha
450 886-0202 – 1 877 881-0202
hotelportematawinie.com
23 units – \$\$\$ – WiFi, AC, TV, X, ♿, 🚰, 🚰

The Mountains

Auberge Manawan ★★
273641
80, rue Metabeckeka, Manawan
450 757-9361 – aubergemanawan.com
10 units – \$\$\$ – WiFi, AC, TV, X, ♿, 🚰

Auberge Aux Quatre Matins ★★ ★
618343
155, rue des Skieurs, Saint-Côme
450 883-1932 – 1 800 929-1932
auxquatrematins.ca
12 units – \$\$\$ – WiFi, AC, TV, X, ♿, 🚰, 🚰, 🚰, 🚰

Motel Saint-Côme ★★
138740
1597, rue Principale, Saint-Côme
450 883-3331 – 1 877 883-3331
motelstcome.com
21 units – \$\$\$ – AC, ♿

Auberge Val Saint-Côme ★★ ★
510822
200, rue de l'Auberge, Saint-Côme
450 883-0655 – 1 800 363-2766
aubergevsc.com
30 units – \$\$\$ – WiFi, AC, TV, X, ♿, 🚰, 🚰, 🚰, 🚰

Hôtel-Spa Le Suisse ★★ ★
281831
479, rue Desrochers, Saint-Donat
819 424-0101 – 1 844 466-0101
hotelspalesuisse.com
10 units – \$\$\$ – WiFi, AC, TV, X, ♿, 🚰, 🚰

Auberge du Lac Taureau ★★ ★
150953
1200, chemin de la Baie-du-Milieu
Saint-Michel-des-Saints
450 833-1919 – 1 877 822-2623
lactaureau.com
106 units – \$\$\$ – WiFi, AC, TV, X, ♿, 🚰, 🚰, 🚰, 🚰, 🚰, 🚰, 🚰, 🚰

Hôtel Central ★★ ★
580300
510, rue Brassard, Saint-Michel-des-Saints
450 833-1331 – 1 877 833-1331
hotelcentralrestobar.com
32 units – \$ – WiFi, AC, TV, X, ♿, 🚰, 🚰

Motel-Restaurant Au Vieux Moulin à Scie ★★
537515
340, rue Saint-Maurice Est, Saint-Michel-des-Saints
450 833-6656
moulinascie.com
9 units – \$\$\$ – WiFi, X, ♿, 🚰

Auberge La Glacière ★★
244403
4551, chemin Brassard Sud (route 131), Saint-Zénon
450 884-0250
laglaciere.com
30 units – \$\$\$ – WiFi, X, ♿

Beside Habitat

302, avenue Morgan, Rawdon, Chertsey
besidecabins.com
 6 units – \$\$\$\$ – 🚰 🚿 🚽 🚰
 Largest unit capacity : 8

📍
 305584
 305202
 304398
 305199
 305200
 305201

Le Grand Boisé

3140, chemin des Monts, Chertsey
 514 571-9644
legrandboise.com
 1 unit – \$\$\$\$ – 📶 🚰 🚿 🚽 🚰
 Largest unit capacity : 12

📍
 300683

Le Jeanne d'Arc

760, rue Daphnie, Chertsey
 514 261-9799
 1 unit – AC 🚰 🚿 🚽 🚰
 Largest unit capacity : 8

★★★★
 291303

Les Chalets du Lac Grenier

100, rue des Mille-Feuilles, Chertsey
 514 982-9797 – 1 877 982-9797
lacgrenier.com
 8 units – \$\$\$\$ – 📶 🚰 🚿 🚽 🚰
 Largest unit capacity : 8

★★★★
 218455

Ô Chalet villégiature

3073, avenue du Lac-Clermoustier, Chertsey
 514 726-9536
ochalet.ca
 8 units – \$\$\$\$ – 📶 🚰 🚿 🚽 🚰
 Largest unit capacity : 14

★★★★
 247100
 ★ 🚰 🚿 🚽 🚰
 284546
 285751
 295242
 295243
 295233

Chalets NerBert

1700, chemin du parc, Mandeville
 514 968-8409
 6 unit – \$\$\$\$ – 📶 🚰 🚿 🚽 🚰
 Largest unit capacity : 20

★★★★
 298570
 302860
 297802
 295286
 295655
 299877

Les Cocons

182, chemin de la Montagne, Mandeville
 514 777-2075 – les-cocons.com
 1 unit – AC 🚰 🚿 🚽 🚰
 Largest unit capacity : 4

📍
 303622

Chalets Beausoleil

1, chemin du Domaine, Mandeville
 450 835-1545
chalets-beausoleil.com
 2 units – \$\$\$\$ – 📶 🚰 🚿 🚽 🚰
 Largest unit capacity : 8

★★★★
 160591

Domaine Natur'Eau

22, chemin Natur'Eau, Mandeville
 450 835-1300 – 1 866-697-4867
natureau.com
 5 units – \$\$\$\$ – 📶 AC 🚰 🚿 🚽 🚰
 Largest unit capacity : 8

★★★★
 221865
 296924

Auberge des Cascades

3631, rue Lee, Rawdon
 514 702-3552 – aubergedescascades.com
 1 unit – \$\$\$\$ – 📶 AC 🚰 🚿 🚽 🚰
 Largest unit capacity : 14

★★★★
 270992

Chalets des Pins

5749, chemin Vincent-Massey, Rawdon
 450 834-3401 – 1 877 834-3401
chaletsdespins.com
 4 units – \$\$\$\$ – 📶 AC 🚰 🚿 🚽 🚰
 Largest unit capacity : 10

★★★★
 134971
 268623

Chalets Lanaudière

8082, chemin Morgan, Rawdon
 450 834-6383 – 1 877 834-6383
chaletslanaudiere.ca
 25 units – \$\$\$ – 📶 🚰 🚿 🚽 🚰
 Largest unit capacity : 50

★★
 264014
 277292



Beside Habitat

**La Montagne Coupée,
Le Tilleul et Le Chêne**★★★
2968741000, ch. de la Montagne-Coupée, Saint-Jean-de-Matha
450 886-3891 – 1 800 363-8614montagnecoupee.com

2 units – \$\$\$\$ – 📶 AC 📺 🍳 🍷 🍷 🍷 🍷

Largest unit capacity : 25

Auberge du Lac Priscault★★★
175825100, rang Petit-Beloeil, Saint-Côme
514 554-1183aubergelacpriscault.com

5 units – 📶 🍳 🍷 🍷 🍷 🍷

Largest unit capacity : 24

Chalet de l'Aigle à Tête blanche★★★
231792420, chemin Martin-Prévost, Sainte-Béatrix
450 803-3133

1 unit – \$\$\$\$ – 📶 📺 🍳 🍷 🍷 🍷

Largest unit capacity : 6

Au Chic Chalet des Chutes★★
2770821326, 8^e Rang, Sainte-Mélanie
450 883-8320chicchaletdeschutes.com

3 units – 📶 AC 📺 🍳 🍷 🍷

The Mountains**Chalets Évasion**★★★
211805177, rue des Cèdres, Entrelacs
514 347-2422chaletsevasion.com

15 units – \$\$\$\$ – 📶 AC 📺 🍳 🍷 🍷 🍷 🍷

Largest unit capacity : 12

Chalets Arseneault★★★
161906
263465220, route 125, Notre-Dame-de-la-Merci
1 877 560-8060chaletsarseneault.com

7 units – \$\$\$\$ – 📶 🍳 AC 📺 🍳 🍷 🍷 🍷

Largest unit capacity : 12

BSD Résidences★★★
298537
2985362991, 130^e avenue, Saint-Côme
418 934-6306reservation.bsdrésidences.com

2 units – \$\$\$\$ – 📶 🍳 🍷 🍷 🍷

Largest unit capacity : 4

Chalets Chez Mamie🍴
30666851, avenue Gagné, Saint-Côme
514 291-1822chaletschezmamie.com

3 units – \$\$\$\$ – 📶 🍳

Largest unit capacity : 8

Condo Lelydia★★★★
223075454, rue de L'Auberge, Saint-Côme
514 444-2130condo-lelydia.com

5 units – \$\$\$\$ – 📶 🍳

Largest unit capacity : 9

Le Jadanie chalet★★★★
297111231, rue Jean-Baptiste-Lepage, Saint-Côme
514 512-2270lejadaniechalet.ca

1 unit – \$\$\$\$ – 📶 AC 📺 🍳 🍷 🍷 🍷 🍷

Largest unit capacity : 8

À l'abri du loup★★★
302872
238836
306595

Saint-Côme

514 553-2456

alabritduloup.com

3 units – 📶 🍳 🍷 🍷

Largest unit capacity : 14

La Fabrique à Souvenir🍴
304208861, 21^e rue, Saint-Côme
514 951-2678

1 unit – \$\$\$\$ – 📶 🍳 🍷

Largest unit capacity : 12

**Parc national du Mont-Tremblant
(secteur L'Assomption, Saint-Côme)**★★
612780

Saint-Côme

819 688-2281 – 1 800-665-6527

sepaq.com/pq/mot

19 units – 📶 🍳 🍷 🍷

Largest unit capacity : 10

Le Grand R★★★★
219752 • 253864
253875 • 253890
271386 • 275332
289306251, chemin Fusey, Saint-Donat
819 424-1333 – 1 855 424-1333legrandr.ca

29 units – \$\$\$\$ – 📶 AC 📺 🍳 🍷 🍷 🍷 🍷 🍷 🍷

Largest unit capacity : 10



The Plain

Camping Paradis

★★★★
203814

161, chemin Paradis, Saint-Félix-de-Valois
450 889-2512 – campingparadis.ca

253 sites/ready-to-camp

☉ 50% – 39-74 \$ – 📶🚰🚰🚰🚰🚰

Domaine Sentinelle du Parc

★★★★
200745

1410, chemin Barrette (route 131), Saint-Félix-de-Valois
450 889-2244 - 1 800 268-8892
domainesentinelle.com

410 sites

☉ 15% – 54-68 \$ – 🚰🚰🚰🚰🚰

Camping Aventure Sentinelle

★★★
200653

201, rue des Sources, Saint-Félix-de-Valois
450 889-4638 – 1 800 268-8892
aventuresentinelle.com

141 sites

☉ 20% – 48-64 \$ – 🚰🚰🚰🚰🚰

Camping Horizon

★★★
199721

170, route Saint-Philippe, Saint-Roch-de-L'Achigan
450 588-5607 – campinghorizon.ca

208 sites

☉ 60% – 31-47 \$ – 🚰🚰🚰🚰

Camping Belle-Vie

★★★★
627009

1630, rue des Copains, Sainte-Julienne
450 831-4167 – campingbellevie.com

216 sites/ready-to-camp

☉ 30% – 40-55 \$ – 🚰🚰🚰🚰🚰

Camping À la Plage Bernard

★★★
199706

100, rue Bernard, Sainte-Mélanie
450 756-2560 – campingbernard.com

376 sites/ready-to-camp

☉ 50% – 30-45 \$ – 🚰🚰🚰🚰🚰

The Foothills

Camping La Baie

★★★★
200045

120, chemin Lafrenière, Mandeville
450 835-2489 – campinglabaie.com

307 sites/ready-to-camp

☉ 70% – 46-57 \$ – 📶🚰🚰🚰🚰

Camping – Chalets Lanaudière

★★★
627547

8082, Chemin du Lac-Morgan, Rawdon
450 834-6383 - 1 877 834-6383
chaletslanaudiere.ca

20 sites – 📶🚰🚰

Forêt Ô Cascades

🍴
627667

4300, chemin Johanne, Rawdon
450 944-0165 - [facebook.com/foretocascades](https://www.facebook.com/foretocascades)
17 sites – 🚰

Camping du Circuit

★★★
216731

4000, route 335, Saint-Calixte
450 222-5051 – campingducircuit.com

133 sites/ready-to-camp

☉ 60% – 35-50 \$ – 🚰🚰🚰🚰🚰

Complexe Atlantide

★★★★
627420

11 155, route 335, Saint-Calixte
450 222-5225 – campingatlantide.ca

782 sites/ready-to-camp

47-67 \$ – 🚰🚰🚰🚰

Chutes Monte-à-Peine-et-des-Dalles Regional Park Camping

★
627651

440, Sainte-Louise ouest, Saint-Jean-de-Matha
450 883-6060 – parcdeschutes.com

22 sites (wild camping)

40-40 \$ – 📶🚰🚰

The Mountains

Forêt Ouareau Regional Park

627401

Chertsey, Secteur Grande-Jetée
Notre-Dame-de-la-Merci, secteur du Pont suspendu
450 883-2730 – 1 866 266-2730
parcsregionaux.org

173 sites/ready-to-camp

☉ 80% – 35-35 \$ – 📶🚰🚰

**Mont-Tremblant National Park
L'Assomption Sector**

★★★
206706

5555, chemin du Parc, Saint-Côme
819 688-2281 – 1 800 665-6527
sepaq.com/pg/mot

125 sites/ready-to-camp
☉ 80% – 25-40 \$ – 📶 🚰 🚽 🚿 🛖

**Mont-Tremblant National Park
Pimbina-Saint-Donat Sector**

★★★
199791

2954, route 125 Nord, Saint-Donat
819 424-2954 – 1 800 665-6527
sepaq.com/pg/mot

243 sites/ready-to-camp
☉ 80% – 23-41 \$ – 📶 🚰 🚽 🚿 🛖

Camping Des Roses

★★
203781

180, chemin des Roses, Saint-Michel-des-Saints
450 833-5556
campingdesroses.ca

142 sites/ready-to-camp
☉ 50% – 39-56 \$ – 📶 🚰 🚽 🚿 🛖

Camping Municipal du Lac Taureau

★★
200200

350, chemin du Lac Taureau
Saint-Michel-des-Saints
450 833-1161
smds.quebec/loisirs-et-culture

149 sites
☉ 85% – 45-52 \$ – 📶 🚰 🚽 🚿 🛖

Parc régional du Lac Taureau

★★
627063

8000, chemin Manawan, Saint-Michel-des-Saints,
450 834-7750
parcsregionaux.org

390 sites
39-130 \$ – 📶 🚰 🚽 🚿 🛖

Outfitters

The Côte

Pourvoirie du Lac Saint-Pierre

★★★
850073

2309, rang Saint-Pierre, Saint-Ignace-de-Loyola
GPS : 46,1117; -73,0758

450 836-7506 – 1 877 836-7506
lacsaintpierre.com
5 units – 📶 🚰 🚽 🚿 🛖

Pourvoirie Roger Gladu

★★★
850069

2450, rang Saint-Pierre, Saint-Ignace-de-Loyola
GPS : 46,1137; -73,0750
450 836-1317 – 1 866 836-1317
pourvoirierogergladu.com
3 units – 📶 🚰 🚽 🚿 🛖

The Foothills

Centre du Pourvoyeur Mastigouche

★★★
850035

10, Lac Lachute, Mandeville
GPS : 46,4659; -73,3996
450 835-2533
pourvoiriemastigouche.com
28 units – 🚰 🚽 🚿 🛖

Pourvoirie du Lac Blanc

★★★★★
850147

1000, chemin du Domaine Pellerin
Saint-Alexis-des-Monts
GPS : 46,4111; -73,1948
819 265-4242
pourvoirielacblanc.com/fr-ca
35 units – 📶 🚰 🚽 🚿 🛖

Domaine du Renard Bleu

1★ à 3★
850075

9, chemin des Clubs, Saint-Damien
GPS : 46,3873; -73,5302
450 835-7422 – 1 855 935-7422
domainerenardbleu.ca
20 units – 📶 🚰 🚽 🚿 🛖

The Mountains

Pourvoirie Coin Lavigne

3★ à 4★
850259

5045, chemin du Parc, Saint-Côme
GPS : 46,3834; -73,8963
450 883-1072 – 1 800 872-1072
coinlavigne.com
20 units – 📶 🚰 🚽 🚿 🛖

Pourvoirie du Lac Croche

1★ à 4★
850278

1020, rue du Lac-Croche, Saint-Côme
GPS : 46,3118; -73,9033
450 883-6474
pourvoiriedulacroche.com
11 units – 🚰 🚽 🚿 🛖

Pourvoirie Pignon Rouge Mokocan

2★ à 4★
850257

1, chemin du Lac-Mica, Saint-Michel-des-Saints
GPS : 46,7834; -74,0049
450 833-5083 – pourvoiriepignonrouge.com
17 units – 📶 🚰 🚽 🚿 🛖

**Pourvoirie Richard**★★★
850077

1410, chemin Cyprés, Saint-Michel-des-Saints
 GPS : 46,6401; -74,0163
 450 833-5286
pourvoirierichard.com
 5 units – 📶 🚰 🚿 🛏

Pourvoirie Trudeau2★ à 4★
850076

4551, chemin Brassard, Saint-Zénon
 GPS : 46,4981; -73,7390
 450 884-5432 – 1 800 293-5432
pourvoirietrudeau.com
 36 units – 📶 🚰 🚿 🛏

Pourvoirie du Milieu2★ à 4★
850037

591, rue Brassard, Saint-Michel-des-Saints
 GPS : 46,6789; -73,9171
 450 833-5335 – 1 877 933-5335
pourvoiriedumilieu.ca
 19 units – 📶 🚰 🚿 🛏

Pourvoirie Pavillon Basilières2★ à 3★
850261

3328, chemin Brassard Sud, Saint-Zénon
 GPS : 46,4143; -73,7117
 450 884-0228
pavillonbasilieres.com
 12 units – 📶 🚰 🚿 🛏

Pourvoirie Le Vent de la Savane★★★
850071

100, Lac Savane, Saint-Michel-des-Saints
 GPS : 46,7302; -74,1733
 450 803-7451
ventdelasavane.com
 10 units – 📶 🚰 🚿 🛏

Pourvoirie Au Pays de Réal Massé2★ à 4★
850260

6000, chemin du Pays, Saint-Zénon
 GPS : 46,4549; -73,6665
 450 884-5502
realmasse.com
 43 units – 📶 🚰 🚿 🛏

Pourvoirie Kanamouche★★★★
850256

7639, chemin Brassard, Saint-Michel-des-Saints
 GPS : 46,6388; -73,8927
 450 833-6662
kanamouche.com
 15 units – 📶 🚰 🚿 🛏

Pourvoirie Saint-Zénon2★ à 4★
850258

111, chemin de la Pourvoirie, Saint-Zénon
 GPS : 46,5028; -73,7119
 450 884-5320
pourvoirie-stzenon.com
 15 units – 📶 🚰 🚿 🛏

Pourvoirie du Lac-du-Repos2★ à 3★
850072

Lac Lounays, au nord de Saint-Michel-des-Saints
 GPS : 47,2297; -74,1129
 514 600-0372
pourvoirielacdurepos.com
 13 units – 📶 🚰 🚿 🛏

Pourvoirie Domaine Bazinet3★ à 4★
850079

3000, chemin Bazinet, Sainte-Émélie-de-L'Énergie
 GPS : 46,3688; -73,7346
 450 886-4444
domainebazinet.com
 29 units – 📶 🚰 🚿 🛏

Pourvoirie Kanawata3★ à 4★
850098

Lac Manouane, au nord de Saint-Michel-des-Saints
 GPS : 47,5914; -74,1432
 450 875-0977
 22 units – 📶 🚰 🚿 🛏

Auberge La Barrière3★ à 4★
850080

1000, chemin du Club-de-La-Barrière,
 Sainte-Émélie-de-L'Énergie
 GPS : 46,4138; -73,7774
 450 884-5748
aubergelabarriere.com
 23 units – 📶 🚰 🚿 🛏

Experience Lodging

The Foothills

Domaine Natur'Eau

22, chemin Natur'Eau, Mandeville
450 835-1300 – 1 866 697-4867 – natureau.com
Schedule: Open year-round.

Domaine Natur'Eau offers nature enthusiasts in search of authenticity a unique getaway at a peaceful site, where activities, lakes, rivers, mountains and hiking, ATV and snowmobile trails go hand in hand, season after season. The site offers 2 cabins, 2 pods and 4 mini-houses directly on the grounds of Spa Natur'Eau. Accommodations have all the conveniences you need for a relaxing getaway. Just give it a try, you'll be hooked! [ad. p.101]

Chalets Lanaudière



8082, chemin Morgan, Rawdon
450 834-6383 – 1 877 834-6383 – chaletslanaudiere.ca
Schedule: Open year-round.

Outdoor enthusiasts will love our yurts and cabins, located in the forest. Bordering a stream, the eight units make for beautiful alternative accommodations and promise an experience of true well-being. Fully equipped for your comfort and convenience (bedding, full kitchen, water, electricity, etc.). Multiple activities available onsite. Discover the various packages available through our different partners.

Ma Yourte au cœur des collines



270, rue Touchette, Saint-Calixte
450 222-2121 – mayourteaucoeurdesscollines.com

Run by a father-son team, our family business invites you to come enjoy a unique experience in one of our 3 four-season yurts or in a small cabin. Fully-equipped accommodations (electricity, propane gas fireplace, composting toilet, drinking water, refrigerator, microwave, etc.). Just bring your clothes and your own food. A lake and magnificent forest trails await you.



Ô 6° rang

3970, 6° Rang, Saint-Calixte
450 222-0909 – o6erang.com

Come re-energize yourself in a 12-acre haven of peace on the banks of the Petite Rivière, a tributary of the L'Achigan River. Ô 6° Rang offers an out-of-the-ordinary experience that was inspired by our Indigenous and European ancestors. No electricity, no running water: enjoy getting back to basics and becoming one with nature. Tepee and prospector tents available. Self check-in.

Les Pieds sur Terre

3160, 6° Rang, Saint-Calixte
450 914-4442 – hebergementlespiedssurterre.com
Schedule: Open year-round.

Want to completely immerse yourself in nature? Discover Les Pieds sur Terre's unique style of lodging, just 45 minutes from Montreal. Our accommodations combine originality and comfort in a tiny house and much more!

Hébergement du lac Copping

3318, chemin des Lacs
819 424-3736 – campinglaccopping.com

Our magnificent four-season yurts have the look and feel of a high-end cabin. They're fully equipped, decorated with care, perfectly secluded and feature a propane stove for a luxurious outdoor getaway. Includes bedding, kitchen unit (sink, gas cooker, fridge) and accessories (tableware, pots, dishtowels, etc.). Accessible by vehicle.

The Mountains

Kabania

2244, chemin du Grand-Duc, Notre-Dame-de-la-Merci
819 424-0721 – 1 800 522-2642 – kabania.ca
Schedule: Open year-round.

A very original form of ecotourism accommodation that will appeal to anyone seeking an experience out of the ordinary. Situated alongside the Ouareau Forest Regional Park and the Dufresne River, our cabins on stilts and small cabanitas offer you the opportunity to experience sleeping in the treetops.

Matawinie Regional Parks

Chute à Bull, Sept-Chutes,
Sentier national et Forêt Ouareau
450 883-2730 – 1 866 266-2730 – parcsregionaux.org

For the “coureur des bois” in you, we offer rustic nature lodging in one of our isolated refuges, as part of a day of hiking. More than ten refuges of different sizes are available, with room for 1 to 20 people, open year-round. [ad. p.65]

Le Gollé Goulu

1300-1320, rang des Venne, Saint-Côme
514 972-2341 – gollegoulu.com
Schedule: Open year-round.

Gollé Gollu is all about the connection between earth and the forest, and between humans and the world we live in. Our campsites aim to offer visitors the same experience. We have 4 ready-to-camp huts without electricity, equipped with a wood-burning stove, solar powered energy and pit toilets. There are also 15 wilderness campsites all located in the forest or on its outer edges. Water is available near the sites.

Mont-Tremblant National Park (Saint-Côme and Saint-Donat)

Saint-Côme and Saint-Donat
819 688-2281 – 1 800 665-6527 – sepaq.com/pq/mot
Schedule: Mid-May to mid-October.

Looking for a change of scene? Yurts offer all the equipment you need to enjoy a getaway in the heart of the forest. Four yurts border the majestic Lac des Cyprès and five are located on the shores of Lac L'Assomption and the river. The ready-to-camp “Étoile” site is ideal for a hassle-free stay. Located in the Saint-Donat sector, they're perfect for families looking to enjoy the beach, nature and many trails.

Saint-Donat Municipality Refuges

536, rue Principale, Saint-Donat
819 424-2383 – 1 888 783-6628
clubpleinairsaint-donat.org

Staying overnight in a rented hut in the heart of nature is a great option for hiking enthusiasts. Located alongside the trails, our huts can accommodate 8 to 12 people and are equipped with a wood-burning stove, mattresses, a table and chairs. An outhouse is nearby. [ad. p.5]

Camping rustique sur l'île Baribeau — Lac Taureau

Île Baribeau — Lac Taureau, Saint-Michel-des-Saints
450 271-5204 – jehmhautematawinie.org

Île Baribeau is a large island located on Lac Taureau in Saint-Michel-des-Saints. Camping is managed and maintained by the Jeunes Entrepreneurs Haute-Matawinie (JEHM). Several wilderness campsites (1 to 8 tents) are available, and you'll enjoy personalized service. This is a truly out-of-the-ordinary experience, ideal for nature lovers, canoeing/kayaking enthusiasts and families. Baggage transport offered at an additional fee. Three prospector tents are also available for a ready-to-camp experience.

Domaine de la Rivière Noire



1100, route Saint-Joseph, Sainte-Émélie-de-L'Énergie
514 443-8659 – 1 844 968-7831
domainerivierenoire.com

Enjoy a getaway at one of our charming ready-to-camp units nestled in the heart of nature along the Noire River. Three four-season units are available: Le Montana, Le New Jersey and Le Yukon. Each of which can sleep four. We also have two RV sites with electric hook-ups only.

Places to Eat

Our passion for good food is evident in every Lanaudière restaurant, bistro, microbrewery and café. From family brunches and romantic dinners to happy hours and festive evenings, you'll enjoy our warm hospitality, discover new flavours and certainly satisfy your taste buds!

| Price range | |
|--------------|------------|
| \$: | Under \$15 |
| \$ \$: | \$15-30 |
| \$ \$ \$: | \$31-50 |
| \$ \$ \$ \$: | Over \$50 |
| Meals | |
| 1: | Breakfast |
| 2: | Lunch |
| 3: | Supper |

▼ Classified by type of restaurant, by sector and in alphabetical order of municipalities.

Microbreweries

For microbreweries without catering service see page 52.

Les Moulins

L'Albatros, brasserie artisanale

2928, chemin Sainte-Marie, Mascouche
450 474-0033
lalbatrosbrasserieartisanale.com

\$ \$ - 2,3 - ☎YT

Specialties: A wonderful artisanal brewery in a setting combining wood, metal and brick, nestled in the revitalized town centre. Enjoy delicious beers brewed on site and satisfy your appetite with our simple meals. Come check out our unique immense terrace among the trees!

Microbrasserie Ruisseau Noir

3130A, boulevard des Entreprises, suite 120, Terrebonne
450 477-2391 - microruisseau noir.com
\$ - 2,3 - YT

Specialties: Whether to enjoy a beer with friends or treat yourself to a relaxing moment, the Ruisseau Noir microbrewery is the ideal spot. Come taste a wide variety of beers: red, black, brown or white. Our tasting room features a warm and friendly atmosphere with a view of the brewing process.

The Côte

Brasserie Locomotiv

125, rue d'Iberville, Berthierville
1 877 851-0902 - brasserie locomotiv.com

Opening planned for May 2022.

Hopfenstark

1970, rue Notre-Dame, Lavaltrie
450 713-1060 - hopfenstark.com

\$ - YT

You can purchase all of our products at the Lavaltrie brewery's boutique. Since this summer, you can also come and consume our beers at the tasting room or on our brand new terrace.

The Plain

Brasserie artisanale Albion

408, boulevard Manseau, Joliette
450 759-7482 - brasseriealbion.com
\$, \$ \$ - 2,3 - ☎YT@

Specialties: Located in a magnificent century-old building. We brew delicious British-inspired beers, from a traditional bitter to more eclectic IPAs. Kitchen open for lunch and dinner. Terrace with 100 seats!

Microbrasserie Le Fermentor

355, boulevard de l'Ange-Gardien, L'Assomption
450 705-4020 - lefermentor.com
\$ \$ - 3 - ☎YT

Specialties: Our warm and friendly brewpub serves original, top quality beers. A great place to play boardgames, spend an afternoon working in a calm environment or simply enjoy a bite to eat with friends!



**DÉCOUVRIR
LES MOULINS**
Terrebonne • Mascouche

More than 80 restaurants to discover!

**Discover the good restaurants
of Terrebonne | Mascouche.**

Consult our directory at
terrebonnemascouche.com/restos

MRC
LES MOULINS
Terrebonne • Mascouche

The Mountains

Trécarré Microbrasserie

1431, rue Principale, Saint-Côme
450 883-1431 – treccarremicrobrasserie.com
\$ \$ – 2,3 – ☎YT

Specialties: Enjoy a unique regional experience. Craft beer brewed on site plus tasty meals based on local and forest products. Near Val Saint-Côme and a multitude of activities. Boutique and charming patio. Beer and outdoor enthusiasts won't be disappointed!

Microbrasserie Brouemalt

353, rue Principale, Saint-Donat
819 424-3311 – brouemalt.com
\$, \$ \$ – 2,3 – YT

Specialties: Located in downtown Saint-Donat, Brouemalt brings people together in a warm and friendly atmosphere. We offer a selection of 12 craft beers and a pub-style menu. Lively patio in summer and a prime spot for après-ski in winter!



Restaurants

Les Moulins

Le Buffet des Continents

2929, chemin Gascon, Mascouche
450 968-1099 – 1 888 968-1099
lebuffetdescontinents.com
\$ \$ – 1,2,3 – YB

Specialties: The Buffet des Continents is a restaurant for family and friends featuring a high-end international menu inspired by the best recipes from around the world. We offer hearty, good quality food, with lots of variety, at competitive prices.

Bâtiment B

940, place Île-des-Moulins, Terrebonne
450 964-3939 – batimentb.ca
\$, \$ \$ \$ – 1,2,3 – ☎YT

Specialties: Bâtiment B is located in the heart of the Île-des-Moulins historical site near the Théâtre du Vieux-Terrebonne and the Moulinet concert hall. Come taste our updated menus, featuring local produce. Winter and summer. Sunday brunch!

Bistro Martini-Grill

2935, boulevard de la Pinière, Terrebonne
450 492-3336 – 1 888 472-3336 – bistromartinigrill.com
\$ \$ – 1,2,3 – ☎YTb

Specialties: The Martini Grill offers a variety of exclusive martinis and an international-inspired cuisine that puts a new twist on cooking on the grill. Courteous service in a friendly atmosphere sets the mood for an exquisite time.

La Confrérie

753, rue Saint-Pierre, Terrebonne
450 824-7077 – laconfrerie.ca

\$ \$, \$ \$ \$ – 2,3 – ¥T

Specialties: La Confrérie is the ideal place to et together and enjoy a good, simple meal. Our friendly space with its sleek and warm décor create a unique atmosphere. Contemporary bistro-style cuisine that is delicious and unfussy. Come enjoy the simple goodness!

The Côte

Le Tusk café, régal matinal

490, rue Frontenac, Berthierville
450 836-5056

\$, \$ \$ – 1,2 – ¥T

Specialties: Small restaurant offering home style cooking. Come for breakfast and lunch in a warm and friendly place.

Restaurant Benny & Co. Berthierville

1011, avenue Gilles-Villeneuve, Berthierville
450 836-4449 – benny-co.com/rotisseries/berthierville

\$ – 2,3 – ¥T

Specialties: As “Master roasters since 1960,” Benny & Co. specializes and excels in the preparation of roast chicken. Our grain-fed chickens are selected and prepared with care, then roasted to perfection, always in accordance with the exclusive technique of slow cooking for three hours, as perfected by our founders in 1960.

Aux Pieds des Noyers, Resto - Traiteur

71, Grande Côte Est (route 138), Lanoraie
450 887-1050 – auxpiedsdesnoyers.com

\$ \$ \$ – 2,3 – ¥

Specialties: Come enjoy a meal prepared by our chef, featuring products from our land. Pair a wine tasting with each appetizer, dish or tapas for a well-rounded experience. Menu of the day or chef’s inspiration (“carte blanche” menu). With reservations only.

Rôtisserie La Victorienne

1231, rue Notre-Dame, Lavaltrie
450 586-1337 – lavictorienne.ca

\$, \$ \$ – 2,3 – ¥T

Specialties: La Victorienne offers delicious spit-roasted chicken, succulent ribs, steaks and generous chicken kebabs, as well as homemade calamari, filet mignon, snails au gratin, pasta and more. Two large rooms for groups.

Bistro le Coup Monté

467, rue Notre-Dame, suite 107, Repentigny
450 704-2704 – bistrolecoupmonte.com

\$ \$ \$ – 3 – ¥T

Specialties: Every occasion is a good one to enjoy an evening at the Bistro Le Coup Monté! For a romantic dinner, business gathering, dinner with the family or get together with friends, you’re sure to appreciate the delicious food and warm ambiance. Features a seasonal menu.



Auberge du Lac Taureau



Brûlerie du Roy - Repentigny

440, rue Notre Dame, local 101, Repentigny
450 932-6652 – brulerieduroy.com
\$ – 1,2,3 – ☹️🇏🇪

Specialties: The Brûlerie du Roy welcomes patrons in a charming decor with the scent of artfully roasted coffee all around you. The bistro offers a healthy menu featuring fresh, top quality products at affordable prices. Enjoy a variety of breakfast options, sandwiches, soups and salads, as well as desserts.

Dufort Traiteur et salle de réception

416, rue du Village, Repentigny
450 585-5953 – duforttraiteur.com
\$, \$\$\$ – 1,2,3 – ☹️🇏🇪

Specialties: Sunday brunch, contemporary catering, turkey service, reception rooms, gourmet dining, riverside setting.

L'Espace Comptoir

465, rue Notre-Dame, Repentigny
450 704-3200 – lespacecomptoir.com
\$\$\$\$ – 2,3 – 🇏🇪

Specialties: L'Espace Comptoir offers a creative, gourmet menu that changes every week. Whether for lunch or dinner, you're sure to enjoy the bistro's warm and modern setting and mouth-watering presentations.

Piazzetta

465, rue Notre-Dame, suite 106, Repentigny
450 932-6907 – repentigny.lapiazzetta.ca
\$\$ – 2,3 – ☹️🇏🇪

Specialties: Trendy restaurant in the heart of the city with a warm atmosphere and personalized service. Thin-crust gourmet pizzas, veal cutlets, sautéed pastas and a selection of wine for every taste. Terrace with a capacity for 80 customers overlooking the grounds of the church Église de la Purification.

The Plain

Bistro La Belle Excuse

524, rue Saint-Viateur, Joliette
450 756-0118 – belle-excuse.com
\$\$\$ – 2,3 – ☹️🇏🇪

Specialties: A friendly ambiance, generous and refined cuisine and personalized service all await you. The unique style of La Belle Excuse will surprise you and satisfy all your senses. Our privately imported wines take you on a trip around the world, for your added pleasure!

Brûlerie du Roy - Joliette

416, boulevard Manseau, Joliette
450 756-2702 – brulerieduroy.com
\$ – 1,2,3 – ☹️🇏🇪

Specialties: The Brûlerie du Roy welcomes you in a charming setting where delectable aromas waft from the roaster and expertly grilled grain. Our bistro restaurant offers a healthy menu at affordable prices where product freshness and quality are unbeatable. Breakfasts, sandwiches, burgers, pizza, soups, salads and desserts... everything is outstanding.

École hôtelière de Lanaudière

355, rue Sir-Mathias-Tellier Sud, Joliette
450 758-3764 – 1 866 758-3665 – centremultiservice.ca
\$\$\$\$ – 3

Specialties: Enjoy a gourmet meal worthy of great restaurants. Our wine list offers the perfect match for the culinary creations of our chefs and students. Your meal will be served by our food service students. Dinner with reservations only (September to June).

L'Âtre

40, rue Lajoie Sud, Joliette
450 394-3003 – latrebistrotraiteur.com
\$\$\$ – 2,3 – 🇏🇪

Specialties: L'Âtre serves delightful dishes with a modern bistro twist. Features fine produce from Lanaudière and elsewhere. Our seasonal menu will charm the most discerning taste buds.

La Distinction - L'Art de la table

1505, boul. Base-de-Roc, Joliette
450 759-6900 – 1 888 872-4838 – distinction.qc.ca
\$\$\$ – 1,2,3 – ㊦

Specialties: Come enjoy Lanaudière with Distinction. Fine dining prepared with local products in a charming setting on our premises or at the location of your choice. Dinner-show packages available during the Festival de Lanaudière.

Le Lapin qui Tousse

410, rue Notre-Dame, Joliette
450 760-3835 – lelapinquitousse.com
\$\$\$\$ – 2,3 – ㊦

Specialties: European cuisine with a Quebec influence, Le Lapin qui Tousse offers a delightful balance between bistro-style dining and French cuisine.

Ras le bol

424, boulevard Manseau, Joliette
450 750-9730
\$ – 1,2 – ㊦

Specialties: Come enjoy the simple goodness of our bistro. The menu of hearty soups, salads and sandwiches varies daily! Take-out, frozen soups and reservation of the room available.

Restaurant Benny & Co. Joliette

515, rue Dollard, Joliette
450 760-9444 – benny-co.com/roseries/joliette
\$ – 2,3 – ㊦🍷

Specialties: As “Master roasters since 1960,” Benny & Co. specializes and excels in the preparation of roast chicken. Our grain-fed chickens are selected and prepared with care, then roasted to perfection, always in accordance with the exclusive technique of slow cooking for three hours, as perfected by our founders in 1960.

Resto traiteur le C.A.

434, boulevard Manseau, Joliette
450 394-5880 – facebook.com/leC.A.RestoTraiteur
\$\$\$ – 2,3 – ㊦

Specialties: Discover our authentic cuisine featuring fresh produce and the flavours of Lanaudière.

Sim's Irish pub

467, rue Notre-Dame, Joliette
450 867-7467 – simsirishpub.com
\$\$\$ – 2,3 – ㊦

Specialties: Choice of 24 beers and ciders on tap, including Macallen products (100% Lanaudois), selection of 75 whiskeys, \$5 lunch menu, gastronomic pub food menu featuring local produce, 12 giant screens, live music, more than 100 seats, friendly staff, warm and unique atmosphere.

Simone, restaurant de quartier

37, place Bourget Nord, Joliette
450 394-3937 – simone-restaurant.com
\$\$\$\$ – 2,3 – ㊦

Specialties: Come enjoy an experience where good wine and good food go hand in hand. Homemade dishes and quality ingredients are our priority. Menu may change based on market availability to ensure the freshest possible seasonal produce.

Bistro l'Ange Cornu

265, boulevard L'Ange-Gardien, L'Assomption
450 589-7701 – angecornu.com
\$\$ – 2,3 – ㊦

Specialties: A place to make great dining discoveries and enjoy quiet moments, the Bistro l'Ange Cornu offers seasonal cuisine lovingly prepared by a highly experienced team. Privately imported wines and local microbrewery beers complement the menu. In summer, intimate performances are given in our back courtyard.

Bistro le Coup Monté - L'Assomption

312, boulevard de L'Ange-Gardien, L'Assomption
450 591-0899 – bistrolecoupmonte.com
\$\$\$ – 1,3 – ㊦

Specialties: Every occasion is a good one to enjoy an evening at the Bistro Le Coup Monté! For a romantic dinner, business gathering, dinner with the family or get together with friends, you're sure to appreciate the delicious food and warm ambiance. Features a seasonal menu.

Brûlerie desANGES

271, boulevard L'Ange-Gardien, L'Assomption
438 525-9238 – facebook.com/Bruleriesdesanges
\$\$\$ – 1,2 – ㊦

Specialties: Coffee shop with table service for breakfast and lunch. Tea room with pastries open every afternoon. Wide variety of Quebec-roasted coffees and fair-trade blends.

Le Vice-Caché

351, boul. L'Ange-Gardien, L'Assomption
450 591-1391 – levicecache.com

\$ \$ – 2,3 – ☎️🍷🍴

Specialties: Le Vice-Caché bistro is run by a couple of young entrepreneurs. Their aim is to combine trendy food with quality products in a festive atmosphere. Spanning two floors, this charming restaurant is located in one of L'Assomption's oldest buildings.

Maître Edgar

277, boul de l'Ange-Gardien, L'Assomption
450 591-1849 – facebook.com/pubmaitreedgar

\$ \$ – 3 – ☎️🍷🍴

Specialties: Gastropub. Come taste a variety of Quebec microbrewery beers in a warm and cozy setting. Wide selection of spirits. Comforting food that brings people together – there's no better way to enjoy a drink!

Taboo Cuisine Rebelle

352, boul. de L'Ange-Gardien, L'Assomption
450 589-0199 – restaurant-taboo.com

\$ \$, \$ \$ \$ – 2,3 – ☎️🍷🍴

Specialties: We offer a unique concept: a selection of 45 miniburgers served à la carte, over 20 varieties of poutine, 180 different, innovative combinations of tartare, generous salads, original cocktails served in Mason jars and much more.



Taboo Cuisine Rebelle

L'Échappée - Grill & Bar Sportif

710, rue de la Visitation, suite 100, Saint-Charles-Borromée
450 394-1658 – lechappeegrillbar.com

\$, \$ \$ \$ \$ – 2,3 – ☎️🍷🍴

Specialties: A popular destination appreciated for its varied menu, affordable prices, festive ambiance, weekday specials, high quality service, generous portions and sports events on giant screens. Come on in!

Miyoko Fusion Sushi Bar

290, rue de la Visitation, Saint-Charles-Borromée
450 759-8900 – facebook.com/miyokofusionsushibar

\$ – 2,3

Specialties: Take your taste buds on an Asian culinary journey at Miyoko Fusion Sushi Bar, where a wide variety of sushi, salads and soups await you. A taste of Japan, not far away.

Restaurant La Chaumière de Joliette

25, chemin du Golf Est, Saint-Charles-Borromée
450 753-4124 – lachaumierebifteck.com

\$ \$, \$ \$ \$ \$ – 2,3 – 🍷

Specialties: Since 1972, La Chaumière has become one of the most sought-after steak houses for Quebec steak lovers. Our top quality meat, AAA Angus, is prepared and cooked right in front of you, over charcoal, the way you like it!

Restaurant Benny & Co. Saint-Esprit

50, rue Grégoire, Saint-Esprit
450 839-9444 – benny-co.com/roisseries/saint-esprit

\$ – 2,3 – 🍷

Specialties: As "Master roasters since 1960," Benny & Co. specializes and excels in the preparation of roast chicken. Our grain-fed chickens are selected and prepared with care, then roasted to perfection, always in accordance with the exclusive technique of slow cooking for three hours, as perfected by our founders in 1960.

Le 4 Café

87, rue Saint-Jacques, Saint-Jacques
450 397-2233 – le4cafe.ca

\$ – 1,2 – ☎️🍷🍴

Specialties: A friendly bistro in the heart of the village. We offer the best coffee along with sandwiches, soups, salads and a wide variety of decadent desserts.

Restaurant du Golf Montcalm

fb

1800, chemin Nadeau, Saint-Liguori
450 834-6981 – 1 800 363-2772 – golfmontcalm.qc.ca
\$\$ – 1,2,3 – ¥T

Specialties: Whether before your game, for a hearty breakfast or after, for a drink with friends, you'll enjoy our staff's courteous, friendly service. Certified Goûtez Lanaudière, our restaurant uses local products from a variety of merchants.

St-OURS bistro et garde manger

1159, rue Principale, Saint-Roch-de-l'Achigan
450 588-6989 – alexandremercure.com
\$\$\$\$ – 1,2,3
Opening scheduled for May 2022

Specialties: Enjoy an affordable gourmet meal in the comfort of your own home or cottage! Take advantage of our catering services and prepared meals made mainly with local Lanaudière products. Go ahead and treat yourself!

Resto-bar Le JéCio

620, rue J.-Oswald-Forest, Saint-Roch-de-l'Achigan
450 588-5780
\$\$ – 2,3 – ¥

Specialties: Located in the Complexe JC Perreault in Saint-Roch-de-l'Achigan, the restaurant-bar Le JéCio offers festive, refined food featuring the best cuts of meat on the market. Whether you're eating out with friends, squeezing in a meal before a show or enjoying a post-hockey-game dinner, our friendly staff will ensure you have a truly pleasant culinary experience.

L'Imposteur Resto-Traiteur

2380, rue Cartier, Sainte-Julienne
450 831-2787 – l'imposteurvege.com
\$\$ – 1,2,3 – ¥T

Specialties: Charming little vegetarian restaurant with a focus on local products. This family business offers take-out, dine-in (lunch and dinner), patio seating in summer, specialty coffees, microbrewery beers and privately imported wines.

Le Nouveau Kelly

2825, route 125 nord, Sainte-Julienne
450 831-3131
\$\$\$\$ – 1,2,3 – ¥T

Specialties: Varied cuisine ideal for families. Reservations available for the Holiday Season, meetings, small weddings and groups of 30 to 35. Catering service.

The Foothills

Miyoko Sushi Rawdon

3722, rue Queen, Rawdon
450 834-8889 – miyokosushi.ca
\$\$\$\$ – 2,3 – T

Specialties: Miyoko Sushi specializes in the preparation of fresh, superior quality sushi for take-out. Here you'll find professional knowledge of sushi and superb freshness and quality in the ingredients used.

Restaurant Benny & Co. Rawdon

3191, 1^{re} Avenue, Rawdon
450 834-7111 – benny-co.com/rotisseries/rawdon
\$ – 2,3 – ¥

Specialties: As "Master roasters since 1960," Benny & Co. specializes and excels in the preparation of roast chicken. Our grain-fed chickens are selected and prepared with care, then roasted to perfection, always in accordance with the exclusive technique of slow cooking for three hours, as perfected by our founders in 1960.



La Montagne Coupée



La Lanterne

3630, rue Queen, Rawdon
450 834-3444

\$ \$ - 1,2,3 - ☎YT

Specialties: A warm and friendly atmosphere. Whether it's for a pleasant lunch or a dinner with friends on the terrace, La Lanterne is the place to try in Rawdon! Three free electric car plug-ins, live music on Thursday and Friday evenings in the summer! Guaranteed good times!

Auberge le Cheval Bleu

414, route 343, Saint-Alphonse-Rodriguez
450 883-3080 - 1 866 883-3080 - lechevalbleu.com

\$ \$ - 3 - ☎YT

Specialties: Belgian cuisine with Lanaudière flavours. Specialties: mussels and French fries, bison, lamb, large choice of sausages. 60 kinds of Belgian beer, extensive wine list.

Les Délices de Rosa Grill

6262, rue Principale, Saint-Calixte
450 303-3000 - chezrosa.ca

\$ \$ - 2,3 - ☎YT

Specialties: Italian cuisine featuring pizza, pasta and grills.

Restaurant Benny & Co. Saint-Félix-de-Valois

1010, chemin Joliette, Saint-Félix-de-Valois
450 889-7272
benny-co.com/rotitseries/saint-felix-de-valois/

\$ - 2,3 - Y

Specialties: As "Master roasters since 1960," Benny & Co. specializes and excels in the preparation of roast chicken. Our grain-fed chickens are selected and prepared with care, then roasted to perfection, always in accordance with the exclusive technique of slow cooking for three hours, as perfected by our founders in 1960.

Restaurant Ma Cuisine

179, rue Dequoy, Saint-Gabriel
450 875-0586 - restomacuisine.com

\$, \$ \$ \$ \$ - 1,2,3 - ☎YT

Specialties: Come enjoy our delicious, freshly prepared meals for breakfast, lunch or dinner. A rustic setting with a warm and friendly ambiance awaits you!

La Forêt de l'Abbaye Le Bistro

220, chemin de la Montagne Coupée
450 960-2891 poste 2

\$, \$ \$ - 2 - ☎T

Specialties: Discover the forest in your plate! The Bistro de l'Abbaye offers a 100% forest menu. We reinvent the essentials by giving them a forest touch. [ad. p.49]

La Montagne Coupée

1000, chemin de la Montagne-Coupée
Saint-Jean-de-Matha
450 886-3891 - 1 800 363-8614 - montagnecoupee.com

\$ \$ \$ - 1,2,3 - ☎YT

Specialties: Fine cuisine featuring produce from the Lanaudière region and offering a gourmet dining experience worthy of our epicurean clientèle, while respecting any dietary restrictions of our customers.

Terrasse Chez Donat

190, rue Laurent, Saint-Jean-de-Matha
450 886-2519 - terraschezdonat.com

\$ \$ - 2,3 - ☎YT

Specialties: Terrace chez Donat is a grill-restaurant-bar that's well worth a visit! A friendly atmosphere and attentive staff await you in a setting of historical character. Three separate spaces are offered: patio, dining room and bar section. Our menu features delicious local produce.



4

126 -> Useful Information

- 126 Québec-wide
Tourist Information
- 126 Tourist Information
on Lanaudière
- 127 Tourist Offices
- 128 Transportation
- 128 Health
- 129 Accessibility

**130 -> Travelling
in Québec**

- 130 Bars, Casinos and
Purchasing Alcohol
- 130 Currency Exchange
- 130 Cell Phones
- 130 Making a Comment or
Conveying Dissatisfaction
- 130 Driving in Québec
- 130 Voltage
- 130 Canadian Currency
- 130 Drugs and Driving
- 131 Coast Guard
- 131 Road Conditions
- 131 Tipping
- 131 Winter Tires
- 131 Tourist Routes
- 131 Tourist Signage
- 131 Reporting Poachers
- 131 Taxes
- 131 Emergencies
- 131 Village-relais

Useful Information

Québec-wide Tourist Information

Phone: 1 877 BONJOUR (266-5687)

Email: info@bonjourquebec.com

Online: BonjourQuebec.com

Social media: #BonjourQuebec

 /tourismequebec  /TourismeQuebec
 /tourismequebec  @bonjourquebec
 /tourismequebec

Brick and mortar:

Centre Infotouriste in Montréal, Québec, Rigaud, Rivière-Beaudette or Dégelis (permanent visitor information centres that provide a range of tourist services and products).

The Ministère du Tourisme du Québec is proud to support the province's tourism businesses, both large and small. The Ministry's website, BonjourQuebec.com, presents valuable information for tourists and residents alike on attractions throughout Québec.

Plan your next trip to Québec at BonjourQuebec.com.

bonjourquébec

Tourist Information on Lanaudière

Tourisme Lanaudière

3568, rue Church
Rawdon (Québec) J0K 1S0

450 834-2535, ext. 1
1 800 363-2788 (Canada and United States)

lanaudiere.ca
info@lanaudiere.ca

 **Lanaudière**
GET CLOSER



Official visitor information centres are identified by the  pictogram on road signs and in tourist brochures.

Tourist offices



Permanent Centres

Office du tourisme et des congrès de la région de Joliette

500, rue Dollard, Joliette
450 759-5013 – 1 800 363-1775 – tourismejoliette.com

Municipalité de Saint-Donat

536, rue Principale, Saint-Donat
819 424-2833 – 1 888 783-6628 – saint-donat.ca

Chambre de commerce de Brandon

151, rue Saint-Gabriel, Saint-Gabriel-de-Brandon
450 835-2105 – cc-brandon.com

MRC Les Moulins

710, boulevard des Seigneurs, 2^e étage, Terrebonne
450 471-9576 – 1 866 964-0681
terrebonnemascouche.com

Municipalité de Saint-Côme

1661-A, rue Principale, Saint-Côme
450 883-2730 – 1 866 266-2730 – stcomelanaudiere.ca

Municipalité de Saint-Félix-de-Valois

600, chemin de Joliette, Saint-Félix-de-Valois
450 889-5589 – stfelixdevalois.qc.ca

Chambre de commerce de la Haute-Matawinie

521, rue Brassard, Saint-Michel-des-Saints
450 833-1334 – haute-matawinie.com



Seasonal Centres

Chapelle des Cuthbert

461, rue de Bienville, Berthierville
450 836-4171 – mrcautray.com

Parc de l'Île Lebel

396, rue Notre-Dame, Repentigny
450 657-9914 – recreotourismerepentigny.com

Parc des chutes Dorwin

3102, 1^{re} Avenue, Rawdon
450 834-2551 – rawdon.ca

Tourist Information Stand(s) (unstaffed)

Municipalité de Notre-Dame-de-la-Merci

1931, route 125, Notre-Dame-de-la-Merci

Municipalité de Saint-Zénon

5520, chemin Brassard, Saint-Zénon

Transportation



Air Travel

Aéroport international Montréal-Trudeau

975, Boul. Roméo-Vachon N
Montréal

1 800 465-1213 – 514 633-3333
admtl.com



Municipals Airports

Aéroport de Joliette

501, rang Double
Saint-Ambroise-de-Kildare
450 759-6252

Aérodrome de Saint-Donat

146, chemin de l'Aéroport
Saint-Donat
819 424-2383



Buses

Montréal, Berri UQAM Station centrale

514 842-2281 – gamtl.com

Conseil régional de transport de Lanaudière (CRTL)

450 756-2785 – jembarque.com



Train

Train de l'Est

Montréal, Repentigny,
Terrebonne, Mascouche
1 888 702-8726 – exo.quebec



Ferries

Sorel-Tracy/ Saint-Ignace-de-Loyola

1 877 787-7483, poste 4
traversiers.com

Health



Hospitals

Centre hospitalier de Lanaudière (CHDL)

1000, boul. Sainte-Anne
Saint-Charles-Borromée
450 759-8222

Hôpital Pierre-Le Gardeur

911, montée des Pionniers
Terrebonne
450 654-7525

QUÉBEC
FOR ALL

Kéroul

QuebecForAll.com

Accessibility



Québec for All: Accessibility for People with Disabilities

514 252-3104
LeQuebecPourTous.com

Kéroul assesses the accessibility of different businesses based on a set of criteria recognized by Tourisme Québec. Its platform Québec for All offers a wide range of cultural and tourist information for visitors with reduced mobility.



The accessible rating means that the establishment meets all the accessibility criteria and offers a satisfactory visitor experience for the majority of people with reduced mobility.



The partially accessible rating means that the establishment meets the main accessibility criteria but has some missing elements that could affect the experience of some people with reduced mobility.



Tourist and Leisure Companion Sticker

vatl.org

Companions of disabled individuals with this sticker are admitted free of charge to participating tourism, cultural and recreational attractions.

4



Network of tourist information centres



- Personalized service by qualified staff
- Official tourist guides to Québec regions
- Suggested itineraries
- Full details on attractions, events and accommodation

Consult the list of our information centres on page 127, or look for our roadside sign.

Travelling in Québec

Bars, Casinos and Purchasing Alcohol

You must be at least 18 years old to enter bars, pubs, nightclubs and casinos, as well as to purchase or consume alcohol (be prepared to produce ID if asked). Wines and spirits are sold through the Société des alcools du Québec (SAQ), the provincial liquor board. Beer is available at grocery and convenience stores, which also stock a limited selection of wines.

Currency Exchange

There are numerous exchange offices in Québec's main urban centres. Airports also offer exchange services. Some businesses accept American money, but tend to offer a less competitive rate than the exchange offices.

Cell Phones

Use of a cell phone is prohibited while driving.

Making a Comment or Conveying Dissatisfaction

If you wish to comment on or are dissatisfied with the tourism services you received in Québec, please contact :

**Alliance de l'industrie touristique
du Québec**

1 877 686-8358, option 7

commentaire@allianceturistique.com

Driving in Québec

Since Canada uses the metric system, speed limits and distances are posted in kilometres per hour (km/h) and gasoline is sold by the litre (l).

It is illegal to transport or use radar detectors in Québec.

Voltage

In Québec, the standard voltage is 110 volts/60 cycles, as it is throughout North America. Since the outlets cannot accommodate European plugs, you will need to bring or buy an adaptor.

Canadian Currency

The legal currency in Québec is the Canadian dollar (CAD), which is divided into 100 cents. Bank notes are available in denominations of 5, 10, 20, 50 and 100 dollars, and coins in denominations of 5, 10 and 25 cents as well as 1 and 2 dollars. Bank cards and major credit cards are also accepted almost everywhere.

Drugs and Driving

This Act introduces a zero-tolerance principle when it comes to drugs and driving by prohibiting anyone from driving a vehicle if there is a detectable presence of cannabis or any other drug in that person's saliva. Offenders are subject to an immediate 90-day suspension of their driver's licence.

According to the law, you must be at least 21 years old to purchase or consume cannabis (be prepared to produce ID if asked). The legislation also includes other measures, such as the prohibition from consuming drugs (cannabis or any other drug) in a road vehicle, on an off-road vehicle or on a bicycle.

Coast Guard

1 800 463-4393
ccg-gcc.gc.ca

Road conditions

For information on road conditions or other aspects of trip-planning, call 511 or 1 888 355-0511, or visit quebec511.info.

Tipping

Tipping is customary in restaurants, bars and taxis. The amount, which is not included in the bill, is generally equivalent to 15% of the total bill before taxes. For quick tip calculations, Québécois normally add up both taxes. Tipping bellhops or porters is at your discretion (generally, \$1 per bag).

Winter Tires

From December 1st to March 15, all taxis and passenger vehicles registered in Québec must be equipped with winter tires. This requirement also applies to rental passenger vehicles in Québec.

Tourist Routes

The official tourist routes are clearly marked with blue signs. They are designed to highlight the attractions of the regions through which they pass, and to enable visitors to discover the extent of Québec's natural and cultural treasures.

BonjourQuebec.com

Tourist Signage

In Québec, tourist regions and directions to services, attractions and activities are indicated by blue road signs. For more information, visit panneaubleu.com (in French only).

Reporting Poachers

1 800 463-2191
mffp.gouv.qc.ca/faune/sos-braconnage

Taxes

Québec has two taxes : the 5% federal goods and services tax (GST), and the 9.975% Québec sales tax (QST). An accommodation tax of 3.5% of the room price per night also applies in our region.

Village-relais Accredited Services

If you feel like taking a break or require assistance while on the road, look for the Village-relais signs. These point to villages that, together with local businesses, offer a range of accredited services and a safe and pleasant place to stop. villages-relais.qc.ca

Emergencies

Emergencies

911, 310-4141 ou *4141 (from a cell phone)

Info-Santé (medical advice)

811

Québec Poison Control Centre

1 800 463-5060



Sept-Chutes regional park



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Index

5

Index

A

| | |
|--|-------|
| Aboriginal tourism | 86 |
| Access to the region | 139 |
| Accessibility for persons with reduced mobility | 129 |
| Accommodation | 104 |
| Agritourism (local flavors) | 44 |
| Airport | 128 |
| All-terrain vehicles (see ATV) | 65.91 |
| Ambulance | 131 |
| Antipoison center | 131 |
| Art galerie | 82 |
| ATV rental | 65.91 |

B

| | |
|----------------------------|-----|
| Bakery | 46 |
| Bed and Breakfast | 107 |
| Berthierville | 23 |
| Bicycle (see cycling) | 70 |
| Bus (see public transport) | 128 |

C

| | |
|--|-------|
| Campgrounds | 110 |
| Canoe / kayak | 58 |
| Canoe / kayak rental | 59 |
| Carnivals (see events) | 72 |
| Chalets (see tourist residences) | 107 |
| Cheese Makers | 52 |
| Chemin du Roy | 36 |
| Chertsey | 34 |
| Climbing | 62 |
| Comment or dissatisfaction | 130 |
| Complaints (see Comment or Conveying Dissatisfaction) | 130 |
| Concert halls | 80 |
| Concerts and theaters | 80.81 |
| Contents | 9 |
| Country meals | 55 |
| Country tables (see country meals) | 55 |
| Crabtree | 26 |
| Craft stores | 82 |
| Crafts | 82 |
| Cross-country skiing | 95 |
| Cruises and excursions | 42 |
| Cultural Tours | 88 |
| Culture and living history | 82 |
| Cycle tourism (see cycling) | 70 |
| Cycle trails (see cycling) | 70 |

D

| | |
|-----------------|----|
| Dogsled rides | 97 |
| Dogsledding | 97 |
| Downhill skiing | 94 |

E

| | |
|--|-------|
| Emergency | 131 |
| Entrelacs | 34 |
| Events | 72 |
| Events venues | 79 |
| Exhibition halls (see art galerie, museums) | 82.84 |

F

| | |
|--|--------|
| Family activities | 98 |
| Family and indoor activities, spas and health centers | 98 |
| Farm visits | 57 |
| Farms (farm visits) | 57 |
| Fatbike | 70 |
| Ferry | 42.128 |
| Festivals (see events) | 72 |
| Firemen | 131 |
| Fishing | 64.112 |
| Flowers and gardens (see gardens and horticulture) | 53 |
| Fruit (see pick-your-own) | 44 |

G

| | |
|---------------------------|-----|
| Gardens and horticulture | 53 |
| General information | 125 |
| Golf clubs (see golf) | 60 |
| Golf courses (see golf) | 60 |
| Gourmet tour | 38 |
| Goûtez Lanaudière! | 38 |
| Great Outdoors | 58 |
| Guided tours | 88 |
| Guides (see guided tours) | 88 |

H

| | |
|--|--------|
| Health center | 99 |
| Heritage (see culture and living history) | 83 |
| Hiking | 68 |
| Hiking trails (see hiking) | 68 |
| Historic buildings and sites | 83 |
| Historic Sites | 83 |
| History of the region (see profile of the region) | 11 |
| Holiday camps (see vacation centers) | 110 |
| Holiday centers | 110 |
| Horticulture | 53 |
| Horseback riding | 63 |
| Hospitals | 128 |
| Hotel | 104 |
| Hunting | 64.112 |

I

| | |
|-------------------|-----|
| Indoor activities | 99 |
| Info-Santé (CLSC) | 131 |
| Inns | 104 |

J

| | |
|----------|----|
| Joliette | 26 |
|----------|----|

K

| | |
|--------------|---------|
| Kayaking | 58 |
| Keroul | 128,129 |
| King's Roads | 36 |
| Kite skiing | 92 |

L

| | |
|------------------------------|----|
| L'Assomption | 26 |
| L'Épiphanie | 26 |
| La Visitation-de-l'Île-Dupas | 23 |
| Labyrinth | 98 |
| Lac Saint-Pierre archipelago | 22 |
| Lavaltrie | 23 |
| Les Moulins | 20 |
| Live the St. Lawrence River | 42 |
| Local flavors | 44 |

M

| | |
|-----------------------|--------|
| Manawan | 34 |
| Mandeville | 30 |
| Map of Quebec | 141 |
| Mascouche | 21 |
| Massotherapy | 99 |
| Meat and game | 55 |
| Microbreweries | 54.116 |
| Motels (see hotels) | 104 |
| Motor sports complex | 59 |
| Mountain bike | 70 |
| Multimedia experience | 43 |
| Multimedia shows | 43 |
| Museums | 84 |
| Music (see concerts) | 80 |
| Must-see attractions | 16 |

N

| | |
|---|----|
| National park | 63 |
| Nature and outdoors | 58 |
| Notre-Dame-de-la-Merci | 34 |
| Notre-Dame-de-Lourdes | 27 |
| Notre-Dame-des-Prairies | 27 |
| Nurseries (see gardens and horticulture) | 53 |

- O**
- Outdoor activities _____ 58
 - Outdoor center _____ 110
 - Outdoor recreational centers
(see vacation centers) _____ 110
 - Outfitters _____ 112
- P**
- Parachute _____ 61
 - Parks _____ 63
 - Pick-your-own _____ 44
 - Picking berries
(see pick-your-own) _____ 44
 - Piémont _____ 29
 - Pilgrimage and religion _____ 86
 - Place of pilgrimage
(see pilgrimage and religion) _____ 86
 - Poison Control Center _____ 131
 - Police _____ 131
 - Profile of the region _____ 11
 - Public beaches _____ 65
 - Public transportation _____ 128
- Q**
- Quad _____ 65.91
- R**
- Race track _____ 59
 - Race Tracks _____ 59
 - Rawdon _____ 30
 - Refuges _____ 114
 - Regional map _____ 142
 - Regional product shops _____ 47
 - Regional products _____ 44
 - Regions of Quebec _____ 141
 - Relaxation _____ 99
 - Religious buildings
(see pilgrimage and religion) _____ 83.86
 - Repentigny _____ 24
 - Restaurants _____ 116
 - Road conditions _____ 131
 - Routes _____ 36
- S**
- Saint-Alexis _____ 27
 - Saint-Alphonse-Rodriguez _____ 31
 - Saint-Ambroise-de-Kildare _____ 27
 - Saint-Barthélemy _____ 24
 - Saint-Calixte _____ 31
 - Saint-Charles-Borromée _____ 28
 - Saint-Côme _____ 34
 - Saint-Cuthbert _____ 28
 - Saint-Damien _____ 30
 - Saint-Didace _____ 30
 - Saint-Donat _____ 35
 - Saint-Esprit _____ 28
 - Saint-Félix-de-Valois _____ 31
 - Saint-Gabriel _____ 30
 - Saint-Gabriel-de-Brandon _____ 30
 - Saint-Ignace-de-Loyola _____ 24
 - Saint-Jacques _____ 27
 - Saint-Jean-de-Matha _____ 31
 - Saint-Liguori _____ 27
 - Saint-Lin-Laurentides _____ 28
 - Saint-Michel-des-Saints _____ 35
 - Saint-Norbert _____ 28
 - Saint-Paul _____ 28
 - Saint-Roch-de-l'Achigan _____ 28
 - Saint-Roch-Ouest _____ 28
 - Saint-Thomas _____ 28
 - Saint-Zénon _____ 35
 - Sainte-Béatrix _____ 32
 - Sainte-Élisabeth _____ 28
 - Sainte-Émérie-de-l'Énergie _____ 35
 - Sainte-Geneviève-de-Berthier _____ 24
 - Sainte-Julienne _____ 32
 - Sainte-Marcelline-de-Kildare _____ 32
 - Sainte-Marie-Salomé _____ 27
 - Sainte-Mélanie _____ 32
 - Shows (see concerts) _____ 80
 - Skating _____ 92
 - Snowboarding
(see downhill skiing) _____ 94
 - Snowmobile _____ 91
 - Snowmobile rental _____ 91
 - Snowshoeing _____ 95
 - Spas (see health centers) _____ 99
 - Sugar shacks _____ 51
- Summer theaters _____ 81
 - Sûreté du Québec
(see emergencies) _____ 131
 - Swimming (see beaches) _____ 65
 - Symbols and pictograms _____ 138
- T**
- Terrebonne _____ 21
 - The Côte _____ 22
 - The Mountains _____ 33
 - The Plain _____ 25
 - Theaters and performance halls _____ 81
 - Tourist homes _____ 107
 - Tourist information _____ 127
 - Tourist information offices _____ 127
 - Train _____ 128
 - Treetop _____ 62
 - Tube sliding _____ 90
- U**
- Useful information _____ 125
- V**
- Vibrant cities and festivities _____ 72
 - Vineyards _____ 56
- W**
- Water park _____ 61
 - Wildlife reserves _____ 64
 - Wines _____ 56
 - Winter fun _____ 90
- Z**
- ZECs _____ 64
 - Zoo _____ 98
 - Zoological garden _____ 98

Index





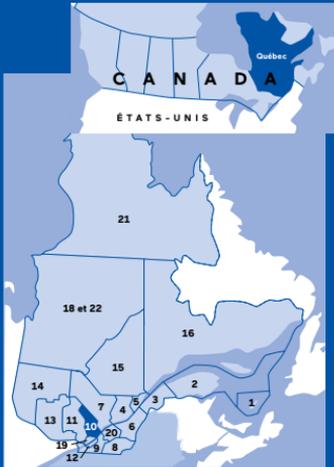
- 138 -> **Legend of Pictograms**
- 139 -> **Map of Québec Tourism Regions**
- 139 -> **Access Map to the Region**
- 140 -> **Regional Map**
Inside Back Cover

Maps and Pictograms

Maps and Pictograms

-  Free WiFi
-  Fully accessible
-  Partially accessible
-  Airport
-  Municipal airport
-  Bienvenue cyclistes! certified
-  Air conditioning
-  Picnic area
-  Pets allowed
-  Bring your own wine
-  Cash only
-  Complete comfort station
-  Electric vehicle charging station
-  Camping
-  Canoe
-  Relaxation centre/ spa
-  Hunting
-  Kitchenette
-  Electricity
-  Pull-through
-  Free admission
-  Paid admission
-  Horseback riding
-  Seasonal site
-  Evaluation pending
-  Authentic First Nations Experience
-  Fatbike
-  Microwaves oven
-  Golf
-  Accommodation
-  Hospital
-  Permanent site
-  Seasonal site
-  Bedding included
-  Equipment rental
-  Mini-fridge
-  Snowmobiling
-  Fishing
-  Ice fishing
-  Outdoor pool
-  Indoor pool
-  Plage
-  Body of water
-  Quad
-  Hiking
-  Snowshoeing
-  Heated refuge
-  Tourist information office
-  Tourist home
-  Food services
-  Licensed restaurant
-  Shared washroom
-  Private washroom
-  Training room
-  Downhill skiing
-  Cross-country skiing
-  Dumping station
-  Patio
-  Toilet and sink
-  Train and railway station
-  Biking
-  Mountain biking
-  Village-relais services

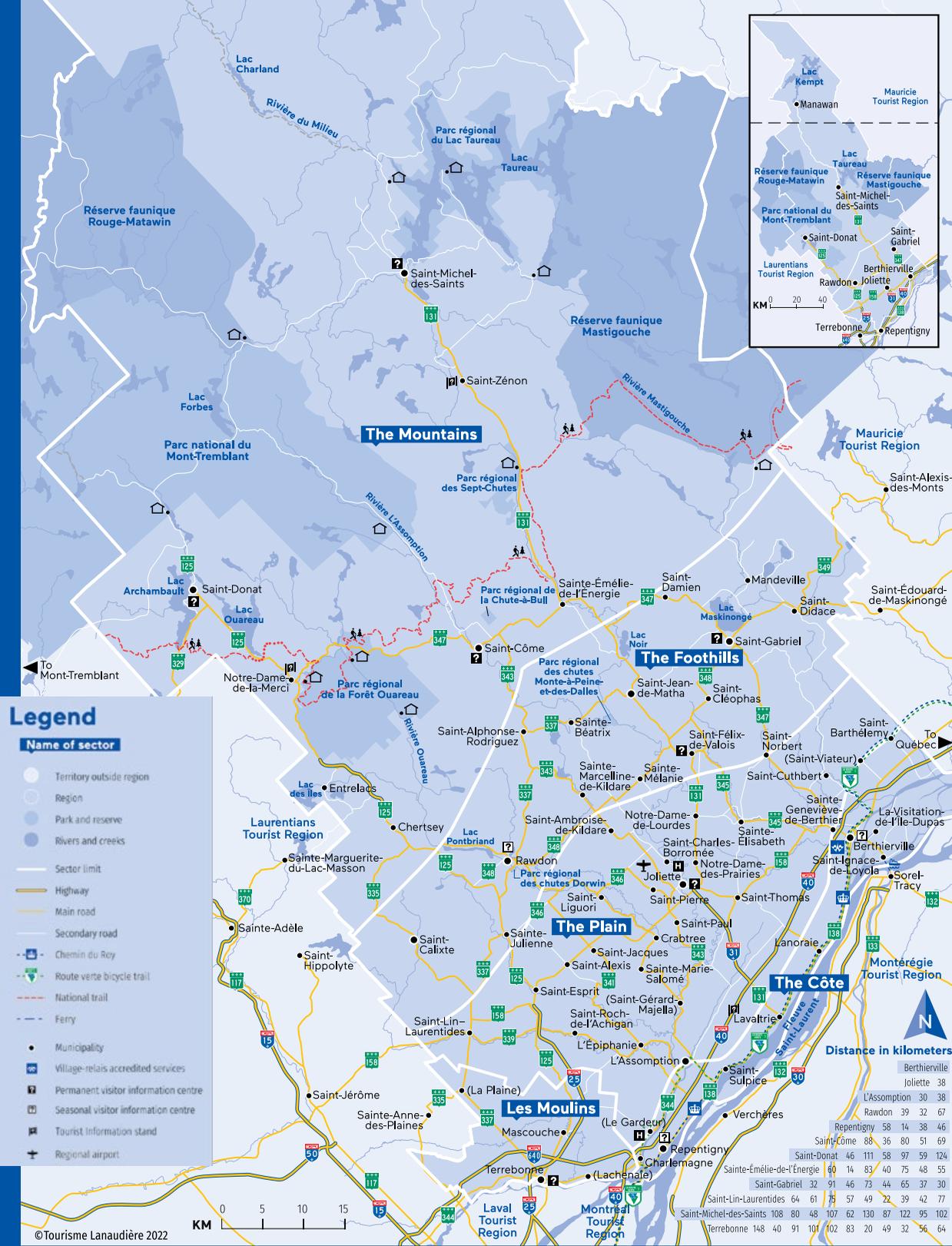
Map of Québec Tourism Regions



| | | |
|-----------|-------------------------|--|
| 01 | Îles-de-la-Madeleine | tourismeilesdelamadeleine.com |
| 02 | Gaspésie | tourisme-gaspesie.com |
| 03 | Bas-Saint-Laurent | bassaintlaurent.ca |
| 04 | Québec | quebec-cite.com |
| 05 | Charlevoix | tourisme-charlevoix.com |
| 06 | Chaudière-Appalaches | chaudiereappalaches.com |
| 07 | Mauricie | tourismemauricie.com |
| 08 | Cantons-de-l'Est | cantonsdelest.com |
| 09 | Montréal | tourisme-montreal.qc.ca |
| 10 | Lanaudière | lanaudiere.ca |
| 11 | Laurentides | laurentides.com |
| 12 | Montréal | mtl.org |
| 13 | Outaouais | tourismeoutaouais.com |
| 14 | Abitibi-Témiscamingue | tourisme-abitibi-temiscamingue.org |
| 15 | Saguenay-Lac-Saint-Jean | tourisme-saguenay.ca |
| 16 | Côte-Nord Manicouagan | tourismecote-nord.com |
| 17 | Côte-Nord Duplessis | tourismecote-nord.com |
| 18 | Baie-James | decrochezcommejamais.com |
| 19 | Laval | tourismelaval.com |
| 20 | Centre-du-Québec | tourismecentreduquebec.com |
| 21 | Nunavik | nunavik-tourism.com |
| 22 | Eeyou Istchee | decrochezcommejamais.com |

Access Map to the Region





Legend

Name of sector

- Territory outside region
- Region
- Park and reserve
- Rivers and creeks
- Sector limit
- Highway
- Main road
- Secondary road
- Chemin du Roy
- Route verte bicycle trail
- National trail
- Ferry
- Municipality
- Village-relais accredited services
- Permanent visitor information centre
- Seasonal visitor information centre
- Tourist information stand
- Regional airport

Distance in kilometers

| | |
|-------------------------|-----|
| Berthierville | 38 |
| Joliette | 38 |
| L'Assomption | 30 |
| Rawdon | 39 |
| Repentigny | 58 |
| Saint-Côme | 88 |
| Saint-Donat | 46 |
| Saint-Gabriel | 32 |
| Saint-Jacques | 64 |
| Saint-Lin-Laurentides | 61 |
| Saint-Michel-des-Saints | 108 |
| Terrebonne | 148 |
| L'Assomption | 30 |
| Rawdon | 39 |
| Repentigny | 58 |
| Saint-Côme | 88 |
| Saint-Donat | 46 |
| Saint-Gabriel | 32 |
| Saint-Jacques | 64 |
| Saint-Lin-Laurentides | 61 |
| Saint-Michel-des-Saints | 108 |
| Terrebonne | 148 |



OUTDOORS
HIKING
.....
SNOWSHOEING

- Choose your trail
- Slip on your shoes or snowshoes
- Set out to explore



Credits : Olivier Croteau, Louis Coutu

lanaudiere.ca/hiking • lanaudiere.ca/snowshoeing

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Québec 



Lachenaie

1155, rue Yves-Blais
Terrebonne

- Group rate available
- Continental breakfast included with waffle stations
- Indoor pool with 80-foot slide and water games
- Free high speed internet
- Free parking
- Fridge and microwave in all rooms
- On-site pay laundry \$\$
- Fitness center
- Meeting rooms available \$\$

For Group reservations
450-582-8288
gm@super8lachenaie.com

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